

Counsellor- Consultant

Location: Delhi/ NCR
Reports to: MHP Coordinator
No. of posts: 2
Closing Date: 31st July 2019

Section 1 | About Udayan Care

Udayan Care, an ISO 9000 certified organisation, has been working for the quality care of disadvantaged children and women and youth for over 25 years, with the endeavor of providing sustainable rehabilitation. The mission of “A nurturing home for every orphaned child; an opportunity for higher education for every girl and for every adult; the dignity of self-reliance and the desire to give back to society.” is what drives its 180 employees and close to 800 volunteers to action.

Based on the belief that a loving home and family is the right of every child, Udayan Ghars are long term residential homes that nurture children who are orphaned or abandoned in a family environment. Beyond 18, they get aftercare support and are educated and trained further, till job ready and independent.

Udayan Care has been accredited by Give India, Guidestar and Credibility Alliance, for its transparent and credible performance. In 2015, the Honourable President of India awarded Udayan Care the **National Award for Child Welfare 2014**—India’s highest commendation for a non-profit child welfare organisation constituted by the Government of India.

Please visit: www.udayancare.org

Section 2 | Purpose of the Role

We are looking for passionate and self-motivated counselors who will be responsible for overall mental health and wellbeing of the children, young adults and caregiving staff living in Udayan Ghars (children’s home). Besides individual counseling sessions with children and young adults, counselors will also be responsible for organising capacity building and self-care workshops with caregiving staff, training of staff and volunteers, conducting group counseling sessions and life skills workshops, going for home visits on case to case basis, participating in organizational research work etc.

Section 3 | Key Responsibilities

1. Assessment of mental health and wellbeing of children and young adults living in Udayan Homes.
2. Providing in-house counseling support to children and young adults and do follow-ups in case of referrals.
3. Preparing counseling reports and updating Mental Health Case Performa (MHCP) for all the children which includes details of past history, current status, action taken, future course of action, prognosis and diagnosis based on tests and tools etc.
4. Work in sync with social workers and assist in preparing individual care plans of children.
5. Meet mentors, social workers and care staff regularly to understand home dynamics, understand children better and strengthen a family care model.
6. Participate in team meetings, training workshops, research studies etc.
7. Conduct monthly life skills workshops with children.
8. Organise capacity building and self-care workshops with caregiving staff.
9. Organising training programmes for the staff members and volunteers on various aspects of child psychology, basic counselling skills, career counseling etc.
10. Make case presentations and seek guidance from senior psychiatrists/ psychotherapists associated with Udayan Care.
11. Any other task assigned by MHP Coordinator/ Sr. Manager- Alternative Care.

Section 4 | Experience and Qualifications

Educational Qualifications

- Masters in Psychology/ Psychotherapy/ Counseling
- Masters in Child development/ Social Work or related fields with specialization in counseling.

Experience

- Min 1 year of work experience in social sector/ child care institution/ counseling set-up.
- Candidates with experience in child counseling/ trauma counselling will be given preference

Skills and Knowledge

- Passion to work with children.
- Ability to handle crisis and emergencies.
- Ability to work as a team.
- Good documentation skills.
- Ability to work successfully under pressure and deliver to deadlines.
- Knowledge on Juvenile Justice Act 2015 and Rules 2016 will be an added advantage.