



Udayan CARE
• Empathy • Education • Empowerment

THE UDAYAN CARE SUNRISE

Vol. 3, No. 6

Highlights of November – December 2009

Looking ahead to 2010

At the beginning of a new decade, Udayan Care wishes you a **Happy New Year** and invites you to continue to ride with us as we carry on working and expanding our reach.



The last couple of months have been full of celebrations for Udayan Care. We have seen three weddings, colleagues winning awards, Udayan Care winning the award for the highest pledge raising NGO during the Half Marathon, an exhibition of photographs taken by our children being mounted in Australia, and new partners and many, many like minded individuals joining hands with us.

The weddings were yet another occasion that reaffirmed the involvement and commitment of all our partners, donors and volunteers. We thank each one of you for the part you played in lighting a lamp of hope in the hearts of children.

Udayan Ghars

Udayan Shalini Fellowships

CREATE

(Centre for Rehabilitation, Education And Thought Enrichment)

Computer Learning Centres

Hostel for Women

Outreach Programme for non+ HIV Children

Health and Life Skills for Primary Grades

How YOU Can Help

NEW

Calendar/diary

**Turn your taxes into joys!!!
Avail 100% Tax exemption under Section 35 AC!**

News

Sports Day postponed

The Udayan Care Sports Day is a special day for all of us and is usually held on the second Sunday of January every year. The **4th Adi Dassler-Udayan Care Sports Day** this year however will be held on 17th of January 2010. As always our children are all geared up to participate and we invite you to join us and cheer the children.

Awards

Our colleagues **Antra** (Senior Programme Co-ordinator, Udayan Ghars), **Ushaji** (Caregiver from our Greater NOIDA home) and **Meera Sawhny** (Trustee and Mentor mother, Mayur Vihar Home) have all been honored for their contribution in making women more aware of their rights. The award was presented by the Women's International Network, India Chapter on 25th November which is celebrated as the International Day for Protection of Women against Violence.

We congratulate them with hearts full of joy and pride.

Additions to the Udayan Care Family

The Udayan Care staff count has increased since our last newsletter. We have **Anupam Anand**, **Kailash Singh Bisht**, **Minerva Thounaojam**, **Rahul Kapoor**, **Rajeshwari Prakash**, and **Zuleikha Gupta** at the Head Office. Many high achievers from the community have also shown

interest in becoming mentor parents and are now with us.

We welcome you all to the Udayan Care family.

UDAYAN GHAR PROGRAMME :

Winter being a wonderful time, children from most homes went for picnics, participated in competitions, saw the movie Avatar, some went to cultural shows and everyone studied hard while waiting for the Christmas break. Unfortunately, the Christmas break this year was very brief (the H1N1 had taken its toll on the schools), but we had the excitement of the Annual Winter Camp.

Our homes also saw many visitors including **Mr. D B Amberdar** and **Dr. Ram Narayan, CWC Members** who visited our Mayur Vihar home on 31 December and interacted with the children. They were happy to see them well-adjusted and doing well at school. We thank them for the visit and their observations.

Dr. Deepak Gupta, our Child and Adolescent Psychiatrist continued to visit our various homes, and along with **Ms. Priyanka Goenka** were the major resource persons for our Winter Camp.

Sport Stars and Painters



Winners all the way!

Children from our **Sant Nagar, Mehrauli** and **Gurgaon Homes** participated in an **Inter NGO Sports Meet**, organized by **Modern School**. While many of them won prizes in a number of races, all of them received gifts from the school.

Girls from **Mehrauli Home** also participated in a painting competition held at **Modern School, Vasant Vihar**. It was an 'on-the-spot' painting competition, the results of which are still awaited.

Three of our **children** from the **Sant Nagar Home** received gold, silver and bronze medals in the races held at their respective schools.

Weddings



Tying the knot...

