



Institutionalised Children Explorations and Beyond

Volume 2

September 2015

Number 2



Focused on the South Asian Region



Institutionalised Children Explorations and Beyond

EDITORIAL BOARD

The Board has currently been constituted as follows:

- **Editor-in-Chief** : Monisha C. Nayar-Akhtar, Ph.D.
- **International Liaison Editor** : Kiran Modi, Ph.D.
- **Associate Editor** : Deepak Gupta, M.D.
- **Associate Editor** : Luis Aguilar Esponda, L.L.M.
- **Movie Editor** : Sonia Parikh, M.D.
- **Book Editor** : Jaskiran K. Mathur, Ph.D.

COUNTRY EDITORS

- **Bangladesh:** Md. Tuhinul Islam, MA, Ph.D., Senior Research Fellow, Centre for Management and Development Research (CMDR), Northern University Bangladesh
- **Pakistan:** Rukhsana Chaudhry, Psy.D. Assistant Professor of Clinical Psychology, George Washington University, United States
- **Sri Lanka:** Mallika R. Samaranyake, Technical Lead, Child Protection in Crisis (CPC) Learning Network and Founder Member / President - Community of Evaluators (CoE) South Asia

ADVISORY BOARD

- **Alexandra M. Harrison**, M.D., Assistant Clinical Professor in Psychiatry, Harvard Medical School (USA)
- **Christine Keiffer**, Clinical Psychologist and Psychoanalyst (USA)
- **Hiranthi Wijemanne**, M.D., Member, U.N. Committee Rights of the Child (Sri Lanka)
- **Jed Yalof**, PsyD. Chair, Department of Clinical Psychology, Immaculata University (USA)
- **Rudy A. Gonzalez**, M.A., Executive Director, Lighthouse Institute (Australia)
- **Shamim Ferdous**, Ph.D., Executive Director, Bangladesh Protibondhi Foundation (BPF), (Bangladesh)
- **Shekhar P. Sheshadri**, M.B.B.S., D.P.M., M.D., Professor, National Institute of Mental Health and Neurosciences (India)
- **Sima Samar**, Ph.D., Former Minister for Women and Child (Afghanistan)
- **Sumedha Gupta Ariely**, Ph.D., Psychology, Duke Global Health Institute (USA)
- **Sushama Sharma**, Ph.D., Professor of Special Education (India)
- **Vikram Dutt**, Ph.D.

We are deeply indebted to WHO SEARO for making possible the publication of this issue.

Volume 2, Number 2, September 2015

The Journal Institutional Children: Explorations and Beyond (ICEB), is an initiative of Udayan Care. Articles published in ICEB reflect the views of the author alone and not necessarily those of Udayan Care or of the ICEB.

Cover designed by: Shalini Verma

Cover Photo: © Udayan Care

Typeset by: Indian Journals



Editorial

- Monisha C. Nayar-Akhtar, Ph.D. 127-130

Interview

- Interview with Sima Samar 131-138
Luis Aguilar Esponda

Research Articles

- Protective Mechanisms to Strengthen the Position of Children Affected
by Armed Conflict 139-156
Kritika Singh Chauhan, Akansha Kandpal
- Building the Capacity of Care-Givers to Improve Children's Emotional
Wellbeing: A Case Study of An Orphanage in Pakistan 157-164
Asha Bedar
- Understanding attachment Patterns among Orphans in Residential Care
Homes in New Delhi, India 165-173
Aarti Thakkar, Daisy Mepukori, Kathryn Henschel, Tra Tran
- Institutionalised Children: Need for Reforms 174-180
Jessica Kaur
- Strength-based Case Management for Children in Institutional Care 181-189
Minimol K Jose

International Perspective

- Sense of Place in Children's Residential Care Homes: Perceptions of Home? 190-209
A. Clark, C. Cameron, S. Kleipoedszus

Good Practices and Models of Alternative Care

- Child and Adolescent Personality Assessment: A Practice Primer 210-222
Jed A. Yalof

Movie Review

- Movie Review: Turtles Can Fly (2005) 223-224
Ashok Mathur

Book Review

- Understanding Child Abuse and its Impact on Adult Life 225-233
R. Srinivasa Murthy

