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A LETTER TO MY FUTURE SELF

Annual Report 2021-22


UDAYAN[®]
care | Where young
lives shine



VISION

Making Young Lives Shine.

MISSION

By engaging individuals, committed to human rights, under the framework of the SDGs, Udayan Care enables nurturing homes for vulnerable children and family strengthening programs; empowers girls to aspire for and pursue higher education and gain employability; offers communities and youth digital and vocational training to become self-reliant. Through research, training, conferences, and advocacy, Udayan Care influences policies and practices on 'Alternative Care' locally, nationally, and globally with a focus on the South Asian region.

VALUES

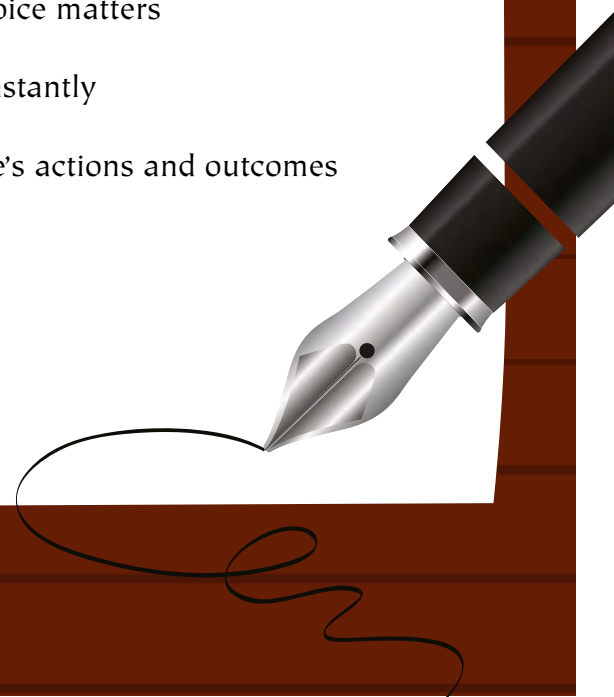
Compassionate - to serve with love

Inspiring - to motivate and be motivated towards purposeful action

Respectful - to trust and be fair to all, every voice matters

Competent - to be highly skilled and learn constantly

Accountable - to take full responsibility of one's actions and outcomes



FOREWORD



“I like to think of myself as charitable. The charitable say in effect, ‘I seem to have more than I need and you seem to have less than you need. I would like to share my excess with you.’ Fine, if my excess is tangible, money or goods, and fine if not, for I learned that to be charitable with gestures and words can bring enormous joy and repair injured feelings.”

The pandemic gave me a chance to catch up on some reading and these words from Maya Angelou’s *A Letter to My Daughter* have stayed with me as they are very close to what we at Udayan Care do. Here the word ‘charitable’ is redefined to mean something more than just tangible charity work. We often think of charity in the narrow sense of a ‘giver’ and a ‘receiver’. But being charitable is much more than that. One is charitable only when one cares - cares for the fellow human beings; cares for those who are vulnerable and need support. Simple gestures like sharing a smile, words of encouragement, and a patient ear can make a difference in people’s lives. At Udayan Care, we care for children and young adults and we strive to work for their futures keeping in mind both the tangible and non-tangible aspects of social welfare.

The theme for this year’s Annual Report is *A Letter to My Future Self*. It reflects the vision and aspirations of our children and youth. The attempt is to give them the agency to get their voices heard. It is a small gesture to show that we care. The workshops and seminars conducted throughout the year give us a chance to hear about their dreams and aspirations for the future.

This Annual Report is the medium of presenting those dreams to the world. We want our volunteers, donors, and staff to know they are doing an incredible job of fulfilling these dreams and at the same time encourage our readers to be a part of Udayan Care in any capacity that is possible for them. The Covid-19 pandemic was a difficult period all around. But we were able to overcome all the challenges due to the collective support of our team, volunteers, and donors.

We, at Udayan Care, believe that a family is the best place for a child and a young adult. Currently, we are running 16 **Udayan Ghars** with 193 children and 5 units of Aftercare with 50 young adults. I am proud to say that this year we successfully reunited 137 children, who came into our Children's Homes with their biological/extended families. Through our family-strengthening efforts, we are supporting another 94 children in Delhi for their reintegration into families, in our **Families Together Program**. This ensures that children do not land up in institutional care. The demonstrable models of outreach to functionaries and children, working with Governments in Bihar and Madhya Pradesh in partnership with UNICEF, were also very effective. Our **Aftercare Outreach Program** has grown from 2 cities to 6 with 106 youth and we have connected with more than 500 Care Leavers through **Care Leavers' Networks**. These are more than just a few numbers for us, as each individual victory is a victory for Udayan Care.

The **Udayan Shalini Fellowship Program**, our transformative girl leadership program has spread its wings in 26 cities across 13 states of India, benefiting more than 11000 girls. This year **Udayan Care Information Technology program** enrolled 2115 and enabled 691 students to get placed and earn a dignified livelihood. Despite Covid-19, our vocational centres for women continued to work. Our **Advocacy, Research, and Training** department continued with its research, trainings, and publications along with piloting many new demonstrations in the alternative care space, which you will read inside.

I would like to end by appealing to each one of you to dedicate some of your precious time to knowing us and seeing how we grow each year with support from a force of dedicated and inspired individuals behind us. This Annual Report is a tapestry of the dreams and aspirations of our children and youth. I am sure you will not be disappointed! You can also contribute to making a difference in the lives of those in need. A kind word is enough for that. Spend some time with our children and youth and you will be inspired for life.

Founder & Managing Trustee
Udayan Care



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Dear Future Self

I hope this letter finds you doing well.
I hope you've let go of the trivial things that bother you about yourself, but find joy in the little things that have truly meant so much in life.
I hope you have confronted your inner fears, smashed your insecurities, let go of your inner doubts; I hope you have embraced your inner strength, committed your will, flourished in your ability to positively impact others. I hope you aren't afraid of finding out what others think of you, and instead actively sought out other's thoughts and incorporated them into the weave of your life's blanket.
I hope you have given all that you could to your family, your friends, & those you care for while taking care of yourself. I hope your dreams have come true, that you've lived life to the fullest and made the most of each day as you tried to when you were younger.
I hope you feel confident that you've tried your best to be the best mom, ever. I hope you continue to have a desire to learn and grow, to never stop contemplating how you can be a better version of yourself, and to help others see what they cannot. I hope you have treated your colleagues with respect and kindness, and you've created an impact that others can look towards.

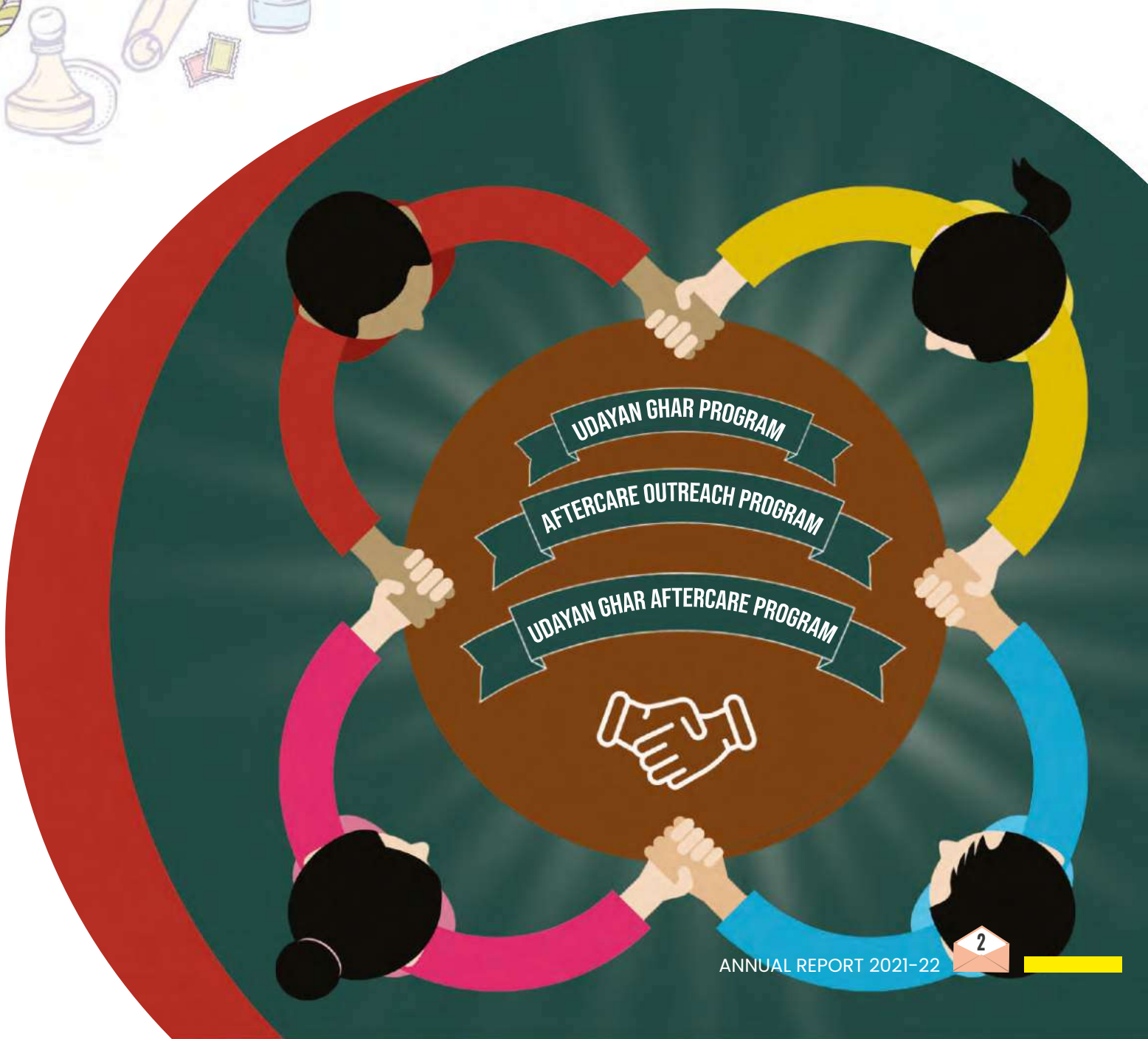
I hope you're embracing feeling vulnerable, making connections, tending to relationship, and looking for adventures. I hope you're considering things you wish you would have told your younger self, and sharing that advice with your family and friends. I hope you traveled and saw places in the world thought you wouldn't and made lasting memories with family and friends along the way.

LOVE,
Younger You!

Kavita

CHILD & YOUTH CARE

With Love



Child & Youth Care

There are more than 30 million orphaned and abandoned children in India who are in need of care and protection. India also has the largest youth population in the world; around 66% of the total population (more than 808 million) is below the age of 35. The employment rate among Indian youth (15-24 years) stood at 10.4% in 2021-22. All these factors combined contribute to a large section of our population being vulnerable. Marginalized children grow up to be marginalized youth, and hence, are in need of support from the early stages of their lives.



Kiran Durgam

Udayan Care is committed to the holistic development of children and youth in difficult circumstances. We do this in several ways: we nurture children without parental care in a family-like environment which is continued through our Aftercare support when they turn 18; we reach out to youth exiting different Child Care Institutions to strengthen them; we support children/youth as individuals while strengthening their families and focus on their successful reintegration into society; and, we focus on enabling the youth to develop their own families and contribute to the upliftment of other vulnerable children/youth. Our Child & Youth Care (CYC) efforts come to a full circle when a child/youth is successfully reintegrated into society and grows up to give back to society. Our CYC efforts are represented by the following verticals:



¹<https://www.outlookindia.com/website/story/india-news-in-faridabad-a-home-for-orphans-left-out-of-the-adoption-system/4020>

²International Labour Organization

³Centre for Monitoring Indian Economy

UDAYAN GHAR PROGRAM

Sunshine Homes for 'Children without Parental Care'

1st person account of an Udayan Ghar Child

“

*'Hope' is the thing with feathers –
That perches in the soul –
And sings the tune without the words –
And never stops – at all –*

One of our Mentor Mothers, Md Dolly Anand, recently read to us this poem by Emily Dickinson called "Hope" is the thing with feathers' and now it is one of my favourite poems. She made us understand that hope does not speak to us in a conventional sense: it is a feeling that we get, and that cheers us even in dark times of despair.

One such hope for me has been the Udayan Ghar. My name is Kavita and Udayan Ghar is the home where I live with other children who do not have a family of their own or are separated from their families. Udayan Ghars are 16 children's homes, in 4 northern states of India, with single and double units, having 10-12 children, aged between 6-18, as a single unit. We live in these residential care homes with support from mentor parents (life-time volunteers, a special feature of Udayan Ghars), social workers, mental health professionals, and live-in caregivers. We are given individual attention in all aspects of our lives, be it education, health, training, counselling, employability, exposure, or leisure.

Udayan Ghar team also works tirelessly to restore the children back to their families and I have seen so many of my brothers and sisters go back to their homes and get reintegrated successfully. We all grow up with the hope that one day we get reunited with our families or nurture families of our own. Until we are able to do that, Udayan Ghar ensures that there is adequate parenting and family bonding in our lives.

Udayan Ghar is a hope for me as we do not live in secluded spaces but our homes are located in busy

Lives We Transformed

Udayan Ghars



Children nurtured since inception in 1996



Children as on 1st April'21



New children joined from April'21-Mar'22



Children reunited with their biological/extended family from April'21-Mar'22



Children transferred from April'21-Mar'22



Children transitioned to Aftercare from April'21-Mar'22



Children as on 31st Mar'22



neighbourhoods where we interact with the neighbours and feel we are a part of the community. It is a hope for me as we study in the best schools and receive a quality education. It is a hope for me as not only does it take care of my physical health but also addresses my mental health requirements. It is a hope for me as our mentor fathers and mothers, who are lifetime volunteers, dedicate themselves to our well-being, bringing us stability and consistency. It is a hope for me as apart from conventional education, various training programs and workshops are conducted for our overall development. We also go for outings, and many exposure visits.



When I came to Udayan Ghar, I had no hope left in my life. I along with my four siblings was living in a neglected environment without any care and protection. My future seemed cheerless and bleak. But, Udayan Ghar pulled me out of a dark place and came as a ray of sunshine in my life. Now, I am studying at a top school and living life on my own terms. The home team tells me that I am very creative and they are training me to be a good speaker. They motivate me to work on my skills and develop

confidence in myself. I share a special bond with all my sisters at our home and this is where Udayan Ghar is different as it believes in LIFE (Living In Family Environment). Every child deserves a place that he/she can refer to as 'home' and a loving and protective environment of a 'family'.



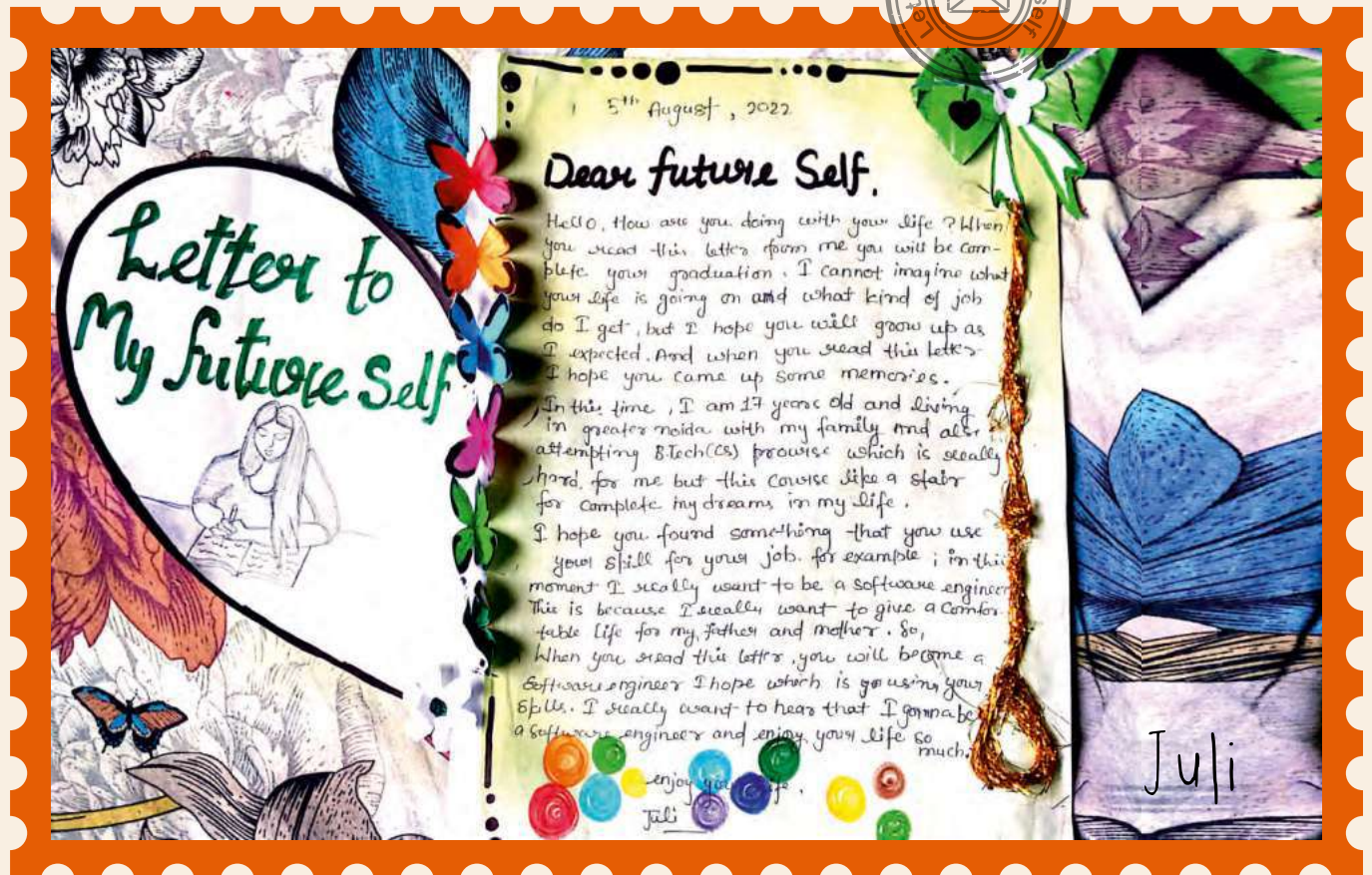
Even at the time of Covid-19, a protective and safe environment was emphasized. While we had managed to get through the first wave of Covid-19 by the efficient and quick response of our carer team, the second wave was really scary for all of us. I thought we were in grave danger and there was no way out of it. But our Ghar team immediately set itself in motion. They stocked inventories, hygiene materials, oximeters, nebulizers, and emergency medicines. To prevent the spread of the virus and to mitigate the risks, immediate directions and guidelines were issued. Nobody was allowed in and out of our homes. They left no stone unturned for ensuring our safety and well-being, be it ensuring internet access and extra devices for online classes, conducting online recreational activities, counselling, and emotional and mental well-being sessions. The team put us first and went the extra mile to keep us engaged and happy.

As a family would do, we looked after each other, following a strict pre and post-covid protocol, trying to keep everyone safe and helping the infected ones recover quickly. During this uncertain and fragile period, there is one thing we, the children, understood: by seeing how the adults around us faced such a challenge with calmness and solidarity, we realized that it is with courage, humility, and generosity that we can achieve great things and overcome the harshest times. The way in which our Ghar team handled the Covid-19 crisis made me believe more in the power of family. And I must share innumerable training programs are held for our carer team, be it

caregivers and supervisors, social workers and counsellors, or even mentor parents. On mental health too, I am told regular sessions and case discussions are conducted to help the team look after us children better.

I want to have a family of my own in the future and teach them the values espoused by Udayan Ghar. I know my upbringing here will enable me to face all the challenges of life and raise a loving and caring family. I aspire to be a ray of hope for children like me and provide them with the warmth of a family.

”
Kavita



A ROUND-UP OF ACTIVITIES

Important Day Celebrations

We celebrated important days like World Environment Day, International Yoga Day, National Doctor's Day, and Independence Day with full enthusiasm. We raised awareness towards conserving the environment through waste segregation, plantation drives, play-acting, and movie screenings. On 21st June we celebrated Yoga Day by sending out the message of fitness, mindfulness, and a relaxed mind as the key to well-being. On 1st July we expressed gratitude to all the doctors and medical staff who have worked tirelessly during the pandemic. We prepared cards and videos for doctors who are on the panel of Udayan Ghar and keep protecting us. We celebrated Independence Day with Udayan Ghar Cookery Competition, Chakle India, where mouth-watering dishes reflecting the Indian tricolour were prepared.



World Environment Day

Inspiring Idols Series

We were introduced to inspiring personalities who have been instrumental in bringing meaningful change in society through a series called Inspiring Idols. The series consisted of events on Teacher's Day, Gandhi Jayanti, Children's Day, and Parakram Diwas.

We celebrated Teacher's Day online where we children along with the Udayan Ghar staff and mentor parents felicitated and acknowledged the efforts of all teachers who have overcome the challenges of online classes. The event was graced by an eminent guest, Padma Shree, Gowri Ishwaran (ex-Principal of Sanskriti School), who encouraged us to consider the education we are receiving as a medium to soar high and fly.

The Inspiring Idols series continued with Gandhi Jayanti and Children's Day celebrations. We learned about the values and teachings of Mahatma Gandhi (Bapu) and Pandit Jawahar Lal Nehru (Chacha Nehru). We performed dance, theatre, songs, and puppet shows to unpack the stories from Bapu and Chacha Nehru's lives. We also took this opportunity to extend our heartfelt gratitude to the child protection functionaries and local donors who were present at this online event.