December was especially joyous at Udayan Care. We celebrated the weddings of three of our children. The marriage of both **Sunita** and **Suman** took place at the **Jagshanti Udayan Care Home** in Greater Noida on Dec 9th. The wedding saw active participation from everyone at the home with singing and dancing by the children and staff, and a great lunch to round off the celebration. The venue for **Monica's** wedding was the **Arya Samaj Mandir** in Greater Kailash and was on the 12th. Here too we saw participation and involvement of children, staff and all extended members of the Udayan Care family. We are proud to say our girls are ready to take on more responsibilities and commitments and that they exhibit the culture, values and simplicity that Udayan Care holds close to its heart.

Corporate Connections

All the girls from our **NOIDA Home** were invited for



Visit by AMEX

Christmas celebration at **Interra IT** (an IT company). Lots of games and quizzes were organized which was not only fun and enjoyment but also added to the learning of the girls. They were given certificates along with number of gifts. Thank you, InterraIT, for making Christmas extra special for our children.

This December we had employees from **HDFC** visit our **Sant Nagar Home** as well and interact with the children. Thank you! The children enjoyed the games.

The **Gurgaon Home** saw **Adidas** and **AMEX** make a visit and take the children out.

Children from our **Sant Nagar Home** continued to visit **CSC** as part of our Corporate Mentoring Programme. They presented a beautiful dance at one of the CSC functions. Our association with CSC has strengthened since the visit from the CSR Head along with senior staff. We thank them for their continued support

Adding more colour to our already colourful homes, **S.Y Siddiqui, Deputy MD, Maruti Suzuki** organized a rangoli competition at the girls' home on 29th Nov. On 19th Dec., **Mr. Anil Gaur** of Maruti Suzuki, along with his entire family celebrated the birthday of his twin children at the girls' home followed by a short Christmas party

The Long Awaited Winter Camp



Winter camp in progress

This year's **Winter Camp** was conducted from 24th - 27th Dec. With 107 children and 13 Caregivers coming together at our **Jagshanti Home** at Greater NOIDA, the camp was fun though brief.

All the children from the other homes, including our Kurukshetra home, got together to enjoy a few days of work and play, having some structured workshops, a community outreach activity, painting and creative writing workshops and lots of physical activity where the children practiced for the Sports Day. Christmas

celebrations were a part of the camp and included singing, dancing and lots of good food, some of which was made by our international volunteers. We thank everyone who was involved in the camp – our Caregivers without whom this would not have been possible, our staff, and our volunteers who are ever ready to help. We also especially thank **Mr. Suresh Neotia**, our Trustee who not only sponsored the Christmas Party for our children but also donated beautiful winter wear, **Dagny Smith** for donating Christmas gifts for the children and **Anita Jaipuria**, our long time donor for quenching the thirst of our children by sponsoring soft drinks and our international volunteers **Florian, Paula, Niklas, Anna, Ashish Chitnis, Cecil and Wendy**.

Trainings, Trainings, Trainings

Newly joined Social Workers were provided with four-day **Intensive Training and Orientation Program** on the functioning of the Udayan Ghar Program, in the last week of November. Our Managing Trustee, the Chief Operating Officer, the two Sr. Program Coordinators and Accountant briefed the group on the Program, the Child Welfare Committee, Juvenile Justice Act, Child Rights and our Child Protection Policy, Legal formalities and Maintenance of files/ records of children, Volunteer Management and Management of Home Accounts. Visits to the Homes were also a part of the training schedule.

Training of Trainers (ToT) on Juvenile Justice System and ICPS for Delhi Police and Master Trainers from Voluntary Organizations of Delhi was attended by Rakesh, our Sr Programme Coordinator. This training was conducted by NIPCCD to attendees as master trainers on the Juvenile Justice Act- 2000.

In the quest to gain a better understanding about the traumatic experiences of our children, all our coordinators under the Ghar Program joined a **Mind Map Training Program on Counselling**, conducted by **Manas Foundation**. Through this three-year long program we hope to refine the skills of all those who are dealing with children so that they are better able to counsel the children.

As part of follow up to The **Parenting Skills Training** conducted by **Dr. Shilpa Gupta**, our Caregivers continue to receive guidance that helped them care for the children in a better way. We thank Dr. Gupta for her support.

New Homes

The Udayan Ghar Programme touches the hearts of people and they join in voluntarily to bring a fresh lease of life to orphaned children. Now, three new Homes are being set up, making the total number to **12 Udayan Ghars**.