<i>Brief Communications</i>	234-243
Guidelines for Kinship Care, Foster Care and Supported Independent Living in Liberia	234
From a Whisper to a Shout: A Call to End Violence against Children in Alternative Care	236
The Place of Foster Care in the Continuum of Care Choices: A Review of the Evidence for Policymakers	238
AFGHANISTAN: Recommitment to End Recruitment of Child Soldiers	239
Representing Children in Legal Proceedings	240
Nepal Earthquake could lead to a Rise in Institutional Care	241
The Child Protection Index in Moldova 2015: Measuring the Fulfillment of a Child's Rights	242
<i>Upcoming Events</i>	244-247
First International Convention on Children and Family	244
Being Trauma Informed – A Residential Conference	244
The IFCO 2015 World Conference “Tell Someone Who Cares”	245
Fostering Achievement: Raising the Aspirations and Attainment of Children in Care	246
Youth for Change: Creating a Better Future	247
Second Biennial International Seminar on Standards of Care for Children in Alternative Care	247

Editorial

INSTITUTIONALISED CHILDREN: EXPLORATIONS AND BEYOND

It gives me great pleasure to write this editorial note. We are now in our second year of publication and this is the September issue of the journal, *Institutionalised Children: Explorations and Beyond*, which was launched during a Conference on 'Standards of Care and Mental Health for Children in Institutional Care' held in New Delhi, in March 2014.

This issue maintains the core structure established in the inaugural issue ensuring the journal's characteristic features and dedication to exploring and presenting the key concerns related to the care and management of vulnerable children in the South Asian region. That being said, we remain dedicated to being creative, to forging new alliances and to promoting understanding of these issues in the region. For this issue, we are proud to announce the establishment of collaboration with the *Scottish Journal of Residential Child Care*, with Drs. Graham Connelly and Laura Steckley, the joint editors at its helm. This is the beginning of what we hope will become part of our collaborative efforts, to liaison with journals committed to the exploration and dissemination of information regarding residential care. This particular collaboration, welcomed from both sides, ensures the exchange of articles and papers that are of interest to those who provide services and work with institutionalised children.

With this introductory paragraph, let me briefly present the highlights of this issue. The issue begins with an interview of Dr. Sima Samar, the Chairperson Commissioner, Afghan Independent Human Rights Commission. Dr. Samar is internationally recognized for her life long work for children who are vulnerable and especially those who end up in institutions. Her perspective is unique as she promotes the well being of children who have been orphaned as a result of war. This unique perspective is highlighted in her interview conducted once again by Luis Esponda, our associate editor, currently based in Mexico City. The interview is crisp and informative and presented once again in Mr. Esponda's characteristic format and engaging style.

For our main research section, I am delighted to report that we received several abstracts from all around the region. Many of them were directed towards policy issues, along with the care and management of vulnerable children. We also received abstracts and papers from advanced students in the field. While we could not publish all of them, we are hoping that this will not deter others from sending in their abstracts for our upcoming issues. The papers selected explore various aspects of

vulnerable child care from examining current policies to suggestions for improvement in governmental policy to the provision of services, to further elucidating derailments that occur in early attachment and to the long-term impact of child abuse on adult life and to research projects examining the relationship between critical child developmental factors and emotional health. We hope that you will enjoy these papers and find them informative and rewarding.

Elaborating further, we begin with paper that explores the plight of Palestinian children who have been orphaned as a result of war. Kritika Chauhan and Akansha Kandpal give a deeply moving account of how these children fare, the lack of social institutions and the long-term impact of neglect with this population. Coming at the heels of our interview with Dr. Sima Samar, this is a perfect launch pad for the remaining articles. Moving on, from Pakistan, we have a paper titled 'Aangan', which presents the work of a group project focusing on improving children's emotional health in Rozan, an NGO, working with abandoned children. The project works with the institutional management and utilizes concepts of emotional intelligence, self-awareness, life skills and vulnerability to establish systems and policies to improve the well being of children. Three phases of the work are described. It provides outcome results and suggestions for future direction in work and policy. From the Southern part of India, we have a paper by Dr. Minimol Jose, which explores how a strengths-based case management programme can be implemented in an institution. Dr. Jose has extensive experience in social work and teaching and has worked extensively with institutionalised children. Jessica Kaur's paper is similar in discussing the impact of attachment and trauma on children and especially helpful in recognizing the significance of the caregiver relationship with the child. This aspect of institutional work is gaining recognition in the field and must become an integral component of sound policy development and care planning for institutionalised children. In this issue, we proudly present the first study coming out of a research project initiated by Dr. Sumedha Ariely (Duke University) and myself in 2014. This study, following a pilot study initiated by me with the children of Udayan Care, in 2012, explores the relationship between trauma and attachment on the well being of children. Several measures were used in this study and the four student authors provide a comprehensive account of their research and their findings.