On Parakram Diwas, we honoured the contributions of Netaji Shubhash Chandra Bose to the Indian Independence, in an online event. We paid a tribute to Netaji's life and values through poetry, songs, and dance. We sang the famous hymn "Nanna Munna Rahi Hu" and everyone present joined us and sang along.



Independence Day celebration

Upcycled Edible Gardens

We set up Upcycled Edible Gardens in 9 Udayan Ghars to promote nature conservation and preservation. Upcycled Edible Garden means a garden set up using waste material such as bottles, tyres, drums, etc. We along with the Adidas team, our sponsors, had a lot of fun as we worked with mud and coco peat while planting saplings together. We feel connected to the gardens we set up and look after them every day with pure love and care for nature that grows in our Ghars.



Garden set up using waste material

Training Sessions With Children

Many training sessions and workshops were organized in the last year including sessions on Bullying, Peer Pressure, and Underage Drinking, Understanding & Practicing Empathy, Preventing Substance Drug Abuse, Dental Hygiene & Nutrition, Basic Manners and Etiquettes with Younger Children and a workshop series on Digital Literacy.

Sessions with Program Coordinators and Counsellors

Training Sessions on Trauma, Loss, and Grief, Adoption, Working with Children Using Strength-based Approaches and Reframing, Handling CSA Disclosures, Trauma Informed Care, A Mental Health Perspective to Significant Events at Udayan Ghars, Session on “Media Digital Literacy” and EmoAid Refresher Sessions were organized to keep Udayan Ghar team aligned with the best practices for the betterment of the children.

Training Caregivers and Supervisors

A virtual training program on Effective Caregiving was organized for the carer team encompassing the legal mandates while working in a Child Care Institution, understanding the mental health concerns that surface while working with a child, and managing their past trauma. Along with this, the training program focused on expected protocols to be followed with a visitor, welcoming a new child at the Ghar, and imbibing the essentials of caregiving. A Covid-19 Response session focusing on strategizing effective ways of managing positive cases at the Ghars was also organized. Apart from this a Digital Media Literacy workshop and a First-Aid training session were also conducted.



Online workshops and sessions

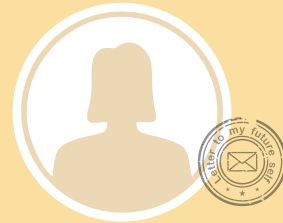
Miracles of Hope

SABA*



Saba, 17 years of age, was transferred to Udayan Ghar, Ghaziabad in August 2018, while her younger sister was at another CCI in the city. She was keen to reunite with her family but she could not remember the address of her home. With support from the Ghar team and sustained counselling sessions, she was eventually able to remember a few landmarks near her neighbourhood. The social worker went for a spot visit to that locality and was able to establish contact with Saba's mother who with her family had shifted to another place. The whole family was glad to know that their daughter is safe and healthy. They spoke with Saba over an emotional video call. The home team worked with pure dedication for reuniting the child with her family. Saba and her younger sister got restored to their family after 6 years. With the global paradigm shift towards deinstitutionalization in the field of child protection, non-institutional ways of providing care to children require more attention. This success story is an example of Udayan Care's rigorous efforts towards deinstitutionalization, as we are working on providing Alternative Care options to the children through family reintegration, kinship care, sponsorship, etc.

RENU*



Renu, along with her sister, was sent to Udayan Ghar, Jaipur in 2010. An amicable girl with a calm aura, she always had a spark to become successful in life. She has been a constant support as she has looked after the younger children of the Ghar. Prioritizing her studies, she was an all-rounder in her school, where her academic performance was appreciated by all her teachers. Active participation in co-curricular activities assisted her in honing her social skills. With Renu's zeal to touch the sky and the support of the Ghar team, she secured 90.6% in the 12th standard. She was awarded a citation to acknowledge and appreciate her performance in the board exams by the Chief Minister of Rajasthan, Shri Ashok Gehlot, during the Children's Day celebrations held at CM House, Jaipur. Currently studying at Chandigarh University, Renu is pursuing B.Ed. Driven by the virtue of patience and hard work, she is slowly but steadily building a bright future for herself. A true inspiration to her younger sister Pari and all the other children at the Ghar, she is indeed a gem.

**Names changed*



UDAYAN GHAR AFTERCARE PROGRAM

In the words of a Care Leaver from Udayan Ghar

“ My name is Surja and I am a Care Leaver who grew up in Udayan Ghar. Funny, how we are expected to suddenly grow up at 18 and let our young minds take the responsibility for our lives, our future, and our happiness. Whenever I think about it, a voice inside me echoes, “I don't wanna be a big man, I'm a kid like everyone else.”

While growing up, whenever I felt nervous and anxious about facing the world alone, I was sure Udayan Ghar will continue to support and hold my hands like many of those before me and not leave me at 18.

Today, I am a part of the Aftercare Program at Udayan Ghar which is specially designed to support children who are passing out of the childcare homes upon turning 18. It enables and empowers young people like me who are in a transition period before standing on our feet. We are provided with educational support, mentoring and counselling, career guidance, life skill training, and placements in internships and jobs, to ensure a smooth transition into our independent lives.

AFTERCARE seems like such a loaded word which means making provision of support, financial or otherwise, to persons, who have completed the age of eighteen years but have not completed the age of twenty-one years, and have left any institutional care to join the mainstream of society. For me, it simply means a few more years with my Udayan Care family. The support and training are added perks but the time I spend at Udayan Ghar's Aftercare facility is the most precious to me.

Now that I am a part of the Aftercare program, I have seen that Udayan Ghar would never leave me alone at this vulnerable stage of my life. Reintegrating into society is a Herculean task for Care Leavers. The transition that we face while moving from childhood to adulthood, from a state of complete dependency to a state of complete independence is actually a delicate phase, where we go through emotional, psychosocial, and situational turbulences. Udayan Ghar understands this and is ensuring that we are able to reintegrate into mainstream society, get trained, and find a job.

Attributes of the Program



I know even after migrating from here, I shall have the support of my family at all milestones of my life, for example, getting married, and making a family of my own.

One of the recent examples of solidarity was how Udayan Ghar formed an Emergency Relief Fund (ERF) and started a Ghar Wapsi project for its alumni. Through ERF the team provided monetary/in-kind support to alumni who were in need of it and a housing facility to alumni who had lost the roof over their heads due to their inability to pay the rent was started under the Ghar Wapsi project. They were offered temporary shelter (boarding, lodging, and food) in Udayan Care's housing accommodations and Aftercare housing facilities. The Ghar Wapsi beneficiaries were provided support for reaching the designated housing facility from their location, they were given proper medical treatment, care, and support including tests upon arrival, if required, in addition to quarantine facilities, nutritious food, clothing, and support for finding new jobs/ means of livelihood. The alumni were urged to reach out and support each other as much as possible, and connect the ones requiring sustenance or medical support to Udayan Care, so that no one felt left out or alone in those difficult times. So, this is how we sailed through the pandemic with strong bonds and swift action.

Now I know that even when I leave the Aftercare facility, I will be a part of a strong alumni network. The bonds forged at Udayan Ghar are for life. Many of our brothers and sisters who have successfully reintegrated into society are invited to our homes to celebrate festivals and other events and to guide us. 33 of our alumni are married and nurturing their own families. Looking at them, I feel good about my future. The satisfaction that someone is standing behind me with rock-solid support encourages me to step into an independent life with full confidence.

”

Swija



Lives We Transformed



Aftercare Youth
on 1st April'21

44

New Aftercare Youth
joined during 2021-22

19

Aftercare Youth released
during 2020-21

13

Aftercare Youth as
on 31st March'21

50

Aftercare Youth in
schools/colleges/
distance learning

48

Aftercare Youth in
vocational training/
internships/ jobs

2

Total No. of Alumni

145



Alumni married

34

Shining Stars

Sonal



A bright and hardworking girl, Sonal had come to Udayan Care in 2006. She pursued her Class XII from Delhi Public School and grew up to become a responsible and disciplined young adult. Given the stimulating environment that was provided to her, she was able to flourish well academically. One of her exceptional qualities was working for the well-being of others and it was this characteristic that acted as a driving force for her to pursue a B.A. (Hons) in Social Work at Dr. Bhim Rao Ambedkar College of Delhi University. She has also completed the vocational course in graphic designing from Skill Development Center, Udayan Care. She received an employment opportunity at Amazon Development Center India Pvt Ltd where she is working as a Virtual SDC Associate. Recently, she has transitioned into independent living and has taken charge of her life. A scholar at heart, she wishes to pursue her Master's Degree in the future. Sonal herself believes she has a long way to go in life and cannot wait to see what the future holds for her.

Shekhar



Shekhar was placed at Udayan Ghar for Boys, Gurugram in 2019 for his long-term care and rehabilitation. He has always been a disciplined, helpful, and obedient boy. Diligently working to hone his skills in computer science, he keeps himself engaged on different platforms and interacts with experts from the field. He completed his class XII in 2021 from NIOS and loves to spend time working on computer solutions. He has a keen interest in computer applications and software, and has developed an online course and uploaded it on a public platform, Udemy. He has published 12 practice tests on such platforms and has been able to earn from them. Shekhar has always been interested in Computers and wants to pursue a career as a Digital Forensic Investigator. He has learned a great deal, from the basics of computer and programming languages to developing courses and publishing them on public platforms. He is currently enrolled in the prestigious G.D. Goenka University, Gurugram, and is pursuing Bachelors in Computer Education.



AFTERCARE OUTREACH PROGRAM (AOP)

“While leaving my CCI, I felt like an uprooted plant from a pot that is left unattended and unattached, thus just withering away...” Care Leaver (CCI, Delhi)

Need for Aftercare Outreach Program (AOP)

Under AOP, children transitioning out of non-Udayan Care Child Care Institutions on turning 18 are supported. AOP was born from the insights we got after doing an intensive research study with 500 Aftercare youth in 5 states of India. This “Beyond 18” research study*, published in 2019, shows that most Care Leavers have very limited support and are not prepared to be on their own at this young age. The mere turning of 18 years does not address their vulnerability and the childcare system does not adequately prepare them with life skills, education, or vocational skills to live an independent life. AOP aims to fill this gap in the child protection space by preparing these young persons to transition smoothly from institutional care to independent living, rehabilitation, and mainstreaming. In the continuum of care approach, AOP ensures Care Leavers become self-sufficient, through their pursuit of education, skilling, counselling, employability readiness, mentoring, and enhanced independent life skills. It works to reduce the risks of Aftercare youth facing deprivation, vulnerability, unemployment, homelessness, and mental health issues, enabling their career progression, social reintegration, and becoming active contributors by giving back to society.

AOP outcomes of 2 years

Total number of youth



AOP chapters



Vocational Training completed



Youth pursuing Vocational Training



Employed Youth



AOP Team



Mentors & counsellors



*https://www.udayancare.org/upload/Reports/2019-20/Full_report_Beyond_18.pdf

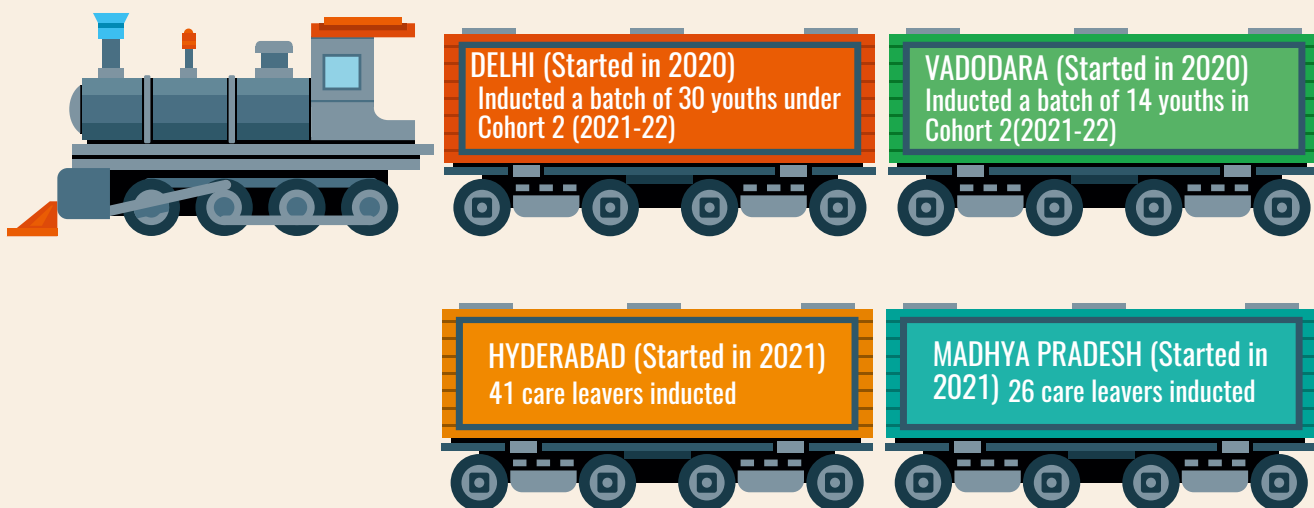
Vision & Mission

The overall vision for AOP is to enable Care Leavers in India to lead a dignified and independent life and ensure that their rights are upheld. For the first 5 years, (2020-21 to 2024-25) AOP aims to enable 600 young Care Leavers across multiple cities in India to lead an independent and dignified life and ensure their rights and entitlements are upheld, thereby showcasing a demonstrable model for replication and possible adoption by central/state government and other organisations.

Program Details

Initiated in 2020, AOP has so far supported 162 youth in 6 cities of India. It uses the principle of “Earn-Learn-Grow” to co-create a career pathway for Aftercare youth, such that they become resilient and self-sufficient young citizens of the country. It offers a holistic nurturing environment to all youth supported through guided mentorship, learning life skills and becoming job ready through the work-life ready curriculum and motivating them to peer learn and support each other.

Chapters under AOP



Group Activity



Shining Stars

Luvkush



Luvkush had been in and out of different Child Care Homes till he turned 18 in 2020. He joined Udayan Care's first cohort of the Aftercare Outreach Program (AOP) launched during the pandemic year. Initially, he was very shy and did not open up, but gradually he became comfortable with the AOP team. Multiple counselling sessions and career guidance helped him find his interest and strength and he enrolled in a graphic designing course under AOP. He also joined a network of Care Leavers called CLAN (Care Leavers Association and Network, Gujarat) and made friends with other peer Care Leavers. He dreams of making a movie using his graphic and multimedia skills. This motivated him to start a tea stall and now he is a 20 years old enterprising young man. He owns his own CLAN Team Stall in Vadodara and has become a promising employer, deciding to offer jobs at his tea stall only to Care Leavers. He is planning to start a second stall soon, powerfully moving towards becoming a resilient, self-sufficient, independent young person with a strong determination to change the lives of other Care Leavers and give back to society.

Jyoti



She is truly the best example of – 'perseverance is the key to success'. Coming from a family that did not extend any support and wanted her to get married, she was determined to study further and lead an independent life. Jyoti was in her final year of Bachelors when she joined the Aftercare Outreach Program (AOP). Through our Work-Life Readiness Module she learned much about the outer world and could prepare herself to step into it. She gave two attempts for Bank PO but missed them by some percentage. She got to know about a scholarship program qualifying which would give her the opportunity to pursue her aspiration of doing an MBA from a prestigious college. She cleared three rounds of that scholarship program, but could not appear for CAT exams due to lack of time and financial constraints. But this could not stop Jyoti, she stood up and after continued mentoring, she decided to take up a job first and pursue her aspiration along with it. She is now working as a Practitioner - Finance and Administration Delivery, in IBM India Private Limited, Gurugram.

LEARNING IN FELLOWSHIP TOGETHER (LIFT)



LIFT is an initiative of Udayan Care that started in October 2021, in partnership with UNICEF, as a one-year-long fellowship. It enables Care Leavers in India to aspire and fulfill their dreams to become change-makers, skilled with the passion and ability to contribute to improving the overall situation of Care Leaving in India. LIFT fellows explore the real-life challenges of youth with lived experience of care and address the transition challenges to improve the situation of leaving care in India. LIFT fellows are committed to working intensively on a range of issues covering the challenges of Care Leavers, as informed by their own lived experience of being in care. LIFT offers outcomes such as a documentary on Care Leavers, research on Care Leavers' networks, research on the educational status of Care Leavers, life skills and counselling modules, and many more. The spirit of giving back to society underpins the spirit of the LIFT Fellowship.

Eight LIFT fellows coming from six states of India have started this journey as the first batch. The fellowship announcement led to an overwhelming 46 applications. Eight fellows have been selected through a stringent selection process which was, in itself, a very rich experience for the members of the selection panel, three of them being accomplished care experienced youth. Six out of the eight fellows are female Care Leavers and come from the states of Assam, Jammu and Kashmir (2), Maharashtra, Uttar Pradesh, Rajasthan, and Madhya Pradesh (2).

The 2022 Batch fellows are not only engaging with other Care Leavers/children in CCIs but offering their expertise to each other. So far, they have all put their fellowship plan in place and are also working on establishing and/or strengthening the state Care Leavers' Network and undertaking self-developmental modules

in partnership with Harappa educational initiative. Each fellow has a mentor to guide them in making their fellowship successful.

SUFEERA JAN

I am not a very warm person. Even being a part of the CCI did not make me very warm but today, when I go back to CCIs and work with the children there, I feel another level of love and compassion in myself.

SHWETA GUPTA

I want to continue working with the youth of After Care and keep up the determination to work for them.

KAMAL

The training modules and courses are very effective to improve communication as well as professional skills for the future. While working with the children, I have shared my life journey and gained lots of confidence in return.



FAMILIES TOGETHER PROJECT

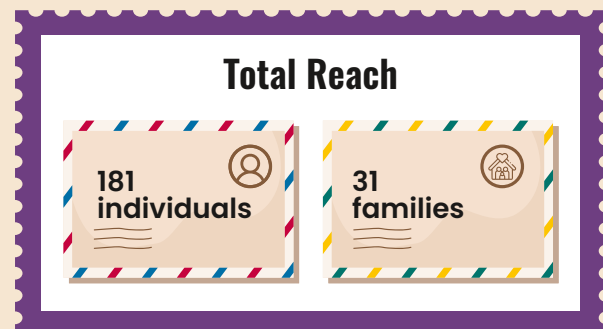


During the COVID-19 pandemic, a number of rapid restorations were made in the country, where children were sent back to their families from Child Care Institutions (CCIs). Most of them were restored to their parents, and only a few of them could be provided alternative care options like adoption and foster care. During these rapid restorations, a close social investigation into the condition of the families and preparation of children and their families were mostly not undertaken. Measures of follow-ups and linkages to strengthen the families were by and large absent, increasing the risk of children separating from their families again. To prevent this, we initiated the Families Together Project in September 2021, starting with a small pilot project in Delhi but aiming in the long run to establish a demonstrable and scalable model of supporting families to care for their children and preventing them from unnecessary separation.

We started with an extensive literature review to evolve an evidence-based 3Rs framework of Reach, Reinforce and Reintegrate as a case management approach to work with children and their families in one district of Delhi.



Celebrating mental health awareness month

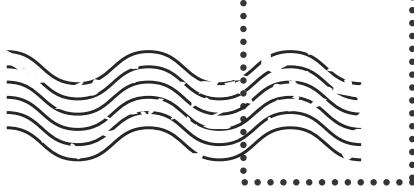


STATE PROGRAMS ON FAMILY-BASED ALTERNATIVE CARE

Our demonstration projects in Bihar and Madhya Pradesh aim to promote and strengthen systems for Alternative Care and Aftercare, with support from respective state governments and UNICEF field officers in both states. At the state level, the programs have impacted the systemic capacities of child protection functionaries across districts in building a perspective to work on CYC and thereby improving the implementation of the Alternative Care and Aftercare programs.

Key highlights of the project

Madhya Pradesh

- ☒ A resource pool of 111 (64 Govt. Officials and 47 NGOs) Master Trainers have been developed in the state on Alternative Care.
 - ☒ Over 235 adolescents and youth have joined Yuva Shakti Sangathan (YSS) - State-level Care Leavers network.
 - ☒ 91 Life skill training sessions with children and youth.
 - 73 children linked with skill-based agencies such as White Hat Jr., UNICEF Yuwaah's Co-creation workshop, and Wadhvani Foundation
 - 58 children/ youth restored back home
 - 3 Linked with private sponsorship
 - 108 ICPs prepared/updated
 - Bank accounts, Aadhar Card and Ayushman Cards were ensured for 27 children/youth
- 
- ☒ Vulnerability mapping
 - 5219 families and 3580 children from the community were covered as respondents, along with 233 children in CCIs, and 787 Aganwadi Workers trained
 - Out of 3580 children, 596 children were linked to various schemes
 - ☒ Initiated interventions in the Observation Home in Ujjain, with skilling courses and life skill sessions with a restorative approach.



Yuva Shakti Sangathan (YSS) Workshop

Bihar

Capacity building imparted to 71 child protection officials as Master Trainers from 38 districts.

200 Individual Care Plans (ICPs) developed through handholding support to demonstration home staff leading to better opportunities for skilling and jobs.

Haushla stitching center as a livelihood model set up for more than 60 girls with 26 girls certified by Usha in Patna. CRPF partnered stitching unit set up for 20 boys in Gaya children's home.

10 Girls of Nishant and Uttarksha linked with Whitehat Jr. sessions to enhance English speaking skills

35 Boys (most with special needs) in Apna Ghar learning Art and Craft. 1st batch led to Exhibitions and 2nd batch is ongoing.

42 Children/Youth With Special Needs (CWSN/YWSN) of 4 demonstration homes have been assessed for further need-based therapies and psycho-social support interventions.