Long time donor and Udayan Care friend, **Rukmani Haldea** brought into fruition a Home in **Jaipur, the Xth Udayan Ghar**, as the 60th birthday present to herself and as a retirement gift from active Government service to Udayan Care. Developing a band of very efficient and effective donor members and mentor mothers, **Asha Bhatnagar, Sarmishta** and **Sandeep Yadav, Manish Kasliwal, Ritu Joshi, Sheetal Bahri** and **Anand Seth** and donors and supporters like **Rohan Haldea**, the newly rented house, fitted with amenities and with very efficient staff, is just awaiting license from Rajasthan Government.

The **XIth Udayan Ghar** is coming up in **Ghaziabad**, courtesy our donor and well wisher **Greenply Ltd.**, a company that provides surface solutions and is keen to help us find solution for the orphans. Joining this wonderful venture is **Meena Bulchandani** whose indefatigable efforts found us this beautiful flat in Surya Nagar. Again awaiting license, the home is planned to be full of the laughter of little girls by March.

Chattarpur becomes the proud recipient of our **XIIth Udayan Ghar**, where we have our long time volunteers, like **Abha Jaipuria** and **Aparna Goenka**, joining as Mentor Mothers and **Maria Gonzales Charitable Trust**, joining hands with us as partners and funders.

Some other like-minded women are also joining us as mentors and for all the new entrants an induction programme is being organised on 12th and 13th February 2010. It is Udayan Care's greatest joy to see the civil society's involvement growing, in spreading Child Rights!!!

UDAYAN SHALINI FELLOWSHIP :

Social Awareness Campaign



Understanding the society

Shalini Fellows from the **Delhi Chapter**, as part of their personality development and social sensitivity generation exercise, took part in the '**Women Empowerment**' activity. As part of this exercise, the girls were required to speak with the residents of the area regarding equal rights of women as well as fill a survey form. The 69 girls participated and were divided into groups to ensure that the area was covered without overlap.

The survey questionnaire covered points like equality in civil, political and economic rights, the specific role of men and women in families, equal wage, and the higher education of girls. The exercise was used by the girls to not only gather the opinion of the people of Mongolpuri district but also as a tool to encourage conversation with the residents regarding such sensitive issues. Though mostly women were addressed in the campaign, the girls also spoke to a few men to get their opinions and it was evident after the survey that we at Udayan Care have a lot of work to do with respect to sensitizing the men in the area.

Cleaning Yamuna

38 Udayan Shalini Fellows joined Swecha. It should be Sweccha, a Delhi based Voluntary organization in cleaning the highly polluted Yamuna river on 5th December 2009, International Volunteers Day. This also was aimed at inculcating a sense of social sensitivity in our Fellows by involving them in issues related to the society and environment.

Special contribution



Paromita Das with her Laptop

Recognition for Outstanding Fellows was made possible with the help of our oldest and very important supporter, the Khanna Family. The Family donated three high-end laptops to **Vandana Yadav**, who was admitted to IIT Kanpur, **Darshana Joshi** (both from the **Delhi Chapter**), who is doing her integrated Ph D in Physics from Jawaharlal Nehru Centre for Advanced Scientific Research in Bangalore and **Paromita Das** from the **Kolkata Chapter**, who is pursuing a Masters program in Physics in IIT Mumbai.

Quarterly Workshop and Mentor Mentee Meet

The quarterly workshop was conducted at **Dehradun** and **Kurukshetra** in December. In a wonderful initiative, the older batch at Dehradun has taken the initiative to volunteer with the staff of the blood bank in various blood donation drives. Congratulations girls, you have made us proud!

The **Kolkata Chapter**, conducted four workshops in the month of November on social issues. Mr. Ashok Dutta field General Manager, Allahabad Bank Ms. Bharati Dutta, Mr. Ajoy Pathak Mr. Aroop Choudhary, Ms. Mriganka Banarjee MBA Management Consultant and Mr. Gokul Mohan Hajarika ACS, Director, Movement Govt. of Assam, Mr. BD Surekha and Mrs Bannani Ghosh IRS, Incomr Tax Commissioner were the dignitaries who addressed our Fellows on these issues. We thank them for taking the time to be a part of our program.

