

LIFT Fellowship 2024-25 | Frequently Asked Questions

1. How many Fellows will you select?

Every year, the aim is to put a cohort of 8 to 15 fellows. Batch 1 had 8 fellows and batch 2 had 12 fellows.

In the 3rd year (2024-25), we are not significantly scaling the fellowship but we wish to broaden the fellowship's geographic focus. The fellowship aims to induct 15 fellows in the Batch 3.

2. What are the basic requirements to apply for the programme?

- The candidate should be a **care leaver***.
- Passion to bring about change in the lives of children and youth in care
- Good written and spoken proficiency in Hindi or English will be essential (While we respect all the languages, we will constrain to English and Hindi languages at present. However, there shall be a scope of accommodating more languages in the coming years under the fellowship)
- They should be either pursuing their graduation or post graduation. No full time working professional is permitted.
- They should be aged between 20 to 25 as on 1st March 2024.

3. If I am rejected/have been rejected in the past, can I re-apply?

Yes, you are welcome to re-apply!

4. What is the engagement for the Fellowship?

The language of engagement for the conduction of sessions will primarily be English and Hindi

5. On which platform will the fellowship sessions be conducted?

Fellowship is hybrid and is both virtual and physical. For the beginning of year (BOY) Institute, middle of the year (MOY) retreat, and (EOY) end of year project display where we have graduation ceremony, fellows have to be available in person. Fellowship catch ups happen over virtual calls.

6. What happens in the BOY (Beginning of the year) Institute ??

In the beginning of the fellowship, all fellows undergo a **1 week residential training** to build their competency to lead their Care Leaders Project and contribute towards Care Leaver Networks.

7. What happens in the MOY (Middle of the Year) Retreat ? ?

In the middle of the fellowship, all fellows go to a 2-3 days review and planning retreat in which they learn from each other and reflect on the work done on their care leaver networks and the Care

Leaders Project so far.

8. What happens in the EOY (End of the Year) Project Display ??

At the end of the fellowship, we host a graduation event in which all projects display their project outcomes in the form of some tangible products like a documentary, podcast etc in front of a curated panel of experts. This also includes the certification ceremony and alumni induction into the LIFT movement.

9. Do I get a certificate when I complete the programme?

Yes, you will get a certificate from LIFT fellowship, Udayan Care and UNICEF when you complete the programme.

10. What does the Fellowship not offer?

Fellowship is not an aftercare support and it gives stipend for fellows to work on aftercare and problems faced by care leavers, so it should be taken very seriously and fellows need to submit weekly reports of the work done.

11. What are some tips for the application process?

Take some time answering the application form. Do not leave it for the last minute as it will require you to engage critically. Be as honest as you can, that's what we value the most!

Please mention in detail how your project can solve any of the problems that affect the care leaver community

12. What is the stipend of the fellowship?

The fellowship total amount is Rs. 20,000 monthly. Fixed amount of Rs. 14,000 will be given to fellows in the beginning of every month as stipend and Rs. 6000 will be reimbursed after submission of the hard copy of the original supporting bills of the amount spent on the project monthly.

13. How do I get the stipend and reimbursement amount every month?

Every month fellows need to submit the stipend form on the 5th date of every month and the hardcopy of supporting original bills for reimbursement incurred for the project last month in the form of courier to Udayan Care Head Office -Delhi.

14. What is the Care Leaders Project ??

The Care Leaders Project wishes to empower care leavers to become care leaders of their community.

The project can be based on any problems faced by the careleaver community from the 8 spheres

of aftercare.

1. Identity and Legal Awareness,
2. Housing,
3. Independent Living Skills,
4. Social Support and Interpersonal Skills
5. Emotional well-being
6. Physical Health
7. Educational and Vocational Skills
8. Financial Independence and Career

You can check out some of the work done by fellows in the previous project here

15. What is the time I will need to commit weekly?

You will need to spend a minimum 20 hours per week for the fellowship.

16. What kind of mentoring support is available for the fellows?

In addition to project coordinators, every fellow is matched with a mentor who provides guidance and support throughout their project journey. These mentors are industry experts carefully selected based on specific parameters to ensure alignment with the fellows' needs and goals.

17. What are the different fellowship outcomes for fellows ?

Fellows are tasked with generating tangible outcomes during their fellowship tenure. These outcomes may take various creative forms, including blogs, articles, reports, research studies, documentaries, podcasts, movies, comics, and more. Leveraging the power of social media is strongly encouraged to maximize impact and reach a broader audience. The goal is to produce products that resonate with the context and are relevant for wider dissemination, thereby amplifying the impact of the fellows' work.

18. Are there any training sessions for fellows in the course of the fellowship ?

Fellows are provided with capacity building sessions on leadership, project management skills, technology, effective communication, social media to help them upskill themselves and are able to engage in continuous learning throughout the fellowship. This is in addition to the BOY beginning of the year.

***Who is a care leaver in India ?**

Children who fall out of the family safety net and grow up in Alternative Care, have to exit the childcare setting (formal or informal), on attaining adulthood at 18 years in India. So a care leaver is any adult who has spent time in care as a child (i.e. under the age of 18).



Such care could be in foster care, kinship care, or residential care (mainly Child Care Institutions) or other arrangements outside the immediate family. The care could have been provided directly by the state (mainly through local authority social services departments) or by the voluntary or private sector.

Interested in the LIFT Fellowship 2024?

- Apply to the LIFT Fellowship 2024 here:
- Know more about LIFT Fellowship 2024 here: [Impact Report | LIFT Fellowship 2023-24](#)
- Know about Udayan Care's impact and work here: <https://www.udayancare.org/sites/default/files/UC-AR-22-23.pdf>

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X (formerly Twitter):

<https://twitter.com/udayancareart/status/1762013002419896621?s=46>

Facebook:

<https://www.facebook.com/profile.php?id=61556298083452>

Website:

<https://www.udayancare.org/advocacy-programme/learning-fellowship-together-lift>