2 boys placed in Upendra Maharathi, 17 girls in Monginis, and 5 girls placed in Lemon Tree, Bangalore

Resource directory developed and shared with District Child Protection Unit (DCPU) for both the districts - 42 agencies identified

Yuva Sahyogi Sangathan has a membership of 60 Care Leavers from all districts of Bihar as the state support peer-led care leavers network in the state



Bihar Art Exhibition

Shining Stars

Karan



Karan was 11 years old when he was brought to a CCI in Nagpur. He was lost and didn't know his address. His first step towards transformation was when he became a member of Yuva Shakti Sangathan (YSS), a Care Leavers Network in Madhya Pradesh. When Karan shared his life situation with YSS members, he was recommended Aftercare Outreach Program (AOP) by his peers. After his individual plan was co-created, he was enrolled in his dream course for Diploma in Food Production from the Institute of Hotel Management, Bhopal. He is also learning English spoken skills from the Bindaas Bol program and undergoes regular counselling and life skill workshops. Karan is a peer facilitator now and helps other youth in YSS and AOP to improve their personality and motivates them towards success.

Priya



Priya grew in the Shivpuri Girls CCI and then shifted to Balika Graha in Ujjain. She was also placed with a foster family in Ghaziabad, UP. She lived there for a while but experienced emotional and even physical abuse and returned back to the CCI in Ujjain. Through her Individual Care Plan (ICP) she was prepared to transition away from the CCI towards independent living as she was nearing 18 years of age. Over the months, she was able to trust her peers and team and the holistic interventions made her comfortable. She started showing the same zest in extracurricular activities once again. On 24/01/22, on the occasion of National Girl Child Day, UNICEF South Asia (including UNICEF India), organized a discussion with Ms. Smriti Irani, honorable minister of Women and Child Development, Govt. of India. 20 children from the entire nation, currently staying at CCIs, spoke brilliantly at the main event, with the minister especially signaling out Priya at the end of her concluding remarks.





CREATING SAFE PLATFORMS FOR CARE LEAVERS NETWORKS

Young people with direct experience of leaving care are best placed to change the care system. Their voices must take the forefront of our CYC work. With this conviction, we brought together the first Care Leavers' Network in Delhi in 2017, which today has emerged as a strong peer-led independent group of Care Leavers in India. This was followed by the formation of the Gujarat Care Leavers Network and then the state-level Care Leavers' networks in Madhya Pradesh (Yuva Shakti Sangathan) and Bihar (Yuva Shakti Sahogini). Members from all these networks have interacted with each other, offering support to each other and building their own heart family. Several interactions were facilitated across states to build them as strong resilient youth. Bringing them together has further amplified their voices where they have raised concerns and offered solutions to improve the care system, and have contributed to changing society's perception of people who have been in care. The network members celebrated World Justice Day on February 20th, 2022.

Over 100 Care Leavers came together to share their voices at the UN Day of General Discussion (DGD). Over the year, network members have met with government officials, participated in leadership development training sessions, and conducted workshops to align their network's purpose, and process and strengthen their collective identity. Many of them have found jobs for each other, offered temporary housing as well as financial support to their peers in need, and together navigated the pandemic challenges. The Delhi network had a successful virtual interface with the Director, Social Welfare Department, Govt. of Delhi on International Youth Day on August 12, 2021.

Delhi and MP network members have represented the networks at many national and international conferences, especially the 4th Biennial International Conference on Alternative

Care in Asia held on the 8th and 9th of December 2021. Based on this experience, Udayan Care has co-created a Standard Operating Procedure for setting up a Care Leavers Network. This reference guide is being used by many other potential networks to set up their own connections.

Sheetal, a Care Leaver writes:

***"Khoji hui thi jo ladki,
wo wapis mil gayi hai,
Dhundla ho gaya tha jo hausla,
uski dhool ab hati hai."***



CG Trainings

My Dear Future Self

क्या तुम अब भी देर तक जागती हो और सुबह जल्दी उठ जाते हो...

अब तक तो तुमने अपने सपनों को पूरा कर लिया होगा न ...

जो हमने सपने देखे थे तुम उन्हें जी तो रही हो न ...

अब भी उदास रहती हो या खुश रहने की वजह मिल गयी है तुजे..

क्या लोग अब भी नहीं सुनते तुझे ..

या बोलना भूल गयी हो तुम अब..

जिस सपने के पीछे भगाकरती थी तुम..

वो दौड़ तुम्हारी पूरी होगयी होगी न अब..

मम्मी पापा के सपने पुरे कर रही हो न तुम..

वो अच्छी बेटी बनने की इच्छा पूरी हुई या नहीं..

तुझे तेरी आज़ादी मिल गयी होगी न ..

अब तो नी फर्क पड़ता होगा तुझे ..

उन चार लोगो से..

क्योंकि मुझे तो मम्मी उन चार लोगो का ताना देते है कहते है "ये मत कर , वो मत कर चार लोग क्या कहेंगे "

पर तेरे लिए लड़रही हु मैं उनसे...

Society तुझे तो नहीं रोकती होगी क्युकी मेरी लड़ाई अब भी जारी है उनसे...

Responsibilities तो बढ़ गई होगी तेरी ..

पर तू LIFE को enjoy करना तो नहीं भूलती न ...

यही वादा किआ था तूने याद तो है न

चल अब bye मैं चलती हु पढ़ना .. तेरे लिए वो सब

आसान बनाना है जो मेरे लिए मुश्किल है ..

Bye my future self ❤️

Deepika Kumari

EDUCATION SKILLING & EMPOWERMENT



EDUCATION, SKILLING & EMPOWERMENT

Education is a fundamental right of every individual but it is not accessible to everyone equally. While many government schemes enable underprivileged kids to acquire basic education, transition to higher education is not an option for many. Girls belonging to the underprivileged sections are doubly marginalized and face additional obstacles in accessing higher education. According to the AISHE* Report (2019-20), males have a significantly higher share of enrolment than female enrolment in all the higher education programs. The UDISE+* 2019-20

report shows that the Gross Enrolment Ratio of girls decreases at every level with 90.5% at the primary level, 77.8% at the secondary level, and 52.4% at the higher secondary level. Udayan Shalini Fellowship addresses these gaps by empowering young girls and supporting their higher education. It does not only provide financial assistance but also teaches them employable skills and provides personalized mentoring and psychological counselling to broaden their horizons.

While education is necessary to earn a living, skill development has emerged as one of the most important features of financial independence. India is unique with 60% of its population belonging to the young age group. However, the immense potential for generating a skilled workforce in India has not been realized as only 10% of the fresh graduates are employable. At Udayan Care, women and youth are trained in job-oriented technical and vocational skills empowering them to earn their livelihoods. Our IT program empowers youth through digital literacy by teaching courses like graphic designing, accounting, desktop publishing, and many more. They are also provided placement support by getting them entry-level jobs. One needs to realize that merely providing education to young adults is not enough. They also need to be employable in order for them to be able to work and be financially independent. We ensure that through our programs below:



Afroj Ansari



* All Indian Survey of Higher Education (AISHE)

* Unified District Information System for Education Plus (UDISE+)

UDAYAN SHALINI FELLOWSHIP

A Shalini narrates her USF experience

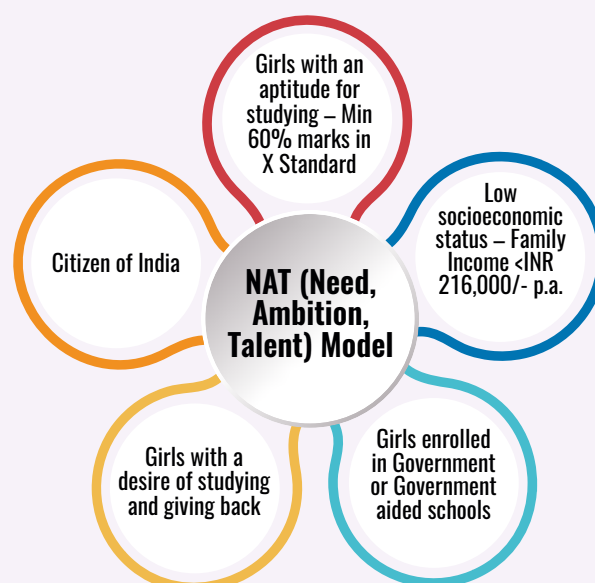
“
When I started to write a letter to my future self, the first thing that came to my mind was, I have all these aspirations but how am I going to achieve them? My father is a daily-wage labourer who singlehandedly supports our family. My parents were keen on making me study but the conditions at our home did not permit me to continue my higher studies. My life was looking like a black hole with no way to fulfill my dreams.

As I recalled all this, my thoughts immediately travelled to the moment I came to know I was going to be a Shalini. Now, you might be thinking who is a Shalini? Shalini means a dignified, empowered woman. I am Deepika and I am the recipient of the prestigious **Udayan Shalini Fellowship (USF)**. My teachers at the government school told me about this opportunity. The Fellowship attracted me as it supports those girls who have the skills, aptitude, and the desire to study but who lack the financial means and guidance to continue their education.

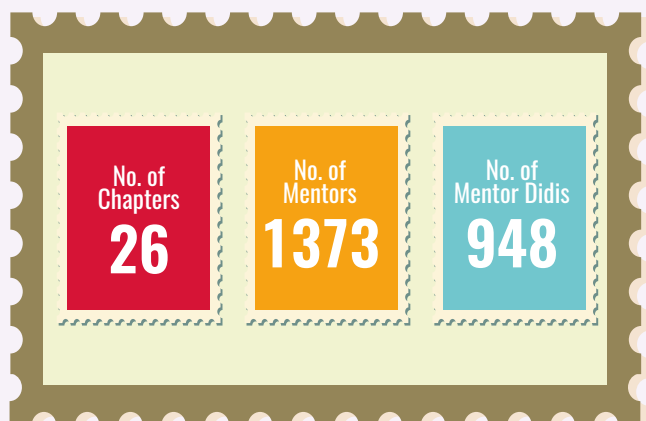
USF extends **financial support** to the deserving government or aided school students, coming

from lower socioeconomic backgrounds, to help them pursue higher education. The monetary support is important for girls like me whose families want them to study but do not have the necessary means to support them. We often think that getting a scholarship is a privilege but I believe it is my right to get a quality education which USF enables me to do. I can continue my studies and aim for financial independence.

Getting **selected for the Fellowship** was a memorable experience in itself as we started by filling out the application form where we had to write a statement of purpose. Writing this statement made me ponder over my future aspirations and think about my expectations from the fellowship. Then, a written test was conducted followed by an interview where I got a chance to showcase my true personality. Once we cleared the interview round, the USF team visited our homes and interacted with our families. The orientation and induction ceremonies were a surreal experience for me as I met other girls who had walked similar paths as mine. I am from Batch 2 and so many girls who have been here before me are an inspiration to me. I realized I am not alone and have so many sisters to support me.



USF not only helps me with monetary support but it is also enabling me to be a confident individual. I have been assigned a **mentor** who supports me at every step, be it about my studies or personality development. My mentor is like a guide and a friend who assists me at every step of my journey. There are times when I feel confused and scared about the future, but my **mentor** counsels me to stay strong and confident.



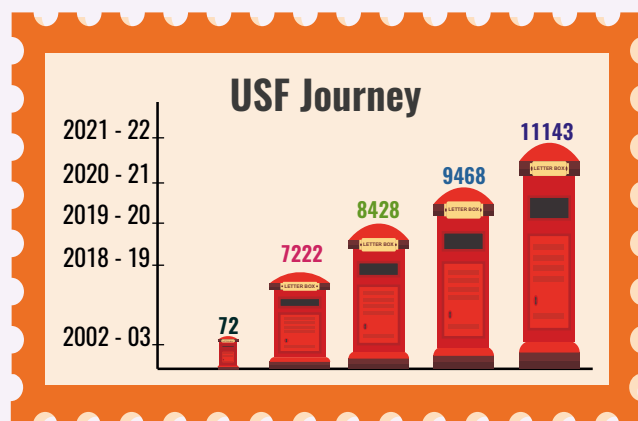
The people who are associated with USF, be it as **volunteers, core committee members,** or conveners, and staff members have emerged as a support system for all of us Shalinis. The intense efforts of the USF team have made a visible difference in our lives. Knowing that there is a force of committed people supporting my choices, I am taking important decisions like continuing my education and choosing a career of my interest.

It is through the **training programs, career counselling,** and academic guidance from USF that I was able to realize my dream. We often train for interviews and write resumes which has boosted my confidence. Various corporate companies conduct employability sessions with us to help us actualize our dreams and aspirations. Workshops conducted by experts impart practical information and help us to set our goals and vision for the future.

I have embarked on this journey for 5-6 years and today, I can say that I am proud to be a Shalini because it has not only supported me but also enabled me to **support others.** It has made me

aware of my responsibilities and how can I contribute to benefit the people and society at large. Various social awareness drives, designed on critical issues we face today, have made us socially sensitive and ignited a spirit of giving back to society.

USF makes sure that once you join the Udayan Care family, you are a permanent member. This is ensured by a strong alumnae network which



is an integral part of the program. Various alumni cells assist our senior Shalinis in securing a placement and training them in a number of job-oriented skills. They are aligned with many seminars & entrepreneurship events to boost their networking. The **alumnae network** also aims to foster a passion for Udayan Care and motivate Shalinis to participate fully in USF as doers, like mentor didis, donors, and ambassadors to others.

I have often been asked what is the need for a fellowship like USF. Well, if we look at the current situation it is very clear that we need to invest in girls' education. Girls start experiencing discrimination at a young age, be it in homes where they are expected to help with the housework, in schools where some sports are only accessible to boys, or on streets where they are bullied and harassed. These inequalities are more pronounced for the girls belonging to the underserved sections of society who lack any support system. I believe that educating and empowering girls should

be our collective goal so that we can eradicate the disparities and discrimination in our society.

USF is not just a scholarship for us, it is a fellowship that goes beyond monetary assistance. When I joined the USF program, I was like a little butterfly who could die at a touch. But now, I am a tigress ready to face the challenges of the world. I have a force of more than 11,000 sisters with me and together we are bringing a positive change in society. I am sure you will love to hear from some of my amazing sisters who have carved a niche of their own.

”
Deepika

A Note of Remembrance



Srinivasan Soundararajan (Innamburan)

It is often said that when we lose an elderly we lose a library. Udayan Care has lost a library of knowledge, experience, humbleness and a great teacher and mentor for our shalinis.

It was an honour to be associated with such a great human being and personally know him.

Words cannot describe our loss, a person that departs from this earth never truly leaves, for they are still alive in our hearts and through our memories, they live on...

My deepest condolences to you and your family for this immeasurable loss...

Dr. Kiran Modi,
Founder & Managing Trustee, Udayan Care

Careers of our Shalinis



Doctors, Nursing Staff, Health Care Professionals

Foreign University Students



Engineers Software & Telecom

Chartered Accountants & Company Secretaries

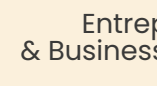


Teachers, Professors Academicians

Working Professionals in Public & Private Sectors including MNCs



Civil Servants & Lawyers



Entrepreneurs & Business owners



Launched their own Social Purpose Organizations

Shining Stars

Agra

Founding Year: 2021
Number of Shalinis inducted in 2021-22: 50



Anjali Kushwah

My father is a daily wage worker and my mother is a housewife. Both are not educated but want their daughters to study hard and achieve something in life. I can never repay my parents with any materialistic thing but I want to make them proud by studying hard and becoming a Computer Engineer one day. I was a very shy girl and could not express my views in front of anyone. I want to thank USF from the bottom of my heart for helping me to overcome my weaknesses and be a confident girl now. I want to thank my Mentor for boosting me with confidence and love. Thank you for everything Udayan Care.

Ahmedabad

Founding Year: 2021
Number of Shalinis inducted in 2021-22: 80



Harshida Makhwana

I have a very big ambition of becoming an IAS Officer, and my parents are very supportive of my studies but they do not have the capacity to manage the regular expenses, let alone bear the cost of my education. I got to know about USF from my school, and gradually got selected for the program after multiple processes. I stepped into a big world of dreams and opportunities, got benefited through multiple workshops, mentoring & counseling sessions. I also got a computer from USF and by using it I have learned multiple technology-based skills. I have also learned about the importance of giving back by serving at an old age home.

Aurangabad

Founding Year: 2008
Number of Shalinis in 2021-22: 395
Number of Shalinis inducted in 2021-22: 90
Number of Shalinis impacted since inception: 660



Nayan Ganesh Kurhe

My name is Nayan and I am a USF alumnus from Aurangabad. Recently, I have been selected as Constable/GD in CISF. I always wanted to serve the country and join the defense services. My family was not very supportive of my education as my father is a bus driver who never contributes to the house. All the expenses are covered by my mother who works as a daily wage labourer. USF helped me achieve my dreams and Ms. Sangeta Bhatia especially was a huge pillar of support and always boosted my morale during tough times.

Baddi

Founding Year: 2017
Number of Shalinis in 2021-22: 222
Number of Shalinis inducted in 2021-22: 40
Number of Shalinis impacted since inception: 277



Sonali Kashyap

My father has always been very supportive of my education and knows the importance of educating girls. Even with a low income, he gives importance to children's education. Inspired by his determination, I decided to apply for USF and was able to get selected. After joining the program, there has been a considerable improvement in my academic and social behaviour. My father is particularly impressed by USF's focus on the all-round development of the students. Keeping the spirit of USF up and going, I teach the poor and needy kids in my locality and am a mentor didi who guides young Shalinis.

Bengaluru

Founding Year: 2018
Number of Shalinis in 2021-22: 286
Number of Shalinis inducted in 2021-22: 120
Number of Shalinis impacted since inception: 305



Padmavathi C H

I am the youngest in a family of four where my father is a manual labourer and the sole earner. My father has been a victim of child labour which made him resolve that he will do whatever it takes to brighten the future of his children. I was able to choose the right career path of pursuing B.com and CA studies with the proper guidance and the financial support I got as part of the USF program. During the past year, in addition to focusing on academics, I have been an active participant in all the workshops. I know that working hard with proper assistance is the key to success and I am very grateful to have help and support from the USF Bengaluru team.

Chennai

Founding Year: 2017
Number of Shalinis in 2021-22: 209
Number of Shalinis inducted in 2021-22: 65
Number of Shalinis impacted since inception: 217



Keerthika S.

I think of myself as an artist and USF has made me realize that I am a good one too. It has encouraged me to contribute my artwork to different events which has been appreciated by everyone. Although I am an all-rounder who paints, dances, and runs, my aim is to become an English Professor. I love spending time in the library to improve my communication skills. My mentor guides me at every step and the senior Shalinis help me in studying. USF has also made me aware of the disadvantaged sections of society. I am really interested in social work and often volunteer for USF activities. I believe USF has made me a better person.

Shining Stars

Dehradun

Founding Year: 2008
Number of Shalinis in 2021-22: 176
Number of Shalinis inducted in 2021-22: 50
Number of Shalinis impacted since inception: 828



Kanchan Bhatt

Since childhood, I have seen a life full of problems because of my father's addiction to alcohol which took his life. My mother works as a Bhojan Mata in a primary government school and I have one younger brother. I was scared of not being able to complete my education as I was very well aware of my family's struggle just to make the ends meet. USF has given wings to my dreams and it has assured me of a secure future. Facing any kind of challenges in college, studies, or day-to-day personal life became very easy because of the constant teaching and support of USF. Presently, I am teaching at a school while pursuing a Master's in Science. I am also mentoring 6 Shalinis.

East Delhi

Founding Year: 2021
Number of Shalinis inducted in 2021-22: 50



Babita

I live with my Uncle and Aunt whom I call father and mother as my parents passed away when I was 5 years old. My father works as a daily wager and my mother is a housewife. We are not financially strong but I want to study and become an accountant. My father wants to see me succeed and fulfill my dream. In school, teachers told us about the USF program and I applied for it at that time. I was fortunate to get selected for this fellowship and I believe that being a part of this program will be a great help to me and will enable me to build a safe and secure future. Besides the financial support, this program is also providing me with knowledge and lessons for mental and moral development.

Faridabad

Founding Year: 2021
Number of Shalinis inducted in 2021-22: 50



Aditi

I come from a middle-class family. My mother is no more and my father didn't take care of me after her. So, I live with my Masi, and there are 5 members in our family. Talking about our financial status, it's not even enough to fulfill a single wish after basic requirements. I was scared about whether I would be able to continue my education or not and at that time USF came to my school as a boon. I want to become a doctor and I know I can do it with the help of USF. I was so motivated when I met alumni Shalinis from other chapters in our induction. What they said about their journeys and how they all are settled in their lives is a miracle for people like us.

Gurugram

Founding Year: 2012
Number of Shalinis in 2021-22: 191
Number of Shalinis inducted in 2021-22: 40
Number of Shalinis impacted since inception: 445



Kumkum Rathore

I was always aware of the fact that I wanted to achieve something good but my USF mentor gave me the courage to follow my dreams. The USF sessions helped me to visualize my goal and to work accordingly. I am active in the sport of pistol shooting and have participated in many events and won medals as well. I am happy that I am doing what I like and enjoying every second of it. I want to join the Indian Army and practice the sport of shooting simultaneously. I am blessed that I am a part of USF and my mentors are helping me a lot to make me emotionally and mentally strong.

Greater Noida

Founding Year: 2016
Number of Shalinis in 2021-22: 242
Number of Shalinis inducted in 2021-22: 60
Number of Shalinis impacted since inception: 310



Anjali Singh

Hailing from a small village, I am the eldest of three siblings with a father who works as a tailor in a factory. I wanted to pursue BCA but the big concern was the fees to be paid for this course. However, being a Shalini I got rebates on the course fee. With the proper guidance and financial aid provided by USF, I could get admitted there. Today I have completed my degree successfully and am working with Gainwell Commosales Pvt. Ltd. as a Digital Marketing Coordinator. I find myself lucky to get associated with USF, and now it is my responsibility to prove myself worthy of this and to do my best to help my Shalini sisters.