A **Small Group Workshop** was held in December by the **Kurukshetra Chapter** where Prof. Rishi explained the importance of Science and how we use the practice of science in our daily life.

Residential Camp



Session at the USF Camp

26 Kusuma Udayan Shalini Fellows in Dehradun had the opportunity of attending the six- day Residential Camp from 26th December onwards at Christian Retreat Centre in Dehradun. The COO and the Programme Coordinator also attended the camp. The Camp began on 26th December 2009 and continued till the 1st Jan 2010. The activities covered during the camp ranged from social analysis to workshops to games and fun. All Fellows had a wonderful experience.

Induction

The USF induction process is underway at all Chapters. The rigorous process based on a Needs, Ambition, Talent. Talent testing process that also involves personal interviews and home visits, has now resulted in many more young girls eager and committed to excellence.

The **Kolkata Chapter** inducted 35 new Fellows on 8th November 2009. **Riya Das**, our **Senior Fellow** administered the oath to the new girls in the presence of Mr. Aroop Choudhary associate Dean and Professor IBS Kolkata and Mr. BD Surekha our President. The induction ceremony was followed with a workshop on “Leading the Knowledge Revolution” by Mr. Aroop Choudhary.

In the **Aurangabad Chapter**, the selection process for the induction of **40** new **Fellows** into the already existing 12 are underway.

Kurukshetra inducted 26 Fellows from Class 11 at a ceremony where Jyoti Trehan (IPS of Haryana and Punjab Police) was the Chief Guest and our guest of honour was Roshan Lal Guptaji (Director of Green Field Public School and Advocate).

We thank everyone who made each ceremony one to remember.

OUTREACH :

World AIDS Day

Denim Club India invited Udayan Care to discuss AIDS in India on December 1, World AIDS Day which was also the India Denim Day. Unlike most programs in acknowledgement of HIV/ AIDS which tend to focus only on the infected, this program highlighted and brought forth the trauma faced by those ‘affected’. **Zuleikha Gupta**, Udayan Care’s Outreach Program Co-ordinator made a presentation that stressed on the need for inclusion of people affected by HIV at par with HIV infected people as they too deal with the same traumatic situation every day.

UDAYAN CARE INFORMATION TECHNOLOGY AND VOCATIONAL TRAINING PROGRAM :

Community Work



Awareness Drive at Kondli

An awareness drive on the benefits of technical education and skills was conducted on 26 December 2009 in Kondli village of Greater Noida. The drive, carried out by the children of Udayan Ghars gave them an opportunity to interact and understand the community. A total of 100 villagers were provided comprehensive information related to our IT center, Stitching and Beauty Parlor Training programs.

Doing us Proud

We have had our fair share of success stories and yet we mention these two IT Centre students. Both of them took up the Advanced Diploma in Computer Application course in the Udayan Care IT Centre while shouldering responsibilities of their family. Kanwar Singh now works with the R.K Milk Plant in Dharuhera, Haryana as an accountant, with a monthly salary of 10,000 Rupees and Ankur Bisht earns 7500/- per month while working as the computer operator in KFC.

Celebrations



The Kishwana Udayan Care IT &VT Center too had a small celebration to welcome the New Year

The students and faculty at the various IT & VT Centres across Delhi, Uttar Pradesh and Haryana welcomed the New Year with celebrations.

RESOURCE GENERATION

Kitchen Hungama Promo Marketing



A handful... from Hungama Promo Marketing

A **Children's Day** special initiative was taken up by **Hungama Promo Marketing** of the Hungama Digital Media Entertainment Pvt. Ltd. They organised a "A Handful from your Kitchen is All We are Asking For" campaign at the DLF Place Mall, Saket where Hungama would raise contributions which DLF could donate to any organization or institution of their choice. The campaign asked for contributions in terms of food items, of which, most food items were contributed by 'Team Hungama'. **DLF** selected Udayan Care for the donations. We thank DLF for supporting Udayan Care's cause.