For our international piece, we are reprinting, with permission an article published by the *Scottish Journal of Residential Child Care*. Published in their September 2014 issue, this paper explores how the sights, sounds, smells of an institution are represented in the individual. This topic is intriguing as it has implications for what I refer to as an 'institutional transference'. I hope this article will promote interest in how our institutions are internalized by their residents and become integral parts of their identities. Perhaps this will inspire to think about how institutions are designed,

shaped and managed and how environments with their concomitant characteristics are essential to the behavioral and emotional development of a child.

In our Good Practice section, we have a paper by Dr. Jed Yalof, a psychologist/psychoanalyst from Philadelphia and the Director of the Clinical Training Program in clinical psychology at Immaculate University, Malvern, PA. In his paper, Dr. Yalof provides a step-by-step manual of how one conducts the personality assessment of children and adolescents. Early assessment is an essential and integral component of good childcare and the paper highlights how one can conduct this in a culturally sensitive way. We hope that this paper will service to stimulate papers in how one conducts evaluations.

Finally, we have our book and movie reviews. Dr. Srinivasa Murthy reviews the Alan Cumming's book *Not My Father's Son*, which explores the impact of child abuse and institutional life on adult life. This book review is in line with a growing concern for understanding how orphaned children fare in their adult life, after they have left their institutional settings. While the review is lengthy, it captures the poignancy of the long-term impact of living in institutions, the deleterious effects of child abuse and the imperative need for early intervention and recognition of such concerns. Dr. Murthy is a profound thinker and writer and his review is informative as it is evocative. This is followed by a review of the movie *Turtles Can Fly* by Ashok Mathur who chooses a movie that also explores the impact of war on children, the tragedies that they face and the dreams that are shattered in their daily lives.

The Brief Communications and Upcoming Events sections highlight regional issues and communications. The focus on the recent earthquake in Nepal is a reminder of how natural disasters have long-term ramifications on our young people, on their lives and their ability to prosper and participate in a global and culturally diverse environment.

I would like to end the editorial note by thanking the core members of my editorial board as well as the country editors. Our weekly meetings on Skype, late Wednesday nights for me and early Thursday mornings for those who join me from distant lands, is a constant reminder of effective global collaborations and of our mutual dedication and commitment to this journal. It is only with our combined efforts that regional and international knowledge in this field be disseminated thereby enhancing the care and management of vulnerable children in the SAARC region. I am also very grateful to the staff of Udayan Care, the journal's primary sponsoring organization, as well as to that of IndianJournals.com, our marketing partners, for their dedicated support of this journal and for the numerous hours they spend working alongside with others and me. They along with my editors add to the final product in various ways.

The journal remains committed to exploring emerging research and encourages others to initiate and submit papers that examine issues related to the care and protection of vulnerable children. The South Asian region is unique in the number of children who need such care, and it is our desire that this journal continues to provide a platform for identifying, researching and exploring the growing needs of this population. I am delighted by the growing response from the region and urge others to contribute to our next issue.