Haridwar

Founding Year: 2012
Number of Shalinis in 2021-22: 194
Number of Shalinis inducted in 2021-22: 50
Number of Shalinis impacted since inception: 420



Khushi Katariya

I started playing hockey in class 8. Despite various hurdles, including financial hassles I never lost hope and was always determined to achieve my goals. I have played in various state and national-level competitions. Recently I bagged a Gold Medal at the 2nd Hockey India Junior Women Academy National Championship held at Gwalior. I am a proud winner of several championships like the 1st Hockey India Sub Junior Women Academy National Championship & Under 17 Charanjit Rai 26th Nehru Junior Girls Hockey Tournament. I believe that women can be the change-makers in the community but they need to be mentored, guided, and supported by programs like USF which has given me a platform to identify my potential.

Shining Stars

Hyderabad

Founding Year: 2015

Number of Shalinis in 2021-22: 269

Number of Shalinis inducted in 2021-22: 62

Number of Shalinis impacted since inception: 417



P Shivani

I have learned many things at USF, how to deal with difficult situations, how to overcome troubles, and how to be an effective leader. In 2021 I completed my graduation from Government Degree College for Women (Begumpet, Hyderabad). My dream was to get a good job in an MNC and now I am working at Amazon as Tron Associate. I will always be thankful to USF for reshaping me and my career. It helped me grow tremendously in my outlook and worldview and helped me achieve my goals by constantly inspiring me to work for them. Now I am a proud alumna of USF and look forward to contributing whatever I can from time to time for the benefit of the Shalinis.

Jaipur

Founding Year: 2013

Number of Shalinis in 2021-22: 227

Number of Shalinis inducted in 2021-22: 60

Number of Shalinis impacted since inception: 460



Nisha Parewa

USF gave me the wings to fly, quite literally, as I work as a Cabin Crew in Air Asia. While I was studying, my dream was to help with the finances of my home. The workshops organized under the USF exposed me to various areas of life and with each participation, my confidence levels grew and I could see visible signs of personality development. After completing graduation I joined India Infoline Finance limited as a Customer Care Executive. Along with the job I also did my post-graduation. I also did a diploma in Aviation at Frankfinn Institute of Air hostess training Jaipur.

Kolkata

Founding Year: 2007

Number of Shalinis in 2021-22: 1034

Number of Shalinis inducted in 2021-22: 287

Number of Shalinis impacted since inception: 2567



Sweta Addya

Udayan Care not only teaches you how to dream but also helps in making them a reality. USF gave the daughter of a small stationary shop owner the opportunity to be a Covid-19 fighter. I became a Shalini in 2013 and armed with the scholarship support I was able to emerge stronger and chase my dreams even more fiercely. I joined General Nursing & Midwifery at Asia Heart Foundation and eventually in 2019 was hired as a Staff Nurse at R.G. Kar Medical College and Hospital. My services during the Covid-19 pandemic were recognized by the Trained Nurses Association of India and the Rotary Club of Suncity, Kolkata.

Kurukshetra

Founding Year: 2004

Number of Shalinis in 2021-22: 164

Number of Shalinis inducted in 2021-22: 40

Number of Shalinis impacted since inception: 620



Diksha

I was inducted into the USF program in 2013 and the workshops helped me learn various life skills, take responsibility for my own life, and strengthen my family. I got the opportunity to attend many training camps which helped me gain immense knowledge and improved my communication skills. I am deeply inspired by the USF Convener Dr. Sushama Sharma who mentored and supported me to excel in life. I secured 87% in my 12th board exams and took admission at Kurukshetra University for B.Sc. Electronics and also started preparing for Govt job exams. I cleared four exams and have joined the PWD B&R department as a clerk.

Mumbai

Founding Year: 2016

Number of Shalinis in 2021-22: 169

Number of Shalinis inducted in 2021-22: 40

Number of Shalinis impacted since inception: 200



Rupa Madanlal Gupta

As I completed my graduation, I was well aware of my family's circumstances and was very clear that I needed to support my family. I had done a couple of internships and part-time jobs provided by USF right after completing my H.S.C exam. Seeing my hard work and determination to excel I was hired at USF South Mumbai as an Assistant Program coordinator. I am now placed at Ernst & Young. Being associated with USF has helped me become what I am today, has given me various opportunities, boosted my confidence, and given me hope to achieve my dreams. The workshops that are conducted have helped me face the interviewer with confidence, taught me workplace management, and a lot more.

Nashik

Founding Year: 50

Number of Shalinis inducted in 2021-22: 50



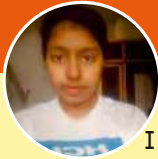
Prachi Ingole

After passing my 10th with good numbers, I came to the college where I heard about USF. To my surprise, there was no admission fee or joining fee for participating in the written exam and the subsequent selection process. I participated in all the stages of the selection process and was fortunate enough to get selected. From there I started my new journey with USF. I feel very happy and excited that I can contribute to my education with the support of the fellowship. USF gave me the confidence that I will, one day, fulfill my dream of becoming a data scientist.

Shining Stars

Noida

Founding Year: 2019
Number of Shalins in 2021-22: 140
Number of Shalins inducted in 2021-22: 50
Number of Shalins impacted since inception: 140



Maansi Bhardwaj

I joined the USF Noida chapter in 2019. I come from a family of 7 and my father is a factory worker. I have always dreamt of becoming a football coach. I wish to pursue the 'D-License' course in the near future which will make me qualified to become a coach or a trainer. I have played in various tournaments over the years. USF has motivated me to accomplish my goals and develop into a skilled person. The team-building and leadership workshops at USF will prove to be fruitful for my career as a coach. I am really thankful that I got to be a part of USF as it helped me realize what my ambition was and how can I work to achieve it.

North Delhi

Founding Year: 2002
Number of Shalins in 2021-22: 303
Number of Shalins inducted in 2021-22: 70
Number of Shalins impacted since inception: 1392



Komal

I lost my father in 2012 and after that my brother, who is an auto driver, played the role of a brother and a father. If my mother and brother had not backed me in joining the CA course in 2015 then today I would not be a Chartered Accountant. I remember covering long distances on foot as I had no money to travel. A dream does not become reality through magic, it takes determination and hard work. The biggest support came from Udayan Care which is my second family. The change USF brought in my life has changed the fate of my coming generations. Today, I am working as a Management Trainee in the Finance Dept of Vedanta Limited Jharsuguda, Odisha on a 12 Lakh per annum package.

Panchkula

Founding Year: 2017
Number of Shalins in 2021-22: 209
Number of Shalins inducted in 2021-22: 50
Number of Shalins impacted since inception: 230



Sonam

I am pursuing my B.Sc in Biotechnology with support from USF. It has motivated me to be a top scorer at my college. I also won the quiz competition organized by Chandigarh AIDS Control Society with a cash prize of Rs. 50,000 on the regional level and qualified for the National Level Competition. Who would have thought that a girl whose father is no more and her mother works as a cook would reach such heights? I dedicate all my success to USF where I was able to improve my academic skills under the guidance of my mentor and senior Shalins.

Phagwara

Founding Year: 2012
Number of Shalins in 2021-22: 172
Number of Shalins inducted in 2021-22: 40
Number of Shalins impacted since inception: 350



Anjali

I was determined to pursue my goals and got selected for the USF in 2017. I strongly believe that by achieving small goals, we get the courage to achieve big ones in our life. At the beginning of the USF workshops, I didn't have the confidence to communicate my views to others. But I got inspired by the mentors of USF. They always kept me motivated to achieve my goals. Udayan care has not only provided me with financial aid but has also given me the strength and courage to face my fears. Now I work in the Indian postal department and support my family.

Pune

Founding Year: 2018
Number of Shalins in 2021-22: 229
Number of Shalins inducted in 2021-22: 50
Number of Shalins impacted since inception: 244

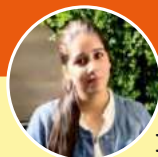


Poonam Tupe

I aspire to become a Computer Engineer. Currently, I am in the first year of Computer Engineering at DJ Patil College, Pimpri. My parents are very supportive and motivate me to give my best. I take active participation in the USF workshops. Through USF I have learned I am really good at teaching, so I thought to put my talents to good use. Now I have contributed 70 hours to teaching at Door Step Schools. USF has helped me to develop my personality and learn new skills. I believe that with the help and support of my parents and USF I will definitely achieve my goal.

South Delhi

Founding Year: 2014
Number of Shalins in 2021-22: 169
Number of Shalins inducted in 2021-22: 30
Number of Shalins impacted since inception: 393



Farheen Fatima

I got selected for USF in 2014 and my life took a beautiful turn. I always wanted to become a teacher and this fellowship has shown me the direction to achieve my dreams and fulfill my wishes. I was a little afraid to share my feelings in front of large gatherings. This program has instilled a sense of confidence in me that I can do anything I want. Currently, I'm working as TGT English in a school, something that I have always wanted to do. I got a lot of guidance from Sanjeev sir and Deepak sir. I am so thankful to the USF Program for showing me the way, for believing in me, and for bringing change in the lives of so many girls like me.

Shining Stars

Thane

(West Mumbai)



Founding Year: 2018
 Number of Shalinis in 2021-22: 152
 Number of Shalinis inducted in 2021-22: 45
 Number of Shalinis impacted since inception: 155

Nikita Nanasahab Kadam

You can do anything as long as you have the passion, drive, focus, and support. I aspire to be a DJSP and am committed to achieving my goal. I never miss out on good opportunities so when I got an opportunity to be a USF Shalini, I took it with great pleasure. Now, I am glad to have been a part of USF as I get to participate in its external link activities, courses, programs, and workshops. I work part-time with USF, assisting in the West Mumbai Chapter, in addition to preparing for the Competitive Public Service Exams.

Vadodara

Founding Year: 2018
 Number of Shalinis in 2021-22: 227
 Number of Shalinis inducted in 2021-22: 56
 Number of Shalinis impacted since inception: 233



Isha Sharma

My dream is to join Indian Air Force and become a fighter pilot but I was not aware of the journey ahead. With guidance from my USF mentor, I joined NCC and experienced the CAT camp that it conducts every year. During the Camp, I learned about Aeromodeling, Aero engines, and stimulator flying. I believe that it is possible to achieve a dream when you have the right support. I am extremely grateful to the USF team Vadodara for helping me in this journey to become a fighter pilot.

PRAGNYA FELLOWSHIP

The Pragnya Fellowship program, launched in 2015-16, perpetuates the vision of our Patron and Trustee, Mr. Suresh Neotia, in whose memory this program was instituted.

It aims at empowering the financially-constrained but high-achieving students from our Udayan Shalini Fellowship and Udayan Ghars to pursue Post-Graduate education. With an equal emphasis on merit and need, the fellowship program supports their studies granting them flexible loan scholarships as well as mentoring support. The selected students are connected with successful professionals as mentors until the students are settled. This effective mentoring support and industry-specific counselling are intended to facilitate better employment and quality of life for these young adults.

No. of fellows
 since inception - 15

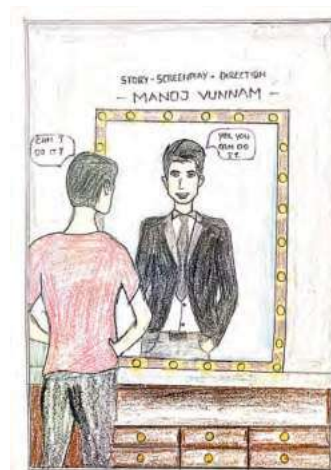
No. of beneficiaries
 currently- 02



Swapna



Anju



Manoj

A ROUND-UP OF ACTIVITIES



Agra Induction Ceremony



Aurangabad Alumnae Meet



Banking Operations workshop at Kolkata



Career Counselling Session Vadodara



Christmas Event at Chennai



CIRCA Session at Jaipur



Cleanliness drive at Mumbai



Daan Utsav celebrations at Dehradun



Defence workshop at West Mumbai



Dehradun Shalinis visit Old Age Home



East Delhi Orientation Ceremony



Farewell meet of Hyderabad Batch 2



Faridabad Induction Ceremony



Human Rights Day celebrations at Haridwar



International Women's Day at Dehradun

A ROUND-UP OF ACTIVITIES



International Womens Day Rally at Greater Noida



Kham River Cleaning by Aurangabad Shalinis



Kolkata Alumnae Meet



Kurukshetra Vaccine Drive



Laptop Distribution at Gurugram



Media Interaction North Delhi Shalinis



Mentor Mentee Meeting at Gurugram



Mumbai Graduation ceremony



Nashik Written Exam



One Day Cleanliness Drive at Jaipur



Personal finance management session at Vadodara



Phagwara Shalinis at Carnival Fair



Plog Run at West Mumbai



Pune Vaccine Drive



Ration Distribution by Greater Noida Shalinis

A ROUND-UP OF ACTIVITIES



Shalinis visit Bengaluru college



Slogan Writing Competition at Kurukshetra



South Delhi Christmas Celebration



Treasure Flea Market by Aurangabad Shalinis



Tree Plantation Drive at Haridwar



Unicef Meet at West Mumbai



Vadodara Shalinis visit Parul University



Walkathon by Bengaluru chapter



Women's Day Campaign at Noida



Tousheer

LETTER TO "MY FUTURE SELF"



Dear future Me,

How are you? Hope absolutely fine and doing well, glad to know you are a manager now. Your dream of becoming a manager and managing a company has finally come true. I remember how you used to think that this was barely possible to accomplish. Thank you for not giving up on yourself. I know how you used to be very procrastinating and a ever lethargic guy who used to be free minded. I know very well that you didn't even have any ambition, any goal of life. One day when you were on terrace looking at the sky saying, what is the purpose of my life?, why am I here and have no dream to achieve. Later you questioned yourself "Am I becoming a burden and a liability for my family?" finally you took a call to do something for your family and find a concrete goal .ie. you thought of becoming a manager cause this was something that appealed and created an interest in you. Your parent struggled along with you just because you could achieve what you aspi for. Udayan care has played a vital role in shaping up my career, as what all i have learnt has given me an edge over others. I recall those days how you used to wake up whole night and day work hard getting a pat on shoulder by your siblings. Thank you for believing in yourself.

Sujal Mallick

Course - Tally

Udayan care (East Vinod Nagar)

UDAYAN CARE IT PROGRAM

In the words of an IT Trainee

“

My name is Sujal and I am pursuing a Tally course from Udayan Care IT Centre (East Vinod Nagar). It has been one long journey of doubt and uncertainty until I reached here. I can say that Udayan Care's IT Program has played a major role in turning my life around. I come from an impoverished background but I always dreamt of being a manager. The conditions of my family led me to believe that I can never fulfill this dream. As a result, I was living an aimless life until one day I decided to take charge of my life and do something. That's when Udayan Care's IT Program came as a promising opportunity for me.

When I joined the centre, I came to know that Udayan Care IT Program aims to empower youth through digital literacy and job-oriented skill and employability training through its 16

centres located in 3 states. The program originated from the vision of Udayan Care towards family strengthening, community development and skill building. I must say that the concept of extending skill development training to the young member of a family in need of financial support is quite remarkable. Moreover, the program reaches out to the youth belonging to lower socio-economic strata in urban slum and village areas. It does not just stop with the training but arranges **job placements** for the students so that they can at least start with an entry-level job.

Ground situation

More than 54% of India's population is below 25 years of age and 62% of India's population is aged between 15 and 59 years. This demographic dividend is expected to last for the next 25 years (National Policy for Skill Development and Entrepreneurship).

As per Niti Aayog's set objectives in "Strategy for New India @75", goals to be met until 2022-23 is to increase the proportion of formally skilled labour from the current 5.4% of India's workforce to at least 15%, ensure inclusivity and reduce divisions based on gender, location organized/unorganized etc.

Placements offered

New employers connected



Total students placed



Placement field	Percentage	Count
Accounts	10%	72
Graphic Designing	5%	37
Telemarketing/Sales Exe/Voice process	27%	188
Data operator	31%	211
Trainings/Advocacy	4%	30
HR/Admin	4%	30
Front Desk/Receptionist	3%	24
Backend	13%	93
Entrepreneur	1%	6
Total	100%	691

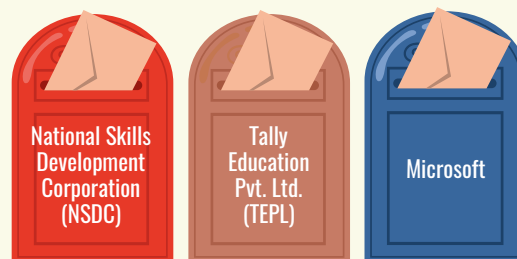
While it might come across as a program that is strictly technical and where we are just training in various IT courses, the reality is very different. Yes, it involves **short-term job-oriented** courses designed for the youth who are not regularly involved in any academic program, but it also goes beyond that. Our centres organize **workshops, co-curricular activities**, industry expert sessions, career guidance, cyber awareness, social campaigns, and exposure visits to different workplaces to boost our confidence and open our horizons of learning. There is also a dedicated staff for **specific training on personality development, soft skills & English communication** for the students.

The Centre I train at provides the best resources, both in terms of the infrastructure and people at **highly subsidized fees** even substantial freeships & concessions. It is a well-organized computer centre with all the **necessary facilities and high-end infrastructure**. There are **separate teams** for the training & assessment process, placement of students, internship opportunities, retention rate study, etc. I was amazed to see the strong **alumni network** that connects with us and motivates us towards "Giving Back". We often do various activities where we help others and feel a sense of contentment ourselves. I have come a long way from being a dependent person to a change-maker.

Courses & Certifications Offered

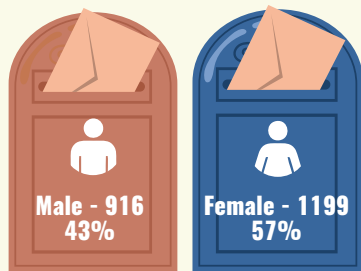
Name of the course	Age group of targeted beneficiary	Course duration
Domestic Data Entry Operator (DEO)	18-25	4 Months
Accounts Executive	18-25	3 Months
Desktop Publishing (DTP)	18-25	4 Months
Customer Care Exe. (CCE) Domestic	18-25	2 Months
Community Technology Skills Programme (CTSP)	14-18	3 Months
Accounts Exe (Tally Prime)	18-25	3 Months
Graphic & Print Design	18-25	6 Months
Diploma in Computer Application (DCA)	18-25	6 Months

Certifications & accreditations



Being a part of Udayan Care is like being a part of one big family. Even during Covid-19, it supported us through its Emergency Response Fund (ERF) which offered basic support such as daily rations. There was a fundraising campaign to raise money for needy students and the staff of all the IT centres generously contributed their 1-day salary to help them. Our classes shifted to online mode and many of us were given smartphones and laptops to ensure we don't lag behind in our training. I really appreciate such efforts as they make you believe that you are not alone.

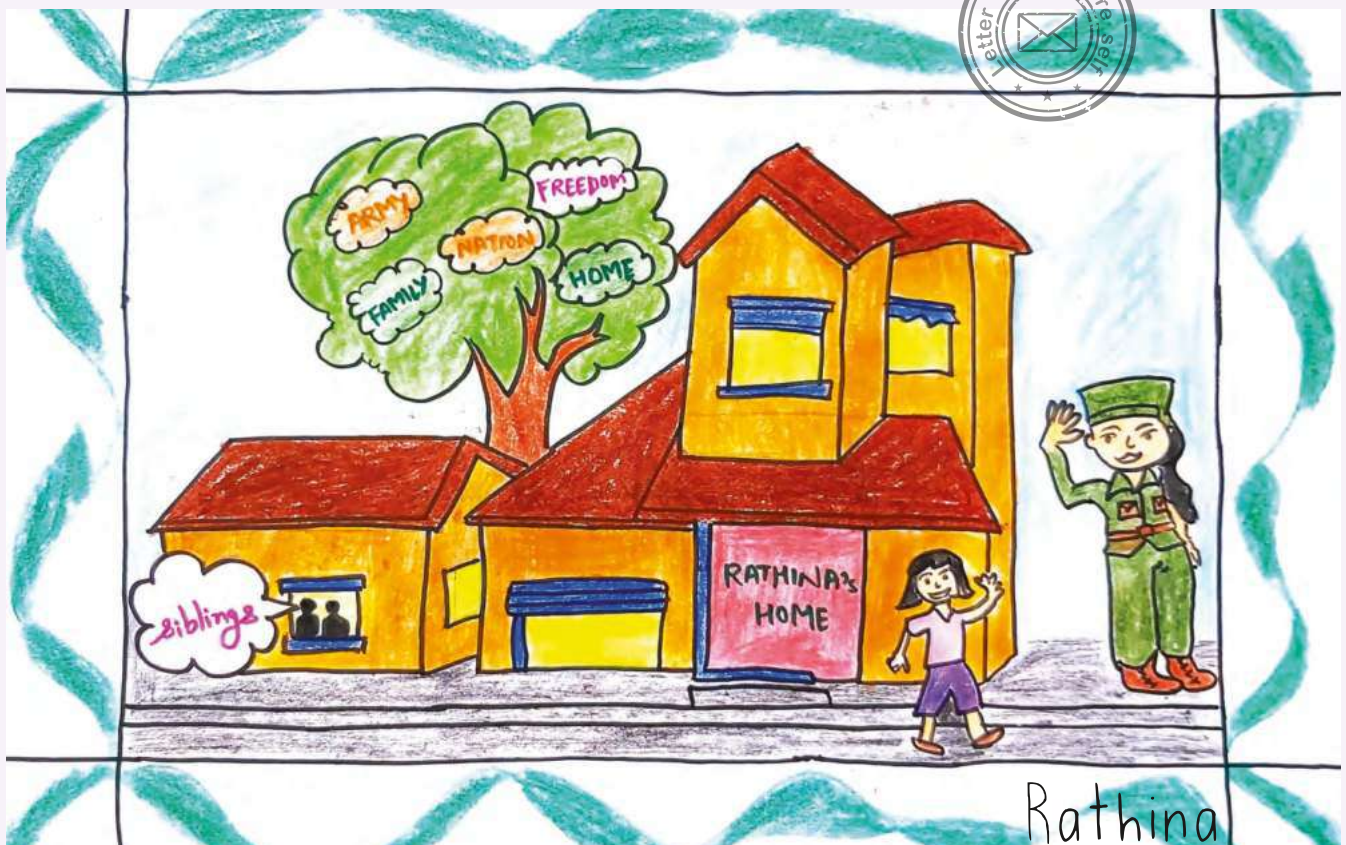
Gender ratio of beneficiaries



Udayan Care IT Program has brought a positive change in my life and made me a capable candidate for employment opportunities. It has not only empowered me as an individual but strengthened my family as well. I am gradually becoming competent enough to support my family which has always stood up for me and encouraged me to follow my dreams. I have developed a confident personality where I can face interviews with a sense of self-worth. I am optimistic that great things lie ahead for me!