Udayan Care Products

We had a wonderful response to our Diaries and Calendars and we urge you to make a purchase and help us raise funds for our projects. Please mail us at info@udayancare.org. Udayan Care's Desk Calendar for 2010 captures the mood of our children in the beautiful black and white photographs

of talented photographer, Prarthana Modi. The **Diary for 2010** is an enchanting hardcover that captures some beautiful moments with our children allowing you to share a slice of their lives. Available in the daily format, the Diary contains useful information for people on the move. By buying these products you guarantee that our children are getting shelter, nutrition and education. We only have a few left and we hope you will make that call immediately!

The last couple of months saw the Udayan Care team setting up Christmas stalls at the **Australian Embassy, Deloitte, CSC, Citibank and BPCL.** , Udayan Care touched the hearts of people at each of these events and we had many new volunteers signing up. We thank each one of them for helping our cause.

Airtel Delhi Half Marathon

This year too, Udayan Care won the **Award** for the **highest Pledge Raising NGO** (including Corporate Challenge). At the Charity Awards Function held by Concern Indian (the Charity Partner for ADHM2009) on 18th of December, we proudly collected our Award. We thank everyone who ran - our dream teamers, IPledgers and volunteers. Your contribution is what made us win and your faith in the work we do helps us continue our work.

Fuji Photo Exhibition



Through the eyes of our children

International volunteer **Julie Lantry** was instrumental in discovering budding photographers in our Homes. Julie taught our children to use the camera as part of Photography Agent, Maree Mitchell's initiative with Charties. The children captured life on their adventure with the camera, an adventure that included their neighborhood, sun sets, NOIDA and Lodhi Gardens. An exhibition was mounted on Julie's return to Australia with the help of Maree Alexander, Joan Cameron Smith and David Ryrie from "The Black Room" Photography gallery who curated the exhibition. Forty photographs were exhibited on 29th November that was then sold. Sales to

date are approximately AUD \$2,700. It was a great success, not only in fund raising but a wonderful way to get the word out about for our dedicated NGO. Thank you for this effort that brought so much joy and happiness to our children and help us raise funds.

Julie Lantry is also responsible for Udayan Care's Australian Chapter. A big thank you to Julie for helping us go international!

Books for the Children

We are ever thankful to **Stella Finance** for helping us make the libraries in each of our Homes more robust. The grant is all the more significant and important as it takes our children towards attaining and developing a fun way of learning while instilling in themselves, the habit of reading and being in the company of books.

ADVOCACY :

National Conference on Mental Health



A session in progress

A National Workshop was organized in New Delhi on the 6th and 7th of November 2009 at the Indian Social Institute which worked to bring together government officials, NGO heads, middle level managers and grassroots level caregivers on the issue of positive mental health and well being of children in Institutional Care. The National Commission for the Protection of Child Rights (NCPCR) and the National Institute of Public Cooperation and Child Development, (NIPCCD) supported us while our collaborators were QIC&AC and Home of Hope Inc. USA, who were instrumental in funding the Udayan Care Mental Health Program more than a decade ago. A declaration, called the National Child Protection Policy was also taken out, which was signed by all present. (<http://udayancare.org/MentalHealth.html>)

VOLUNTEERS :

Big friend, little friend

Long term one-on-one accompaniment is a powerful gift one can give another. With this as the pivotal thought, we along with the **New Path Foundation**, USA have launched a Big Friend Program that is similar to the mentoring program in America. The program facilitates the matching of a willing volunteer to a same sex, disadvantaged youth as a friend. The commitment from the volunteer is to visit and give company to the little friend consistently for at least one year. If you would like to be a Big Friend please **contact us**.

Our Constant Source of Supporters

International volunteers continue to join us from **US, Australia, Denmark and Italy**. They have helped us in varied ways- to strengthen the systems in the office, done recreational activities with our children and various other works with our children.

Our **Teach India** volunteers too continue to support us as they help our children with their studies at the Homes. The end of the Year also saw interns from **IIFT, Amity School, SOIL School of Management, JK Business School** and **Modern School, Vasant Vihar** who helped us make a more robust organization. No words can express the gratitude we feel- Thank you all.



Our International volunteers with children

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