Monisha C. Nayar-Akhtar, Ph.D.
Editor-in-Chief

Institutionalised Children Explorations and Beyond# Subscription Order Form - 2015

Name of the Subscriber: _____

Designation: _____

Organization/Institute: _____

Address : _____

City: _____ Pin: _____ State: _____

In case of individual subscription, please provide your residence address to receive the copy

Telephone No. (With STD code): _____

Fax (With STD Code): _____ E-mail ID: _____

Subscription rates for the year: 2015

Option	Indian (Rs.)	Foreign (US\$)	Frequency
Print**	1,500	160	2
Online*	1,140	114	

1. Cheque/DD/. _____ Date: _____ INR/USD: _____
drawn on _____ in favour of **Indianjournals.com** payable at New Delhi
2. Please send Bill/Proforma Invoice (in Duplicate / Triplicate)
3. Please send the rates/details for the site licensing Yes No

Terms & Conditions:

1. **Print** Subscription** includes **Complimentary Online Access** of current year + back files, if available.
2. Online only subscription* rates are inclusive of service tax.
3. **Five Concurrent users are allowed with unlimited downloads**
4. Print subscription is volume based, whereas online subscription is calendar year based.
5. Online subscription rates are for single user/IP access only.
6. For online access, please give your Static IPs.
7. Payment by demand draft or local cheque (payable at par) in favour of **Indianjournals.com**, outstation cheques are not acceptable.
8. In case of foreign subscription, payment is preferred by Bank Transfer. For details contact **subscription@indianjournals.com**

Please send this form to Ms Prema Mahadevan, Subscription Manager, **Indianjournals.com**, B-9 Local Shopping Complex, A Block Naraina Vihar, New Delhi 110028, Tel: 011-45055538.

#Udayan Care has partnered with **Indianjournals.com** to promote the journal

GUIDELINES FOR SUBMISSIONS

MANUSCRIPTS AND EDITORIAL COMMUNICATIONS must be submitted in MS-Word (2003/2007) through online submission gateway available on www.indianjournals.com. Please follow the hyperlink “**Article Submission**” on the home page of the website and upload your manuscript files following the instructions given on the screen. Queries regarding article submission can be sent at submission@indianjournals.com

Each author will be sent an acknowledgment, confirming receipt of submission. **Editorial e-mail:** Kiran Modi: iceb-journal@udayancare.org or Monisha Akhtar: monisha_akhtar@hotmail.com.

Each submission should conform to APA format for manuscripts for main text and references, and be no more than 3500 words with a 500 word abstract. Please see the Publication Manual of the American Psychological Association, 6th Edition (2010) for APA format specifics. Submission guidelines can be located on the ICEB website at http://udayancare.org/iceb-journal/home_iceb.html. All papers must be submitted in English.

Direct initial inquiries prior to submitting a manuscript should be sent to the same e-mail addresses indicated above. Manuscripts can be submitted by any individual working with any of the following countries: Afghanistan, Bangladesh, Bhutan, India, Maldives, Nepal, Sri Lanka, and Pakistan. Manuscripts can address research issues, issues of standards of care and policy, pertaining to children, out of family net work, and in alternative care; legal concerns related to alternate care and management issues, home care strategies and care-giver solutions, developing monitoring systems, for children in need of care and protection, for looked after children in alternative care, as well as with special needs such as disabilities, juvenile delinquency, or children diagnosed with HIV/AIDS. Regional and local issues can be considered. Original Articles can be accepted for publication only on condition that they are contributed solely to the ICEB journal. Authors of articles already published in foreign-language journals should communicate with the journal Editor and obtain appropriate permissions before sending manuscripts. Only then will a manuscript be considered for publication in the ICEB Journal.

JOURNAL THEMES will cover a wide range of topics. From time to time, an issue may be devoted to a particular theme as in addressing mental health concerns and treating trauma in this population. Authors are encouraged to submit their ideas for particular themes and can work with the editor-in-chief to develop their ideas into a special issue. We hope to encourage creativity in thinking and promote a desire to develop new initiatives in research and care in this field.

Authors who are interested in editing a special issue should contact Dr. Monisha Akhtar at monisha_akhtar@hotmail.com

Registration No. - DELENG/2014/57400



Published, printed & edited by Dr. (Mrs.) Kiran Modi on behalf of UDAYAN CARE and printed at Ajanta Offset & Packaging Ltd., Plot No.61, Sector-27-C, Faridabad-121003, and published at Udayan Care, 16/97-A, First Floor, Vikram Vihar, Lajpat Nagar - IV, New Delhi- 110024.