Salary range of students placed (Rs/month)

Salary range	%	Count
Between 8000 to 12000	43%	297
Between 12001 to 14000	9%	62
Greater than 14001	25%	175
Below 8000	23%	157
Total	100%	691



A ROUND-UP OF ACTIVITIES

Yuwaah's #Young Warrior Movement

Yuwaah's Young Warrior Movement is an initiative taken by UNICEF to create awareness about protecting oneself & others from COVID-19. They have motivated several communities to be vaccinated through this initiative. The Young Warrior Movement was a 3-month goal to engage 5 million youth across the nation. More than 1500 students from Udayan Care IT Centres got connected with the Yuwaah's campaign and participated in an activity broken into 4 structured steps: Taking a pledge as a #young warrior, Getting informed about a specific theme e.g. Vaccination, Undertaking various actions ranging from easy to difficult, Spread the word and help recruit more #youngwarriors.

Youth Leadership Summit 2021 by GCF India

On the glorious occasion of 152th Gandhi Jayanti GCF India organized a youth leadership summit on 2H "Hunger to Health" & 2E " Education to Employment" aiming to highlight innovative initiatives and explore optimum means to a roadmap of SDGs in the current age of pandemic. The students of Udayan Care IT Centre took the initiative to be a part of this event and picked up the theme "Education to Employment". A team of students decided to portray a story about one of our beneficiaries named Kavita (Noida IT Centre) through a role-play. Their excellent presentation earned them a rank in the top 6 acts and got selected for enactment as the final presentation before the UN representatives.



Student participation certificate

Daan Utsav (Joy of Giving Week) 2021

This year all our IT Centres once again took the initiative to celebrate the joy of giving through Daan Utsav. A group from Vinod Nagar Centre organized a "Nukkad Naatak" in a slum area to create awareness about the vaccination and how young children can be protected from coronavirus, whereas the Badarpur Centre students packed some hygiene kits with Covid-19 essentials and distributed the same in a nearby slum community. The Narsinghpur Centre students stitched masks for the young children and distributed them to an NGO and the Noida & Vijay Nagar team visited an organization that is intensely working for the children coming from the low economic background whose parents are working as daily wage earners on construction site. Our young, motivated students contributed money from their pocket to purchase stationery kits & food items for the little children to create a big smile on their faces.



Nukkad Natak

Life skills training session by Modicare Foundation

HCL - Udayan Care Yuvakendra (Noida Sec 57) collaborated with Modicare Foundation to organize a 5-day life skills training program as part of a Mental Health Initiative under their program called "Ambassador of Changes". During the program, well-trained facilitators focused on specific topics like - adulting, peer pressure & bullying, substance abuse, child sexual abuse, and gender equality. The aim of these sessions

was to cater to the psychological needs of the centre youth by equipping them with the social and interpersonal skills that enable them to cope with the demands of everyday life. 80 youths from our IT Centres took part in this certified training program and learned to build self-confidence, courage, critical thinking, independence, form interpersonal relations, and communicate more efficiently.



HCLF visit

Inauguration of 15th & 16th IT Centre

On 11th October 2021, our 15th IT Centre was inaugurated in Faridabad with the kind support of ABB for the underserved community youth who are looking for a platform where they can attend formal training in IT courses which will help them get a kick start for their career.

Our 16th Computer Learning Centre was inaugurated on 30th March 2022 in Kasna (Greater Noida). The centre is established with the kind support of Mercer Consulting India & Shikshadaan with the purpose to provide training in job-specific short-term IT courses.



Inauguration of Faridabad centre

Exposure visit to ABB Plant

We believe in the overall development of youth through various activities and exposure visit is one of them. ABB, our project partner for Faridabad IT Centre, organized an exposure visit for all the students of our centre. 36 students visited their Faridabad plant. This was the first experience for the students where they familiarized themselves with the concept of the workplace. ABB staff was kind enough to extend their valuable time to the students to make them aware of how the factory is working through a PowerPoint presentation as well as the live functioning of machines.



Exposure visit

Session on Cyber Security

We conducted a wonderful session for the students of our Noida IT Centre on Cyber Security. The two-hour long session was taken by Mr. Rakshit Tandon (Consultant – Internet and Mobile Association of India, CBI Haryana Police, and founder-director Hackershala) who talked about Ransomware, Phishing, Data breaches, cyberstalking (harassment), and financial fraud. Other than this, he suggested ways, how to protect our data and what platforms are available to lodge complaints in case of cybercrime. It was an interactive session between resource persons and students. Our female students were specifically counselled by Mr. Tandon to use social media platforms carefully. The students learned about the two-step verification to protect their digital accounts.

Stories of Hope



Nikhil

Noida IT Center

Nikhil wanted to become an entrepreneur and was passionate about bike riding but the circumstances of his family changed after the death of his father. His mother and younger sister depend on him and at the young age of 18 he had to look for a job to support his family. Nikhil connected with HCL-Udayan Care Yuvakendra, Noida where he was trained in technical and soft skills. Due to our collective efforts, he was placed at Rex International Noida as an Assistant Accountant. He has also kept in touch with his studies and is currently in the first year of B.Com.



Jyoti

Vinod Nagar IT Center

Jyoti grew up in an underdeveloped area in Badarpur and completed her schooling at a state government school. She was pursuing graduation through distance learning and wanted to contribute to her family expenses. Her father who is working as an operator in a printing press supported her in doing a Graphic Designing course from our Vinod Nagar Centre. Jyoti gave her best to be a graphic designer and worked hard on her sketching skills to prepare samples before implementing them into the software. After completing her training she got selected by a company called IBA Crafts Pvt Ltd. (Noida) where she started working as a Graphic Designer.

SKILL DEVELOPMENT CENTRES

Based on Udayan Care's mission 'to enable every adult the dignity of self-reliance', this program was created to provide vocational skills to young girls and women from low-income families to become financially independent. The 1st Skill Centre started in Greater Noida in the year 2004, where we had vocational courses such as beauty courses, tailoring, art & crafts in addition to computer training. In 2019, Udayan Care took the initiative to set up a Skill Centre at Srinagar (Uttarakhand) which was later shifted to Pauri in 2020. The objective of our skill centres is to create a talent pipeline by equipping aspirants with skills in specialized areas such as basic computer software, multimedia, accounting, hospitality, sewing & embroidery, food preservation, beauty, yoga training, and other emerging and demanding trades. We envisioned a skill centre as a hub for courses that could support the livelihood of the young women by training them in courses of their choice, making them employable/entrepreneurs and thus, helping their families be more financially independent.

Objectives of the Program

- Provide professional training in vocational courses to girls and women in order to extend their livelihood opportunities and long-term career growth.
- To empower disadvantaged girls and women with informed choices/decisions and actions related to personal, financial, and social upliftment.
- To empower holistic growth and development of families in underprivileged communities.
- To aid personality development and communication as a core component of youth learning and education, and promote job readiness.

Salient Features of the Program

- A wide range of courses
- Highly subsidized fees, including freeships
- Playrooms for kids while mothers are training

Events

Laptop Donation

The number of students at our Pauri centre has increased to almost 70. Among these, we have 39 computer and Hindi typing students. We received the kind donation of two more desktops as well as two laptops for the new students.

Citizen's Entitlement Advice Centre

We have opened a Citizens' Entitlement Advice Centre in our Pauri Centre, from which we inform the local people of Pauri Garwhal, Uttarakhand of State and Central government grants/loans and other facilities to which they are entitled. During Covid, we enabled six school children to obtain tablets so that they could attend virtual school classes. We also helped four other citizens to apply for grants/loans under other government schemes. We continually update our database so that the citizens get knowledge of all schemes to which they are entitled. We also help the locals to fill out and submit their applications and we keep following up on the progress of their applications.

Sukriti- A label to stand out

We at Udayan Care are proud to present the range of products created in our Skill Centres under the brand name 'Sukriti', meaning 'beautiful handcrafted creations'. It is an eco-friendly brand wherein the products are handmade and zero-waste. The staff and students are the driving force behind Sukriti, producing beautiful, creative work, which reflects the essence of Udayan Care as an entity that cares for and looks after the welfare of women and children, empowering them to become self-reliant and independent.



PRODUCTS



Home & Living

We have launched our handloom, khadi, block printed lifestyle collection.

Accessories

We make jewelry from enamel artwork, beads, and terracotta.



Apparel

We offer an eclectic selection of sustainable fabrics and dress materials.

ADVOCACY RESEARCH & TRAINING



Advocacy, Research & Training (ART)

A.R.T. signifies the Advocacy, Research & Publications, and Trainings portfolio of Udayan Care. Our advocacy efforts explore different aspects of policy and practice around Alternative Care for children and youth through research, publications, consultations, trainings, seminars, and workshops. Besides developing recommendations for policy and legislative reforms to training practitioners on standards of care, we also design material on various aspects of Alternative Care: ART works to amplify



Sapna Kumari

the work we do for child and youth care at global, national, and local levels. It works with the aim of influencing legislation and policies, contributing to care reforms, gathering evidence of good practices for child and youth care, and demonstrating good models on transition planning and aftercare for children in Alternative Care. We also undertake research and small-scale studies that bring the voices of children, youth, and stakeholders together and make recommendations for care reform. Our capacity-building sessions enhance the knowledge, skills, and practices of children, youth, and duty-bearers.

The A.R.T.'s portfolio includes:



CONFERENCES AND PRESENTATIONS

We partnered with 7 leading organizations to convene the 4th BICON. Started in 2014 as a biennial international forum, by Udayan Care, to bring stakeholders from South Asia together, the 4th one was the biggest conference ever on Alternative Care in Asia, and organised by 8 organisations, Udayan Care being one. Held virtually on December 8-9, 2021, the 4th BICON was focused on strengthening the rights of children without parental care and preventing family separation. It had over 390 registrations in the 2 days, with deliberations over 23 sessions by 48 speakers from 19 countries. Held right at the heels of the DGD, the BICON has become a regional momentum for care reforms in Asia.

We made 5 submissions gathering children and Care Leavers' voices for the 'Day of General Discussion: Children's Rights and Alternative Care', UN DGD, held on September 16-17, 2021 facilitating advocacy and awareness around the importance of this day as well as ensuring that voices from the country and region reach the UN Forum.

Dr. Kiran Modi, our Founder and Managing Trustee, was a part of the prestigious online forum of 'International 5th World Congress on Resilience', held on May 26-28, 2021, Cameroon, where she presented the findings of our longitudinal study titled, 'Trauma Informed Care and Resilience: Longitudinal Assessment of a Unique Alternative Residential Child Care Model'.

Dr. Modi along with Leena Prasad, our Associate Director, A.R.T, presented the proposal on June 18, 2021, to the 'Transition Working Group', a collaborative platform led by Better Care Network, to form a sub-group on Aftercare and engage with Care Leavers.

Findings from our 10-year-old QANCC longitudinal study along with standardization of the tool were presented titled 'Putting Children First: Changing the Narrative of looked after Children in India', at 'EUSARF Conference XVI, 2021: The Perspective of the Child', September 1-3, 2021.

Findings from the study titled, 'COVID Impact on Care Leavers of Aftercare Outreach Program' in Indian settings' were presented at the 'ISPCAN Milan Conference: Voices of Care Leavers', June 7-11, 2021.

The key takeaways of the '1st International Care Leavers Convention, 2020', November 23-25, 2020 were presented at the 'NACCW 23rd Biennial Virtual Conference', October 5 – 6, 2021. The Voices of Care Leavers and the key takeaways of the 1st International Care Leavers Convention, 2020 were also presented at the 'NACCW 24th Biennial Conference, 35th FICE International Congress', October 5-6, 2021.

A conceptual paper titled, "Breaking the Link between Educational Exclusion and Social Boundaries: Making a Difference," was presented at the 'Fourth Biennial Contemporary Childhood Conference', Scotland on September 9-10, 2021.



The poster features the Udayan Care logo (a colorful dot pattern) and the tagline 'Where young lives shine'. To the right is a circular seal with the text 'Letter to my future self' and a globe. The main title is 'PRESENTATION AT 5TH WORLD RESILIENCE CONGRESS, CAMEROON'. Below this, a green banner contains the text: 'TRAUMA INFORMED CARE AND RESILIENCE: LONGITUDINAL ASSESSMENT OF A UNIQUE ALTERNATIVE RESIDENTIAL CHILD CARE MODEL'. The names of the presenters are listed below: 'Gurneet Kalra, Anna D. Bartuska, Michael Belden, Kiran Modi, Sumedha Ariely'. At the bottom, there is a grid of eight small video call windows showing participants. Below the grid, the text reads: 'A 6 year longitudinal study on Udayan Ghar Model to explore the associations between the number of PTEs, children's upbringing, care home's environment and it's positive mental health outcomes.'

Resilience Conference Poster

Findings from a study titled “Compassion for the Caregivers: An Indian perspective on the burnout of caregivers for children in CCI,” were presented at the “VIII Seminar on the Quality of Childcare Services for Children and Adolescents: 2nd International Webinar” on November 24, 2021. Dr. Kiran Modi and Ms. Akansha Arora, Advisory Board Member, Udayan Care presented the study, which explores the outcome of a proactive and systemic approach to address the overall health and capability of caregivers, in turn enabling them to support the holistic and integral development of orphaned and abandoned children in their care.

RESEARCH, PUBLICATIONS AND KNOWLEDGE PRODUCTS

A first ever monthly news round-up on Alternative Care, 'Caring Right for Children' was published every month, starting from April 2021, bringing the latest news, updates, resources, job opportunities, from India, Asia, and across the globe.

'The Role of Long-term Mentoring in Alternative Child Care Settings', a research paper was published in the 'Child Abuse & Neglect' journal, in April 2021.

'Education, Poverty and Social Exclusion: Assessment of Youth Leaving Care' was published in 'SN Social Sciences Journal', in April 2021, which examines the inter-relatedness of education, poverty, and social exclusion among Care Leavers through secondary literature and empirical data from Udayan Care's national study.

'Alternative Care in the Times of COVID in India: Udayan Care's Response', was published in 'The Therapeutic Care' Journal, June 2021, with an aim to assess the impact and associated potential risk factors of children living in Alternative Care with particular focus on the Indian scenario.

'COVID, Its Impact on the Mental Health of Caregivers in Childcare Institutions of South Asian Countries and Their Coping Techniques: Analysis of the Caregivers in Childcare Institutions Using Data from Seven South Asian Countries' was published in 'Institutionalized Children Explorations and Beyond', in September 2021. This was based on our study to determine the impact of new stress and the coping patterns of caregivers during COVID-19 in South Asian countries, including Afghanistan, Bangladesh, India, Maldives, Nepal, Pakistan, and Sri Lanka.


'A Critical Analysis of the Recent Developments in Alternative Care Space across South Asia amidst the Covid-19 Crisis' was published in 'The Scottish Journal of Residential Care' in September 2021.




Poster of research paper

'Assessing the Impact of the Transition Process on Care Leavers of Udayan Ghars', another research paper, was published in the 'Relational Child and Youth Care Practice' Journal in December 2021. The paper aims to understand and assess the situation of Care Leavers, who are now alumni of Udayan Care.

'Standardization of a Participatory Questionnaire to Assess the (Fulfillment of) Needs of Children in Care (QANCC) In India', a research paper based on findings from the longitudinal study, was published in 'The Journal of Child and Adolescent Trauma', in November 2021, which illustrates how listening to the direct voices of children and incorporating their inputs into actual care practice, can go a long way in improving the holistic wellness of children living in an Alternative Care setting.



A CRITICAL ANALYSIS OF COVID, ITS IMPACT ON MENTAL HEALTH OF CAREGIVER'S IN CHILDCARE INSTITUTION(CCFs)



AUTHORS
Kiran Modi, Gurmeet Kalra, Leena Prasad, Rajeshwari Narsimha & Jyoti Singh

JOURNAL
COVID, Its Impact on the Mental Health of Caregivers in Childcare Institutions of South Asian Countries and Their Coping Techniques: Analysis of the Caregivers in Childcare Institutions Using Data from Seven South Asian Countries

For further details contact:-
icbjournal@udayancare.org

INTRODUCTION

During the lockdown, the sole responsibility of development and safeguarding of children, the stress about ensuring every child receiving adequate care, including managing their internal, interpersonal conflicts, inability to take leave to meet their own families, due to constraints of not enough in-house staff, even managing online resources to keep children's education continuing, without being equipped for it, had taken a toll on the mental health of the caregivers, who resided with children, locked up in the homes, as the entry of the outsiders was not permitted.

OBJECTIVE

The paper aims on focusing on the mental health of the caregiver's who work at the childcare institutions during the pandemic in 7 SAARC countries namely Afghanistan, Bangladesh, Maldives, Pakistan, India, Nepal and Sri Lanka

METHADODOLOGY

Literature synthesis, or secondary data collection.

The pandemic and the South Asian Response

INDIA

In India, caregivers (24%) stated that their family members' salaries were also deducted to a large extent in COVID times.

AFGANISTAN

Caregivers of Afghanistan (9%), stated that children and/or CCFs staff had been diagnosed with the disease in their CCFs.

NEPAL

While analyzing the impact of COVID on jobs of caregiver's family members, a majority (57%) of them stated that their family members have been laid off during the pandemic and this was more prevalent in Maldives, Nepal and India.

BANGLADESH

Caregivers of Bangladesh (9%), stated that children and/or CCFs staff had been diagnosed with the disease in their CCFs. Caregivers from Bangladesh (72%) was found to resist from following COVID protocols within their CCFs.

PAKISTAN

Caregivers from Pakistan had less cordial relationship with the children in comparison to the caregivers from other countries. Caregivers from Pakistan (65%) was found to resist from following COVID protocols within their CCFs.

MALDIVES

Caregivers of Maldives (100%), stated that children and/or CCFs staff had been diagnosed with the disease in their CCFs.

SRI LANKA

Sri Lanka has only 11% of caregivers across the country and among which more caregivers are females as compared to the men and who belong to the age of above 35 years.

CONCLUSION

Amongst the caregivers supporting their family members financially, majority of them were males and this trend was prevalent (89%) in most of the countries, except for Pakistan where 45% of the caregivers disagreed on this statement. While analyzing the impact of COVID on jobs of caregiver's family members, a majority (57%) of them stated that their family members have been laid off during the pandemic and this was more prevalent in Maldives, Nepal and India.

The most common factor of salary deduction, the social distancing norms and the fear of losing a family member due to the pandemic effected the caregiver's mental health.

RECOMMENDATIONS

Management should consider inviting mental health staff to participate and interact with caregivers; they may pick up on concerns or issues that staff are struggling with. Provision of opportunities for virtual social connectedness for all staff is required. Active listening is the key point, where it is important to ask these caregivers what they want instead of immediately giving suggestions. Good quality communication along with accurate information updates is required.

Caregivers need to be trained regarding good work-life balance along with incentivizing healthy behaviors among them. The institution can also allocate separate crisis teams to provide direct support to the caregivers and schedule weekly meetings to discuss the matters of interest on a regular basis. This would encourage the caregivers to connect more easily with the team members and seek help during distress without any hesitation.

Publication on Alternative Care

"Assessing the Impact of COVID-19 and the Support Provided to Youth Leaving Care in India" was published in the 'Youth Journal', in February 2021. This study aimed to assess the impact of COVID-19 on Care Leavers' journeys and well-being, and the support received through the Aftercare Outreach Programme (AOP).



Dipti Dhaware

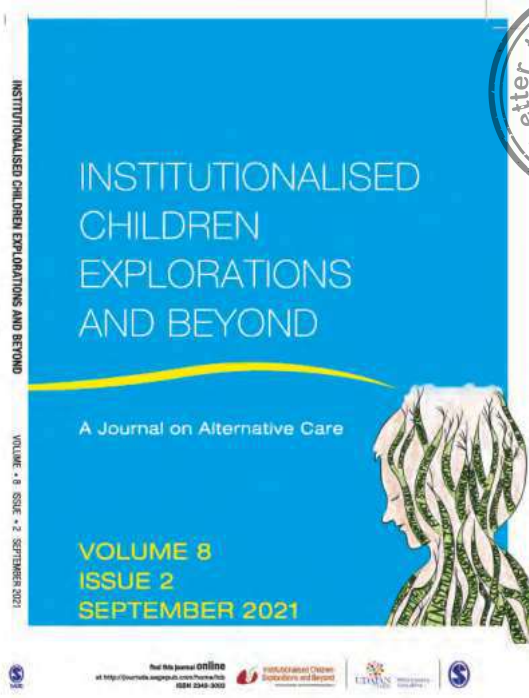
INSTITUTIONALISED CHILDREN EXPLORATIONS AND BEYOND (ICB)

Two issues of 'Institutionalised Children Explorations and Beyond' (ICB) were published in partnership with SAGE publications in the reporting period. Volume 8 Issue 1, published in March 2021, was the 15th issue of the academic journal which focused on the impact of COVID-19 on children and youth in Alternative Care. The 16th issue of the journal, Volume 8, Issue 2' focused on the general facets of Alternative Care and it does not only cover concerns regarding the pandemic but also issues related to the ongoing management of institutionalised children and those most in need of care and protection.

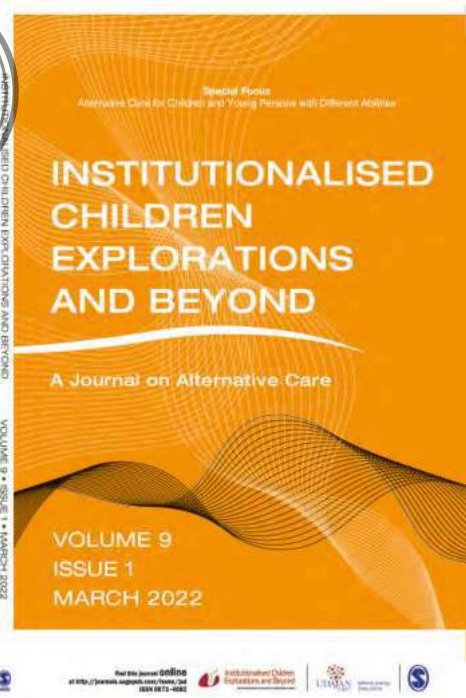
Events & Webinars:

ICB's Editorial Board, hosted a launch webinar for each issue of the journal, marking the broadening outreach of the journal. We organized a webinar titled, 'Impact of COVID on Children and Youth in Alternative Care', in collaboration with SAGE publication on March 25, 2021, hosting 50 participants with presentations from esteemed speakers including Mr. Niels Peter Rygaard (CEO, Fairstart Foundation and child psychologist), Mr. Martin Punaks (International development and child protection specialist), and Ms. Shubha Murthi (Deputy Chief Operating Officer at SOS Children's Villages International), Dr. Monisha Nayar-Akhtar (Founder of the Indian Institute of Psychotherapy, Editor in Chief- ICB), Dr. Kiran Modi (Founder Managing Trustee of Udayan Care, Liaison Editor, ICB).

The 16th issue of ICB was released in September 2021 with a launch webinar. Drawing on some of the experiences and the research evidence of leading researchers and practitioners in the field, the ICB team organized a webinar titled 'Impact of COVID- 19 on Mental Health of Caregivers in Child Care Institutions' on September 17, 2021. This webinar hosted 45 participants which brought together caregivers from Bangladesh, Sri Lanka, and India in conversation with experts including Dr. Kiran Modi (Founder and Managing Trustee, Udayan Care; Liaison Editor, ICB), Dr. Monisha Nayar Akhtar (Editor-in-Chief, ICB) and the moderator, Ms. Shubha Murthi (Deputy Chief Operating Officer at SOS Children's Villages International).



ICB 8 Cover



ICB 9 Cover

CAPACITY BUILDING FOR QUALITY CARE OF CHILDREN AND YOUTH IN ALTERNATIVE CARE:

Building Knowledge, Changing Attitudes, Transforming Behaviour and Enhancing Skills (The KABS approach by Udayan Care)

With the purpose of raising awareness and developing the capacity of everyone involved in child protection and Alternative Care in India, Udayan Care has developed a set of three unique curricula for children, youth, and functionaries. All the content is contextualized according to Indian legal, policy, and practice experience. The structured modules and facilitation guides in each curriculum enable consistency and quality of the training. Every module has a pre and post-assessment and feedback to understand the outcomes of the training.

For children in the age group of 15 to 18 years, our curriculum is named **“My Space-My Action”**. This is a self-reflection activity-based handbook to share with children about life skills, self-identity, adolescence including physical health and personal hygiene, managing emotions, self-care, protection from virtual world risks, developing independent skills like cooking, house management, financial, bank operations, communication, goal setting, etc. There are 10 modules in this package.

For youth in the age group of 18-25 years: The curriculum for care experienced young persons or Aftercare youth is named **“Work-Life Readiness”** and has 16 modules. Topics include knowing one's strengths and weaknesses, preventive healthcare, sexual health rights, career goals, the world of work, identity, citizenship, being safe in the virtual world, money management skills, effective communication, building resilience, and being a learner for life.

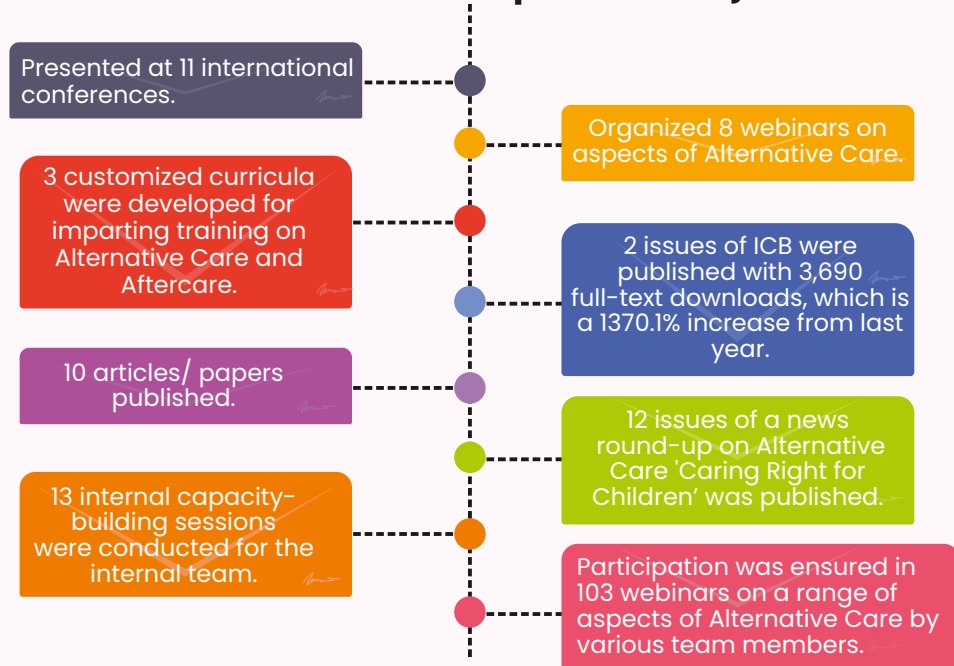
The curriculum for Functionaries is called the **“Alternative Care Training Curriculum” (ACTC)** and aims to cover all aspects of Alternative Care. It has been developed as a training resource for Master Trainers (MTs), aimed towards developing a cadre of trainers across India, and includes a Facilitation Guide to equip trainers for independent training on their own.

Principles followed across all sessions:

- Enabling a learning environment: The learning process is in the hands of the learner and the curriculums are designed to put them in charge.
- To reflect and act: The curriculum gives equal weightage to reflection and action, to allow them to learn from their own experiences and then have the ability to reflect and apply the inputs into their daily lives and work to maximize their learning effectiveness.
- The training methodology is as practical as possible, with group discussions, activities and case studies, videos, and other means that allow them to engage with problems. This experiential learning method allows for the learner to play an active role and creates space for experimentation.
- To create a fun-filled productive learning environment: The use of creative methodologies to bring lightness while discussing serious topics is included to ensure a productive and fun-filled learning environment.
- To create a safe and empowering space: The curricula create a space where learners can fully express themselves without fear of being judged or threatened because of their class, caste, gender, sexual and religious identities, and mental & physical ability.

So far, we have trained **54000 persons across 10 states in India** (Delhi, Kerala, Tamil Nadu, Odisha, Assam, Jharkhand, Gujarat, Telangana, Bihar, and Madhya Pradesh).

Numbers that made us proud in this year



THE WAY FORWARD

Being present at the right platforms is significant as it helps us learn the recent trends in law, policy, and practices on Alternative Care. Through our presentations to the global audience, we today have been able to show the work we do in India and at the same time learn from other good practices and improve our own standards of care. Last year we were able to listen to our children and youth and share their voices with the UN CRC DGD platform, which had dedicated the year 2021 to Alternative Care. DGD is the Day of General Discussion that the UNCRC has every year on a particular child rights theme.

Globally, with partners, we have facilitated the coming together of a Care Leavers community where youth are able to connect across continents and move forward with their agenda. We only play the role of a catalyst. We strongly believe that sustainable development can only happen by strengthening the direct voices of our children, youth, and communities.

Working for children and youth who are without parental care as well as investing in preventive measures that ensure there is no unnecessary separation of children from their birth families is a marathon. Alternative Care and Aftercare have in recent times gained more attention within the larger child protection work in India but there is a long way to go.

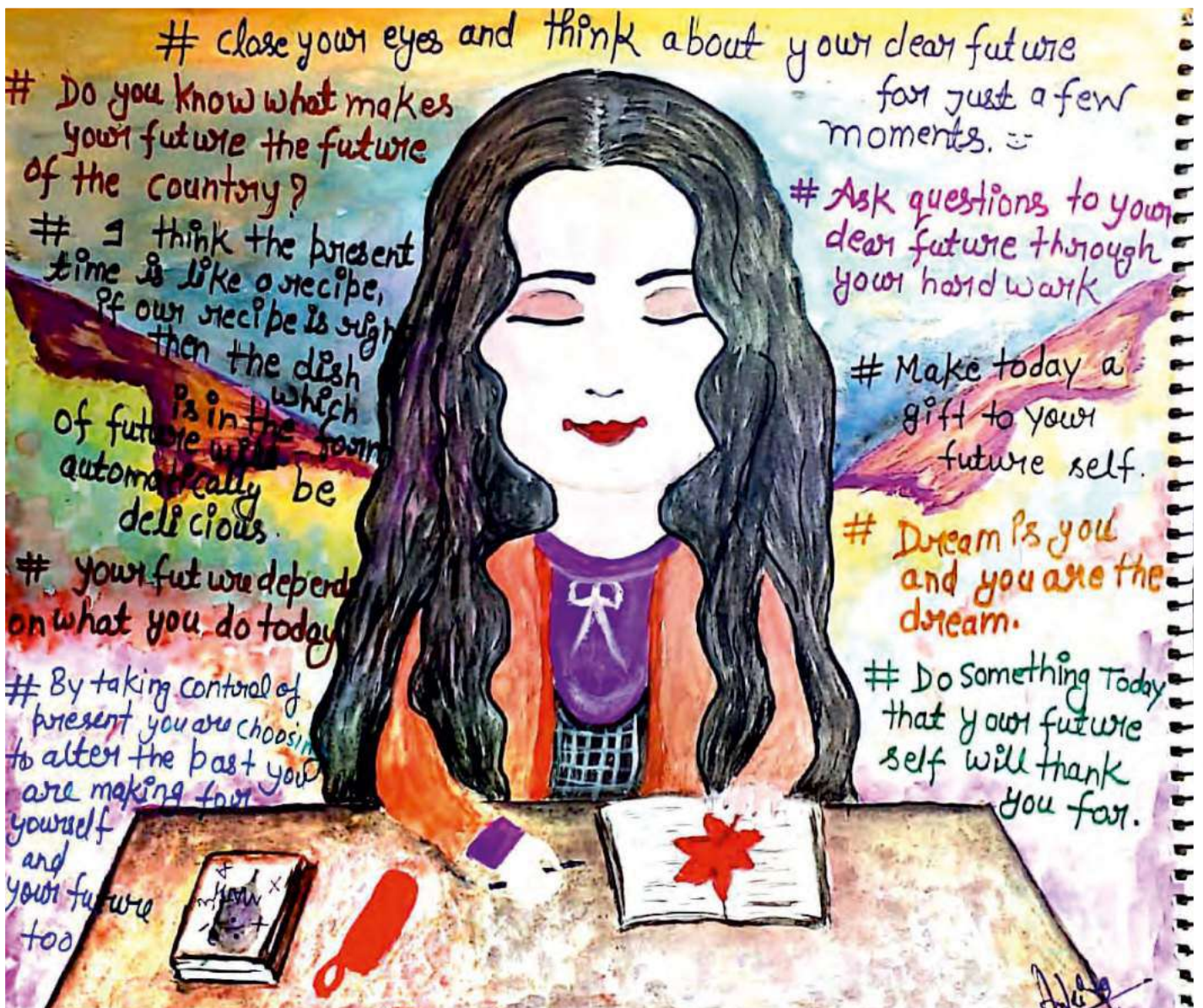
We need an enabling environment where families are supported to care for their children, and institutional care actually becomes the last choice, and even then it should be temporary. Family-based care choices such as foster care, sponsorship, kinship care, and adoption are areas that need greater attention. Aftercare is one piece that needs the attention of our governments more in terms of programming, budgeting as well as capacity building in child protection functionaries in India. Transition planning towards independent living is something that needs more and more impetus to reduce the challenges we face in aftercare today. The future of Alternative Care is that every child has a loving, nurturing and safe family to grow up in and thereby Aftercare will not be needed.

The future of A.R.T. also lies in working on family and community-strengthening initiatives that work on preventive and rehabilitative measures for child and youth care. Researching, sharing and working on systems strengthening and capacity building of the social workforce must also continue.

GLOBAL PRESENCE

With Love





Ankita

GLOBAL PRESENCE

While we are present in 33 cities across 15 states of India, our efforts in promoting the organization on a global scale have resulted in the incorporation of Udayan Care in the USA, Germany, and Australia. Through their donations and fundraising efforts, the global branches have enabled us to support more and more children, youth, and women across the country. They have helped us gain access to global expertise and understand how can we take our mission forward. Our international branches are the conduits for sharing knowledge and the impact of Udayan Care in empowering the undeserved sections of society. We hope that in the coming years we are able to spread our network to many more countries.

Udayan Care
USA

Udayan Care
Germany

Udayan Care
Australia

UDAYAN CARE USA

Udayan Care USA (UCUSA) was incorporated in 2009 by Udayan Care's international volunteers and donors, Jesse George-Nichol, Ricky Surie, and Seth Call along with Kiran Modi, founder of Udayan Care India. UCUSA was established to improve the lives of disadvantaged women and children in India and to spread awareness of their plight in the United States. In the second half of 2021 and the first quarter of 2022, UCUSA was excited to start three new *Endowment Funds* which our new, ambitious and generous donors helped us hugely. The interests earned from these endowments have started funding new, promising, and deserving girls for their college education via our *Udayan Shalini Fellowship (USF)* program. We profoundly thank our new donors: Sanjeev Dhand and his funding team of four members for initiating the *Dhand Endowment Trust Fund* and Anjaneya Puppala and his funding team of three members for initiating the *Sri Swami Shivom Tirth Endowment Fund* and the *Sri Swami Vishnu Tirth Endowment Fund*.

The current Board members are Deepak Sharma and Kiran Modi (India); Jesse George-Nichol (California); Shraddha Gupta, Minnie Singh, Rakhi Agarwal, and Anitha Kosanam (Ohio); and Netoo Sethi (Alaska). The Board's diverse geographic distribution promises increased awareness-building and fundraising efforts to further the goals of Udayan Care USA in the future.

Events

Shilpi Chatterjee, a long-time volunteer of the UCUSA, successfully organized two fundraisers during the fall 2021 Indian festival season, raising about \$545 and a lot of awareness.

Udayan Care USA also launched two online campaigns to support Udayan Care's Emergency Relief Fund (ERF), one during the summer of 2021 and the other during Giving Tuesday in November 2021. The funds raised went toward food and medical supplies for the Ghar and USF programs.

Donors

We are immensely grateful to all our donors, both individual and corporate, who came on board and gave us much-needed support. We thank our corporate donors who have continued with their annual significant donation pledges. These are F5 Networks (Synergeyes), Hewlett Packard, Gennx360, Google LLC, International Children's Network (Don Windham), and Global Giving.

We also would like to mention Trusts and individual donors, who contributed a significant amount: Rajiv & Latika Jain Foundation, James Sheppard Family Charitable Fund, Shilpy Chatterjee, Subhash Chaudhary, Abhimanyu Das, Richard Deosingh, Arun Dhand, Sandeep Dhand, Diljit Ahluwalia Family Foundation, Anand Eswaran, Grant Hurst, Jesse George-Nichol, Abhishek Patel, Gokul Patel, Netoo Sethi, Susan Hummer, Rakesh Surie, Anitha Kosanam (Srikanth Dasari), Anjaneya Puppala, Vengatesh Ramachandran, Rajesh Shah, Sumit Kumar, and John Martin.



UDAYAN CARE GERMANY

The foundation of Udayan Care Germany was laid down by Thomas von Hake in 2014 in Berlin. He initially served as a volunteer in India and then took the responsibility of setting up Udayan Care India's counterpart in Germany to ensure desired resources for supporting the programs of Udayan Care in India. Thomas von Hake, Dr. Nina Aldag, and Niels Hiddemann are presently on the board of Udayan Care Germany chaired by Juergen Osterhage, a renowned journalist in Germany. The annual budget of 10.000€ is raised for the USF Program to support the female youth in India for a brighter future.

Events

The annual Charity Dinner took place on 20.11.2021 in Berlin Mitte, in a smaller round than usual with around 30 guests due to Covid-19, but nevertheless was a perfect evening where we were able to acquire new members and raised funds.

In February 2022, the UC Germany team presented Udayan Care and the work being done in Germany in an interview with Jürgen Osterhage, which was shown on a German TV channel called TV Berlin. It was a new experience for the German team, where they received a lot of positive feedback and which resulted in some single donations.

Donors

We were also able to spend an additional amount of 10.000€ on our regular annual budget which was used for immediate help for the Shalinis and their families who suffered from the economic impact of Covid-19. Gerlinde Buechinger-Schmid, as always, gave generously. The Chapter also received a single donation from the foreign office of Germany. Lastly, a big thank you to all the members and donors for their yearly contributions, which are a major part of UC Germany's annual budget, as well as all single donations. With all this help we are able to start a new batch of 60 Shalinis in 2022.



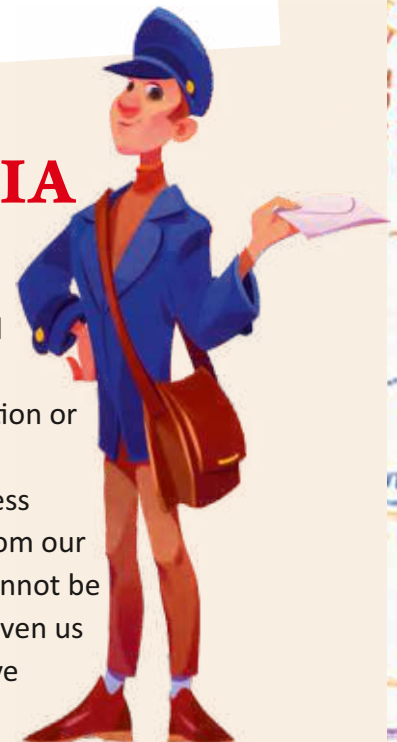
UDAYAN CARE AUSTRALIA

Julie Lantry established Udayan Care Australia (UCA) in Sydney in 2008 for generating awareness and support in the form of funds and resources for children, youth, and women belonging to disadvantaged backgrounds. Isabel Sahni, Julie Lantry, Saman Kazmi, and Kiran Modi are presently on the board of UCA.



Donors

The pandemic has limited the engagement of UCA to any awareness generation or fundraising program. Nevertheless, the relentless support and donations from our donors and supporters cannot be undermined, and it has given us immense strength to move forward.



★ Letter to My Self :-

Dear Shalini Jha,

To start off with, I am so Proud of you. Life hasn't been too easy on you lately, and I am truly Sorry about that. But despite it all you have managed to keep your head up and Continue fighting throughout. Be Proud of everything you have gone through, and mostly what you have become.

I am Proud of you because whatever you thought, you have achieved. You had a goal to become a 'Chartered Accountant', and you achieved your goal with your hard work.

You always wanted, your parents not to feel Sad about being your daughter. You wanted to give to your parents everything that a Son can give, and wanted to make them believe that even a daughter can do what a Son can do.

And finally today I am proud to say that, whatever you wanted, whatever was your dream, you did it all.

So I love, I believe, and I Proud of you 'My Self'!

— Your welwisher,
:- Your Self==

02/08/2022.

UNIVERSAL THEMES CUTTING ACROSS PROGRAMS

Mentoring

“Our chief want in life is somebody who will make us do what we can.” — RW Emerson

Mentoring is at the core of all our programs as the proper guidance is needed at every stage in a person's development. Udayan Ghar children are supported by mentor parents who devote their lives to nurturing these children with positive values as they grow. They are present at every crucial moment to provide mental and emotional support to the children and celebrate each milestone with them even after they move into Aftercare, and move out and become alumni. Our Shalinis are given proper guidance to move ahead in the right direction by their Mentors who are senior professionals from different fields and Mentor Didis, the senior Shalinis. The mentorship helps these young girls in academic preparedness, skill enhancement, and personality development. The trainers at our IT and Skill Centres not only train the youth and women but also mentor them to aim for the best careers in their future.

Mentoring at Udayan Care is a two-way process that allows mentors and mentees to learn from each other. Our mentors have shared on various occasions that the act of mentoring is gratifying and meaningful to them as they become a source of wisdom for someone else. They have also shared how it has also been a learning process for them as not only do they get access to the concerns and perspectives of the younger generation, but they also get to learn new ways of benefiting them. On the other hand, our children and youth get advice and encouragement and learn new skills from their mentors. The feedback and guidance from the mentors improve their performance and lead to better career opportunities.

Volunteering

“The best way to find yourself is to lose yourself in the service of others.” – Mahatma Gandhi

Udayan Care is very proud of our volunteers for standing strong with us over the years. The engagement of the volunteers, both long-term and short-term, has been the driving factor for our organization. They connect with the cause and purpose of the organization and add more value to the work we do. We are pleased that our volunteers are with us on this journey and together we can bring positive change to society. Our long-term volunteers include Trustees and Board members, Mentor parents in the Udayan Ghar Program, Conveners, Committee Members, Honourary Directors of our Skill Development Centers, the writers and editors of our ICB journal, and Mentors in different Chapters of the USF Program. Our beneficiaries are encouraged to volunteer as peer mentors. Corporates offer their large employee base to mentor our beneficiaries. University students come to us and serve in projects to fulfill their course requirements. A huge Sewa Sena has thus been formed and every year more individuals and corporates are added.

Our volunteering program provides individuals/ corporates/ students an exposure to the social sector and meet like-minded people. It challenges individuals to try something different, develop and practice new skills and discover hidden talents, enabling them to help in our cause. We aim to strengthen individuals' sense of civic engagement, and social inclusion and to deepen their solidarity with the development sector. Our program transforms people's voices and knowledge into collective actions, which otherwise would remain secluded. It offers the chance to give something back to society and make a difference in the lives of people. During the pandemic, we overcame the physical barrier of volunteering by helping reach out to more people and connect to individuals, professionals, homemakers, etc online.



Volunteers



Interns



International volunteers
and interns



Corporates
Engaged

Giving Back

“As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others.” — Audrey Hepburn

Once a child or youth becomes a part of Udayan Care s/he is not only getting the necessary support for his/her bright future but is also enabled to help and support others. Giving back is an essential part of a person's journey at Udayan Care. The idea behind this initiative is to empower our beneficiaries so that they feel that not only have they succeeded in their lives but they are making a difference in the lives of others. Our Shalinis have been engaged in various outreach activities since the inception of the USF program as they have to fulfill 50 hours of mandatory social work. The young boys and girls from our IT program often take part in awareness campaigns and volunteer for different activities. The core idea of giving back is to make the children and youth aware of their social responsibilities as a member of society. Same with our children and youth in our Child & Youth Care Programmes, who are actively engaged in giving back. We want to continue the circle of kindness where if you receive something, you also give something back.

Mental Health & Counselling

“It is during our darkest moments that we must focus to see the light.” — Aristotle

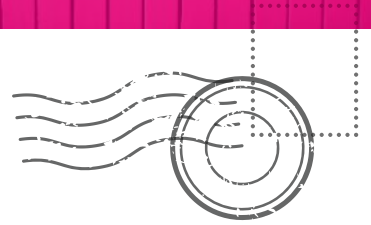
Maintaining positive mental health is crucial to the development of any human being. The children who come to Udayan Ghars often carry severe trauma and need additional support in the form of counselling. The mental health team, consisting of a child & adolescent psychiatrist, a trauma expert, and in-house counselors/psychologists, works tirelessly to address the mental health requirements of the children. The Shalinis and our AOP youth are also counselled at different stages to make it easy for them to navigate through their personal and professional lives. We conduct workshops and seminars on mental health aiming to benefit our children and youth. Our counseling and outreach activities focus on how mental health is more important now than ever as it impacts every area of our lives. The importance of good mental health ripples into everything we do, think or say.

Collaborations & Partnerships

“Alone we can do so little; together we can do so much” — Helen Keller

Over the 28 years of our journey, we have gathered a force of inspired individuals and corporations through collaborations and partnerships. These have enabled us to expand our programs and impact more and more people. Our partners collaborate with us through donations and volunteering across all the programs. They make sure to connect with our beneficiaries on a human level by engaging in various activities like plantation & food distribution drives, workshops, career counselling, festival celebrations, and many more. Many colleges and universities provide us with interns and volunteers who contribute immensely to developing materials, conducting workshops, and teaching the children & youth that we serve. We partner with several NGOs, and other organizations, across India, who help in many ways, from sourcing beneficiaries to providing them platforms for social work, raising awareness about Udayan Care, conducting workshops on Career Development, and art workshops, and providing internship opportunities. Some of our partners also provide their spaces and infrastructure pro-bono to us to run our programs, functions, and workshops. We also receive medical support from our partner doctors and hospitals. This network of individuals and corporations empowers us to move towards a positive change and impact countless lives.

COMPLIANCE REPORT 2021-22



Major Objectives of the Trust

1. To provide protection and education to children and women, and employability to youth, who are in difficult circumstances, by establishing dynamic processes/models of care, protection, training, and holistic development, in a rights-based approach.
2. To promote voluntarism and the spirit of 'giving back' to the society at large, including those from our programs.
3. To develop structured research and documentation processes leading to publications on Child Protection and Education-related issues.
4. To influence policy reforms and decision-making processes by lobbying, consultations, and creating awareness.
5. To evolve into a national level Capacity Building and Role model organization of consultative status, with credibility.

1. Identity

- Udayan Care is registered as a Public Charitable Trust. Trust Deed is registered on 11.02.1994 with Sub Registrar, Delhi, with registration no. 828 in Additional Book No. IV, Volume No. 2085 on Page No. 1-15.
- Udayan Care is registered u/s 12A & exempted under section 80G (5)(vi) of the Income Tax Act, 1961, with the Director of Income Tax (Exemption).
- Registration No. u/s 12A:
Regn. No AAATU0067FE2021401
dated 28-05-2021 valid till 31st March 2026
- Exemption u/s 80G (5) (vi):
Regn. No AAATU0067FF2021401
dated 28-05-2021 valid till 31st March 2026

- Udayan Care is registered under section 6 (1) (a) of the Foreign Contribution (Regulation) Act, and its Registration Number is: 231650870 and has an approval letter dated 07-01-1998 which is valid till 31-12-2026.
- PAN: AAATU0067F
- Udayan Care is an ISO 9001-2015 certified organisation for its 'Quality Management Services'. Visitors are welcome to the addresses given on the "contact us" link on our website www.udayancare.org.

2. Names & Addresses of our Bankers

- State Bank of India,
11, Sansad Marg, New Delhi – 110001
- State Bank of India,
33, Ring Road, Lajpat Nagar IV, New Delhi - 110024
- Axis Bank Ltd.
B-6, Lajpat Nagar II, New Delhi - 110024
- ICICI Bank Ltd., 834, Lajpat Nagar II,
New Delhi - 110024
- Bank of India,
I-802, CR Park, New Delhi – 110019

3. Name of Auditors

Name & Address of Auditors

M/s. S. P. Chopra & Co,
Chartered Accountants
F-31, Connaught Place, New Delhi-110001

Name and Address of Internal Auditors

M/s. Sahoo & Co,
Chartered Accountants
14, Palam Marg, Vasant Vihar, New Delhi-110057

4. Governance

(a) Details of Trustees (as on March 31, 2022)

SL No	Name	Age	Gender	Position on Board	Occupation	Area of Competency	Meetings Attended
1.	Dr. Kiran Modi	68	F	Founder & Managing Trustee	Managing Trustee (Hon.)	Policy, Management, Operations, Strategy and Fundraising	4/4
2.	Dr. Shiv K Sarin	69	M	Founder Trustee	Medical Doctor	Policy, Strategy and Fundraising	2/4
3.	Ms. Meera Sawhny	57	F	Trustee	Entrepreneur	Policy, Strategy, HR, Fundraising, and Finance Management	3/4
4.	Ms. Rukmani Haldea	71	F	Trustee	Retired Civil Servant	Policy, Strategy, HR, Program Management and Fundraising	4/4
5.	Mr. Sanjay Gupta	62	M	Trustee	Development Professional	Policy, Finance, Strategy and Fundraising	4/4
6.	Mr. Deepak Sharma	62	M	Trustee	Development Professional	Policy, Finance, Strategy and Fundraising	4/4
7.	Ms. Pooja Mehra	44	F	Trustee	HR Professional	Policy, Decision, Strategy for Program Management and HR	3/4 Joined on 31 st July 22

(b) Details of Advisory Board Members (as on March 31, 2022)

SL No	Name	Age	Gender	Position on Board	Occupation	Area of Competency	Meetings Attended
1.	Mr. Sanjeev Gupta	60	M	Mamber	Entrepreneur	Policy Decision & Strategy for Program Management	3/4
2.	Ms. Madhu Gupta	74	M	Mamber	Entrepreneur	Policy Decision & Strategy for Program Management	0/4
3.	Ms. Pooja Mehra	44	F	Mamber	HR Professional	Policy Decision, Strategy for Program Management and HR	0/4 Moved to Trustee on 31st July 2022
4.	Mr. Sameer Mehta	47	M	Mamber	Marketing Professional	Policy Decision & Strategy for Marketing	1/4
5.	Ms. Akansha Arora	41	F	Mamber	Marketing Professional	Policy Decision and Human Resource Management	2/4
6.	Ms. Darshana Joshi	33	F	Mamber	Development Professional	Policy Decision & Strategy for Program Management	4/4 Joined on 31st July 22
7.	Mr. Arvind Gupta	55	M	Mamber	Legal Professional	Policy Decision & Compliance	3/4 Joined on 31st July 22

- The Board of Trustees and Advisors have met 4 times (31-07-2021, 28-12-2021, 19-02-2022 & 28-03-2022) in the FY 21-22. In those meetings, they have transacted the business of the trust

including approving the Audited Financial Accounts and Annual Report of the previous financial year and also approving the Programmes and Budget for the year 2022-23.

- The Board ensures the organisation's compliance with laws and regulations.
- Minutes of Board meetings are documented and circulated to all members within few days after the meeting commenced.

5. Accountability and Transparency

- No remuneration, sitting fees, or any other form of compensation has been paid since inception to any Trustees or Board members. All are working on a pro-bono basis.
- The following reimbursements have been made to Trustees and Board Members: Travelling Expenses (to attend Board meetings) - NIL.

Head of the organisation (including honorarium) - Rs. 0.00 (NIL) (Head of Organisation of Udayan Care is Managing Trustee who holds an honorary position)
Highest paid full-time regular staff Rs. 30.00 Lakhs per annum
Lowest paid staff (full-time trainee) Rs. 1.18 Lakhs per annum
Fee for Statutory Audit Rs. 62,500 + GST
Fee for Internal Audit: Rs. 1,80,000 + GST

6. Staff Details

(a) Staff as on March 31, 2022

Gender	Full Time	Full Time	Part Time	Total
Male	74	12	1	87
Female	136	26	3	165
Total	210	38	4	252

(b) Distribution of Staff According to Salary Levels (as on March 31, 2022)

Slab of Cost to Company (in Rs.) plus benefits paid to staff	Male	Female	Total
Less than 5,000	0	0	0
5,001 – 10,000	1	4	5
10,001 – 25,000	52	104	156
25,001 – 50,000	24	47	71
50,001 – 1,00,000	7	8	15
Above 1,00,000	3	2	5
Total	87	165	252

7. Staff Sustainability (as on March 31, 2022)

Sr. No	Years of service	No. of staff
1	Below 3 years	152
2	03 to 5 years	45
3	05 to 10 years	31
4	10 to 15 years	17
5	Above 15 years	7
	Total	252

Note 1

The staff table includes salaries of trainees, staff as well as paid consultants in the respective category.

Note 2

Udayan Care follows the Minimum Wages Acts of respective states. Hence no staff is taken on board on less than the minimum wages as prescribed in the minimum wages act of their respective states.

8. Travel Details

(A) DOMESTIC TRAVEL

Total cost incurred on Domestic travel for Trustees during the year: Nil.

(B) INTERNATIONAL TRAVEL

No International travel was undertaken during this period.



9. Prevention of Sexual Harassment (POSH)

Udayan Care has constituted an Internal Committee (IC) on Sexual Harassment on February 23rd, 2014 as per the Sexual Harassment of Woman at Workplace (Prevention, Prohibition and Redressal) Act, 2013. The IC meets periodically and evaluate the workplace, work-culture, healthy work environment that focuses on prevention and awareness, behavior of staff with opposite sex, and possible issues related POSH.

The current Internal Committee (IC) comprises of 5 members, out of which 3 of them are females.

It has one presiding officer as the Chairperson of the committee and one external expert as ordained in law.

We maintain mainly 2 registers comprising of complaints received and also Minutes Book.

The minutes are recorded in the minutes book and the soft copy is circulated on the same day among committee members. The minutes book is kept at the Head office and available for verification for other members as well as a legal obligation. Moreover, posters have been updated and shared widely with all units across all chapters.

The following table is the highlight of the cases and events during the year 2021-22

Summary of events

Sr. No	Details Numbers	Remarks
1.	Number of complaints received	None
2.	Number of complaints disposed	None
3.	Number of cases pending	None
4.	Number of awareness programs	14 sessions
5.	Number of cases pending	None
6.	Nature of Action taken	Not Applicable

Highlights of Financial Statements

Basis of Accounting:

The financials have been prepared under the historical cost conventional and accrual method. Income and expenses are accounted on the basis of Generally Accepted Accounting Principles (GAAP) and Accounting Standards (AS) issued by the Institute of Chartered Accountants of India (ICAI) for NGOs wherever applicable, except where otherwise stated.

The income of the year has been segregated as Restricted and Un-restricted funds as per the guidelines issued by the Institute of Chartered Accountants of India (ICAI). The Restricted funds are the funds given by different agencies for a specific task or for specific projects however the Un-restricted funds are General Donations, Miscellaneous Income etc.

During the year, the Trust mobilised funds, from various sources with the efforts of Trustees, Board Members, Committee Members, Volunteers and Staff, including getting financial aid from funding agencies, the corporate fraternity, other Trusts and NGOs, besides funds from individuals in India and abroad.



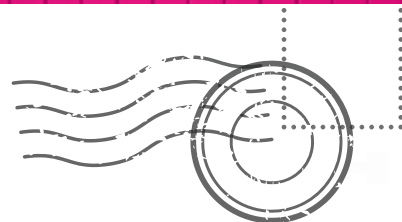
Bhasswati Saha



S. P. CHOPRA & CO

Chartered Accountants

31-F, Connaught Place, New Delhi 110 001
Ph. No. +91 11 4376 3317



AUDITORS' REPORT TO THE MEMBERS OF UDAYAN CARE

We have audited the attached Balance Sheet of UDAYAN CARE at March 31, 2022 and also the Income and Expenditure account for the year ended on that date annexed thereto.

Respective responsibilities of Management and Auditors

These financial statements are the responsibility of the entity's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Basis of opinion

We conducted our audit in accordance with auditing standards generally accepted in India. Those Standards require that we plan and perform the audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit.

We have no relationship with or any interests in the Association other than our capacity as auditors.

Opinion

We believe that our audit provides a reasonable basis for our opinion. In our opinion and to the best of our information and according to the explanations given to us, the financial statements read along with the notes give a true and fair view in conformity with the accounting principles generally accepted in India

1. in the case of the Balance Sheet, of the state of affairs of UDAYAN CARE as at March 31, 2022; and
2. in the case of the Income and Expenditure account, of the deficit for the year ended on that date.

New Delhi
Dated: Sep 19, 2022



for S. P. CHOPRA & CO.
Chartered Accountants
Firm Regn. No. 000346N


(NIRAJ GUPTA)
Partner

M No. 016599

UDH: 2206599ATVKFR1275

BALANCE SHEET AS AT MARCH 31, 2022

	Sch	2021-22	2020-21
Source of Funds:			
		<i>Amount in Rs.</i>	
Trust Fund		1,000	1,000
Corpus Funds	I	14,46,44,794	13,53,07,583
General Reserve Fund	II	29,00,18,909	26,30,82,075
Un-utilized Restricted Funds	III	9,39,49,660	13,08,45,842
Revolving Fund	IV	25,45,746	23,57,989
Total		53,11,60,108	53,15,94,489
Application of Funds:			
Fixed Assets	V	27,59,04,916	26,11,37,450
Net Current Assets	VI	25,52,55,192	27,04,57,039
Total		53,11,60,108	53,15,94,489

Accounting Policies and Notes on accounts XIV
 The Schedules referred to above form an integral part of the Balance Sheet

for **S.P Chopra & Co.**
 Chartered Accountants
 (Firm Regn. No. 000346N)

(Niraj Gupta)
 Partner

M. No. 016599

UDIT: 22016599 ATVKFR1275

Place : New Delhi
 Date : Sep 19, 2022



(Nagesh Choudhary)
 Director Finance

for **UDAYAN CARE**

(Meera Sawhny)
 Trustee

(Dr. Kiran Modi)
 Managing Trustee

INCOME & EXPENDITURE A/c
For The Year Ended on March 31, 2022



Particulars	Sch	2021-22	2020-21
INCOME			
Corpus Donation	I	83,34,315	38,42,965
Donation Received (including Donation in kind)	VII	86,81,257	91,86,000
Grant Received	VIII	20,10,72,267	20,06,89,754
Revolving Fund	IV	1,87,757	2,18,740
Interest	IX	1,30,38,742	1,37,82,765
Other Income	X	28,59,283	20,54,795
Total		23,41,73,621	22,97,75,019
EXPENDITURE			
Direct Programme	XI	20,88,31,574	15,91,70,017
Programme Management	XII	30,62,382	34,96,105
Administration	XIII	93,18,242	1,15,25,646
Non Cash Charges:			
Depreciation	V	1,33,95,804	1,28,87,428
Ir-recoverable balances written off:			
Income Tax refund not receivable		-	-
Other Miscellaneous items written off		-	-
Income over Expenditure c/d...		(4,34,379)	4,26,95,823
Total		23,41,73,621	22,97,75,019
Income over Expenditure B/F :		(4,34,379)	4,26,95,823
Corpus Fund	I	93,37,211	38,42,965
Revolving Fund	IV	1,87,757	2,18,740
Un-Utilized Restricted Funds	XIV	(3,68,96,182)	5,34,71,962
General Reserve Fund	II	2,69,36,834	(1,48,37,843)
Total		-	-

The Schedules referred to above form an integral part of the Balance Sheet



for **S.P Chopra & Co.**
Chartered Accountants
(Firm Regn. No. 000346N)

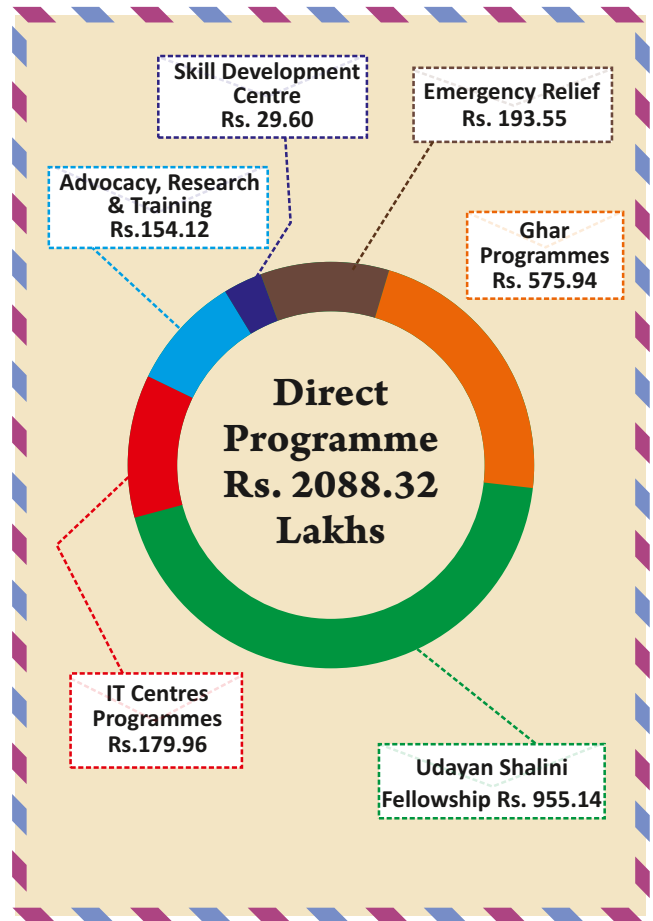
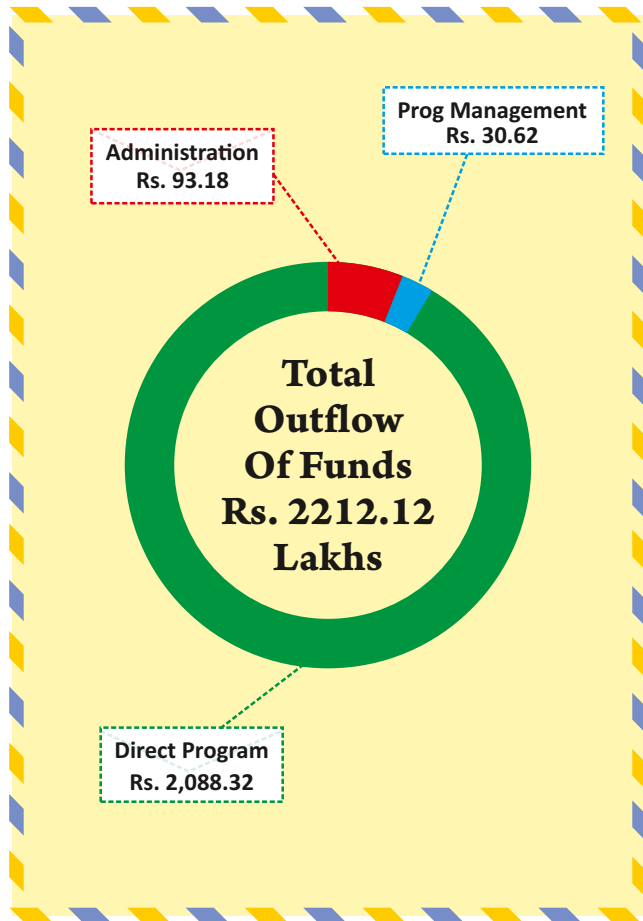
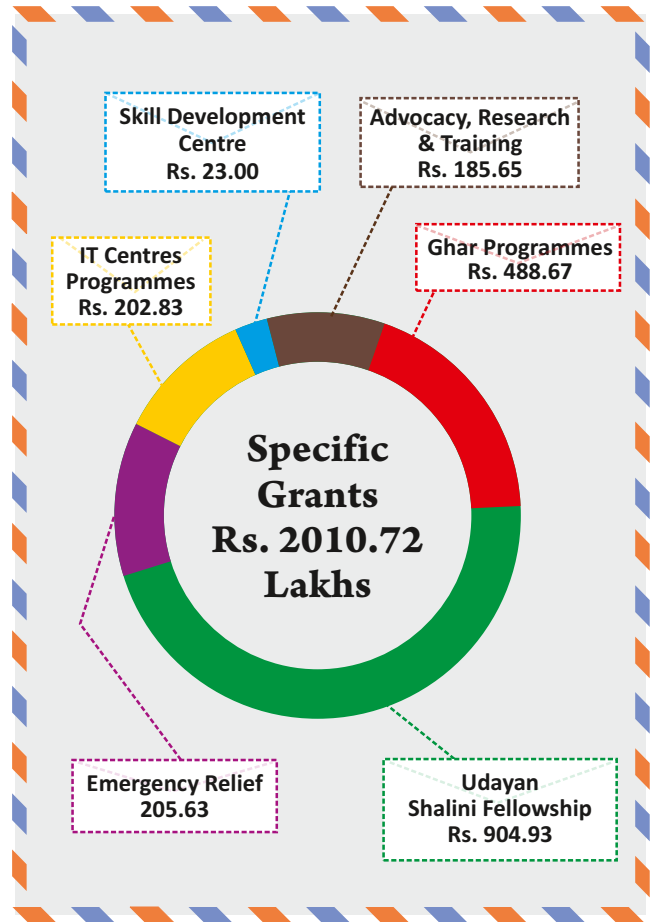
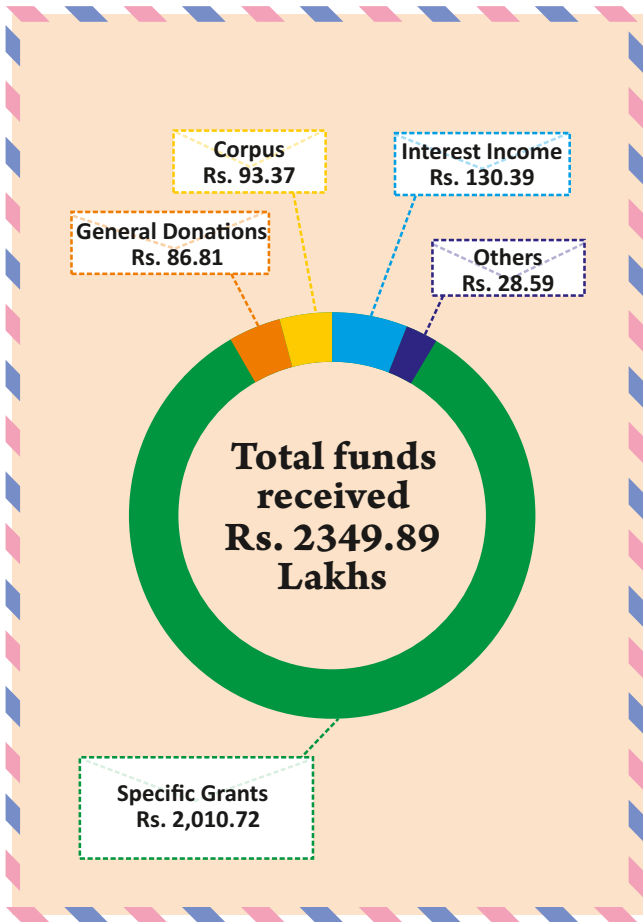
(Niraj Gupta)
Partner
M. No. 016599

(Nagesh Choudhary)
Director Finance

(Meera Sawhny)
Trustee

(Dr. Kiran Modi)
Managing Trustee

Place : New Delhi
Date : Sep 19, 2022



TESTIMONIALS



RAJEEV KUMAR
*SOS Children's Villages
International- Asia Office
Director of Programme*

SOS Children's Villages and Udayan Care have been working collectively on the agenda of care and protection of children without parental care and children at risk of losing parental care. Since 2018, SOS Children's Villages International – Asia Office, has also been contributing to 'Institutionalized Children Explorations and Beyond' (ICB) journals under a collaborative partnership to overcome a paucity of information by building knowledge on the Alternative Care for children and young people, focusing on South Asian countries. The ICB journals have significantly helped in positioning the agenda of Alternative Care through studies and research from experts in the field covering child rights, protection, care, and system reforms. This year, the 17th issue (March 2022), ICB's special edition featured "Alternative Care for Children and Young Persons with Different Abilities" and the upcoming issue in September will be focused on 'Care Leavers and Aftercare'. These publications serve us, child rights and quality care advocates, as a tool to continue our dialogues with and for the whole journey of children and young people with care-lived experience.

A Future for Every Child (AFEC), a non-profit organization in the US, is focused solely on the mission of helping youth transition out of institutionalized care to a life of dignity and economic self-sufficiency. This problem of 'Aftercare' receives hardly any attention, and many of the youth leaving CCIs at the age of 18 fall back into a cycle of poverty, as illuminated in a groundbreaking study by Udayan Care in 2018. AFEC started working with Udayan Care in 2020, from the first year of the Aftercare Outreach Program (AOP). We have worked as true partners, adapting and refining the program to achieve better outcomes for the Care Leavers. Udayan Care is genuinely and totally committed to providing the most effective set of services and thinks in a holistic manner about the overall well-being of vulnerable children. We are fortunate to have Udayan Care as a valued partner.



GITA GOPAL
*Founder
A Future for Every Child*



LOUISE COX
*International Programme
Manager
Martin James Foundation*

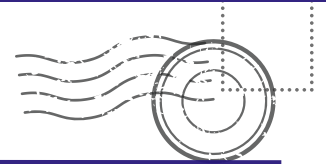
Partnering with Udayan Care through our Family Strengthening, Restoration, and Reintegration project has been a great pleasure. Together, we are working with families in Delhi whose children were spontaneously sent home from institutions during the Covid pandemic and learning what type of support is needed to enable those families to stay together. We are consistently impressed with how the entire team embraces creativity to consider the individual needs of the children and families they support and quickly adapt versatile, trauma-informed approaches best suited for the child they are working with. Udayan Care's team of professional and experienced practitioners are wholly committed to supporting the best interests of children and holistically supporting the entire family unit throughout the reunification process. Findings from this project are enabling the team to create a model for family reintegration, and we are grateful to support this meaningful and innovative work alongside Udayan Care.

Udayan Care has been a long-standing partner of iPartner India. A partnership of more than 10 years to support Udayan Shalins across different cities in India has been both rewarding and enriching. Throughout this partnership, we have seen the Udayan Care team innovate in new areas like their pathbreaking work on Care Leavers. The organization has shown the ability and interest to adapt its program for greater impact while demonstrating transparency and accountability through its work. The motivation and passion shown by the Udayan Care team in making a positive difference in the lives of the most vulnerable children and youth are commendable. We are also very pleased that Udayan Care has worked on the succession plan of their leadership and the transition has happened seamlessly. We look forward to working with the team and wish them the very best for the future.



BINA RANI
*Founder & CEO
iPartner India*

TESTIMONIALS



APOLINA SAIKIA
Webster University, Intern

Volunteering at Udayan Care in the Advocacy and Research Department as well as in the homes has been immensely gratifying. I also had the opportunity to meet and connect with the children virtually from the homes in the Delhi region and that experience was certainly one of a kind. The happy faces of the children were always a reflection of the kind of work and environment Udayan Care facilitates through its different programs and facilities. Indeed I would be forever grateful and appreciative of the excellent work which the dedicated team from Udayan Care has been doing for more than a decade now. Throughout my time as an Intern at Udayan Care, I realized that the organization not only provides the children with help and support during their time at the home but also beyond that by having different schemes and provisions to assist them to accommodate in the world outside.

I worked with Udayan Care remotely from Aug-Sep 2021. I found their requirement for help with social media strategy on a third-party website and found the organization and the requirement interesting. What I liked about volunteering with Udayan Care was that the project was clearly defined and the people involved were genuinely receptive to the work I was doing. I found the organization and its people very motivated to help underprivileged children. I am especially enamoured with the Udayan Shalini Fellowship which gives financial and other aid to deserving underprivileged girls many of whom have gone on to achieve big things. The tangible impact of a not-for-profit is a big factor in shaping my decision to give my time to volunteering for an organization. Udayan Care has been around for over two decades and still has an air of wanting to experiment and improve which I believe is rare.



NAKUL GUPTA
Bodhiroom, Volunteer



DR. NIDHI PUNDIR
*Director & Vice President
HCL Foundation*

Our partnership with Udayan Care began in 2020. Being the CSR arm of a leading IT company, digital education and employability have been core areas of focus under our CSR work. We partnered with Udayan Care to establish 'Yuvakendra', a Computer Learning Centre in Noida. I would like to emphasize that all our programs are designed to be inclusive and to serve the needs of the community. They are also aligned with international and national missions in our endeavour. The centre is providing job-oriented training and courses to young people for sustainable livelihoods. I was extremely happy to visit the HCL – Udayan Care Yuvakendra in February 2022 and interact with course alumni and existing students. I hope our partnership continues to grow stronger and yield greater impact!

The Kiran Anjali Project (KAP) is a very special organization for me to be associated with. One of my missions in life is to ensure equal opportunity for all girls in India, no matter what their economic or social backgrounds are. At KAP we support so many organizations doing great work for all ages. In particular, I am most passionate about the Udayan Shalini Fellowship which propels girls into a lifelong journey of self-confidence and economic self-sufficiency. As they say, when you educate a girl, you educate a whole village. KAP is supporting many villages.



ANITA SHEKAR AKERKAR
*Board Member
The Kiran Anjali Project*

THE UDAYAN CARE FAMILY

TRUSTEES

Deepak Sharma, Dr. Kiran Modi (Founder & Managing Trustee) Meera Sawhny, Pooja Mehra, Rukmani Haldea, Sanjay Gupta, Dr. S. K. Sarin (Founder Trustee)

MEMBERS OF THE ADVISORY BOARD

Akansha Arora, Arvind Gupta, Kusum Bhandari, Madhu Gupta, Sameer Mehta, Sanjeev Gupta, Darshana Joshi

UDAYAN GHARS- MENTOR PARENTS

Homes	Name
Lajpat Nagar	Deepa Sibal, Isabel Sahni, Jainita Batra, Dr. Kiran Modi, Pamela Bhandari
Mayur Vihar	Madhu Gupta, Madhuri Paliwal
Mehrauli	Brinda Syali, Dolly Anand, Indu Bhalla
Gurugram	Arti Kapur, Ranjan Ghosh
Noida Boys	Amita Mishra, Anjana Jain
Noida Girls	Amita Mishra, Anjana Jain
Mayur Vihar (II)	Madhu Gupta, Madhuri Paliwal
Kurukshetra	Dr. Ram Niwas, Dr. Sushama Sharma
Jaipur	Asha Bhatnagar, Madhu Jhala, Rukmani Haldea, Sheetal Bahri
Ghaziabad	N/A
Mehrauli (II)	Abha Jaipuria, Sarita Sachdev
Lajpat Nagar (II)	Saroj Sethi
Faridabad	Deepak Kashyap
Vasant Kunj	Arti Mittal
Gurgaon Girls	Pradeep Mehra
Faridabad (II)	Deepak Kashyap
Greater Noida	Deepak Sharma, Dr. Sunita Sharma, Suksham Gupta

UDAYAN SHALINI FELLOWSHIP

AGRA

Convener John Pradeep Ulrick

Core Committee Members Ashish Chakarborty, Dr. Neelam Mehrotra, Dr. Sushil Gupta, Jagpreet Singh Sachdeva, Namrata Mishra, P.S. Oberoi

Mentors Abha Saha, Bhaavna Raghuvanshi, Divya Kalra, Dr. Monica Agrawal, Dr. Neelam Mehrotra, Jagpreet Singh Sachdeva, John Pradeep Ulrick, Meera Khandelwal, Namrata Mishra, P.S. Oberoi, Richa Bindal Goyal, Shilpa Goel

AHEMDABAD

Convener Monal Shah

Core Committee Members Dr. Aarti Venkatesh, Dr. Aarti Venkatesh, Manisha Joshi, Manjari Gupta, Radha Thakershy, Sumanbhai Parekh, Vandna Agrawal, Vijay Patel



AURANGABAD

Convener Anuradha Dhoot

Core Committee Members Aanchal Machhar, Anuradha Dhoot, Dimpri Machhar, Madhavi Thirani, Mamta Bagla, Manju Agarwal, Rashmi Kedia, Shailja Sanganeria, Shilpa Sharma, Sudha Bazaz

Mentors Anila Vijay, Anita Kamra, Arti Agarwal, Ashwini Jain, Bhakti Mitkari, Chandni Jadhav, Dr. Anvita Agarwal, Dr. Meena Sinha, Dr. Neeru Loya, Dr. Sonali Agrawal, Dr. Sujata Kongo, Dr. Vinaya Bhagwat, Ganesh Girdhari, Gauri Mirashi, Jyoti Aute, Kalyani Modhekar, Karishma Gurditte, Karuna Jadhav, Kavita Kakle, Mamata Mashalkar, Manisha Kokil, Mayuri Patil, Mayuri Rajput, Milind Lotlikar, Navnath More, Pooja Jatode, Prachi Ghode, Pradeep Mashalkar, Pradnya Borde, Priya Patil, Radhika Bhuwalka, Rajesh Gupta, Rajni Bhogale, Ravinder Gurudatta, Reena Mandhani, Rikita Nikam, Rohini Lotlikar, Roopesh Kollale, Rupali Sable, Sangeeta Bhatia, Sanjana Naniwadekar, Sanjeev Tambolkar, Sarita Hood, Sarita Mutha, Satish Jamkhedkar, Seema Madan, Seema Surana, Sharda Beria, Sheetal Jhunjhunwala, Snehal Mulay, Sonjuhi Dhoot, Sriram Narayanan, Suman Marvha, Sunil Wani, Sunita N More, Supriya Narwade, Sushma Shah, Tanmayi Khutale, Veena Sethi, Vrinda Pathak

Mentor Didis

Akanksha Dane, Akanksha Kishor Salve, Anagha Santosh Khandare, Divya Raju Sontakke, Ekta Shailesh Rathod, Jagruti Rajput, Karishma Sahuji, Lina Kasliwal, Mangla Modhekar, Nikita Dilip Ragde, Nikita Jadhav, Prachi Ghode, Pradnya Amrao, Pradnya Ingle, Priyanka Kharat, Rajlaxmi Mandore, Rajshri Mhske, Sakshi Ashok Nagare, Saloni Jumbade, Shital Vijay Wawre, Shubhangi Gundurkar, Sujata Krushana Kathar, Vimal Sanjay Bankar

BADDI

Mentors Kamla and Sneha

Mentor Didis

Aarti, Anju Devi, Ankita Sharma, Anupriya, Bharti, Eroz Bage, Isha, Ishita Gupta, Jaishree, Jaswinder Kaur, Kiran Rawal, Manisha, Megha, Muskan, Poonam Devi, Preeti Angra, Priyanka Jaiswal, Pushpa Devi, Raveena Saloni Devi, Shikha Pandey, Shikha Rai, Shivani Gupta, Shreya Rihal, Simran, Sonali Kashyap, Sonia Kumari, Uma Devi

BENGALURU

Convener Arun Subramani

Core Committee Members Harish Valatt, Mamta Mutt, Mubina Hussain, Priya Subramani, Sahana Prasad, Usha Jain, Vanishree Srinidhi

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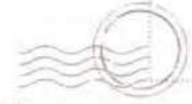
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Ashish Singh	Regional Manager - North, Udayan Shalini Fellowship Program
Nidhin James	Regional Manager - South, Udayan Shalini Fellowship Program
Pratiksha Solanki	Regional Manager - Udayan Shalini Fellowship Program



GRATITUDE



VALIDATIONS & MEMBERSHIPS

Udayan Care has been accredited by the bodies that monitor and accredit non-governmental organizations for transparent and credible performance. We have been recognized for accountability, credibility, and transparency. Such recognitions increase the trust and confidence factor of our organization and boost our accountability.

- Benevity Causes (USA)
- Credibility Alliance
- Global Giving
- GuideStar India
- United Nations Economic and Social Council (ECOSOC)
- Charities Aid Foundation (CAF) (India, USA)
- Give India
- GreatNonprofits.org
- ISO 9001: 2015 (Confirm from Accounts)

VOLUNTEERING AND INTERNSHIP PARTNERSHIPS WITH SCHOOLS AND COLLEGES

Below is the list of organizations, colleges, and universities, that joined hands with Udayan Care this year and provided us with interns /volunteers, who contributed immensely towards serving our cause by developing materials, conducting workshops, and teaching children.

Organizations Providing Volunteers

ConnectFor, Eduboard Consulting, Goodera, Internshala, Taproot Foundation, Tata ProEngage, U&I

Schools, Colleges, and Universities in India

Ambedkar University, Amity University Noida, Barkatullah University, Bennett University, Birla Institute of Technology and Sciences, British School, Central University of Hyderabad, Chaudhary Charan Singh University, Christ University, DAV Public School, Delhi Technological University, Divine Child School (Ahmedabad), Fergusson College, FIIB, G.D. Goenka University, GGSIPU, IGNOU, IIFT, IIT-Delhi, IISWBM (Kolkata), IIT-Delhi, IMS (NOIDA), India Today Media Institute, Institute of Engineering and Technology (Lucknow), Institute of Excellence in Higher Education, International Management Institute, Jagannath Institute of Management and Sciences, Jamia Millia Islamia, Jaypee Business School, Kerala University, Kurukshetra University, Lady Sri Ram College, M.S University, Navrachna University, Parul University, Lucknow University, Maharishi Arvind University Mater Dei Convent, Narsee Monjee Institute of Management Studies, NorthCap University, O.P. Jindal Global University, Savitribai Phule Pune University, School of Management Studies (JNTUH), Sharda University, Shikshantar School, Shobhit Deemed University (Meerut), Smt. PK Kotecha Mahila Maha Vidyalaya (Bhusawal), SOIL, SPJAIN Institute of Management and Research, St. Xavier's College (Mumbai), Step by Step School (Noida), Tata Institute of Social Sciences, University of Allahabad, University of Calcutta, University of Madras, UPES (Dehradun), Vidyasagar University, Vivekanand Institute of Professional Studies, XLRI

Colleges from the University of Delhi

Dr. Bhim Rao Ambedkar College, Dyal Singh College, Hindu College, Indraprastha College for Women, Jesus and Mary College, Kamala Nehru College, Lady Shri Ram College, Maharaja Agrasen College, Mata Sundari College for Women, Miranda House College for Women, Shaheed Rajguru College of Applied Sciences for Women

International Universities & Colleges

American University of Central Asia (AUCA), DUKE University, Durham University, Universidad Autónoma de Madrid

NGO ENGAGEMENT AND OTHER PARTNERSHIPS

We partnered with several NGOs and other organisations across India who helped in many ways, from sourcing beneficiaries and providing them platforms for social work to raising awareness about Udayan Care, conducting various workshops on career development, and even providing internship opportunities.

Aasra Trust, Avadana, Internshala, Art Reach India, Emmanuel Hospital, Ginny's Planet, Space2Grow, Modicare Foundation, Janajal Foundation, Human Touch foundation, Vikas Vishranti, ChildLine, Sharp NGO, Jaipur Police, Humanity Foundation, Devanshi Rathi Foundation, Pravah, Vishwas Vidyalaya, Pure Heart, Passion Guru, CSR Box, Turn the Bus Foundation, Lit by Human

Udayan Care Information Technology Program

We got affiliated with the National skill development corporation (NSDC) for our 11 centers in Delhi /NCR and committed to enrolling 5000 youth in three years and placing 70% of them in various companies.



Udayan Shalini Fellowship Program

Missing Awareness and Safety School program (MASSp): It is designed to address adolescents & personal safety and empowerment needs by using the power of innovation, education, and empowerment to prevent sex abuse and trafficking. Their curriculum addresses both the online and offline safety concerns of adolescents whose lives constantly weave in and out of physical and virtual spaces. They took sessions for our Shalinis across chapters.

Design For Change: Design Thinking Boot Camps were organized for our Shalinis which consisted of activity-based workshops that were designed around the premise that 'Every child can become a leader, not by chance but by Design.

UNICEF YuWaah: It collaborated with Udayan Shalini Fellowship to enable Shalinis by connecting them to aspirational socio-economic opportunities and engaging them as active change makers.

Manav Sadhana for providing support of their staff during workshops, Center For Applied Research and People & Engagement (CARPE | Eco-Satva), Bhumi Foundation, Bodhi Charitable Trust, Gold heart Foundation, Sri Ramanuja Charitable trust, Thozhan Trust, Care & Welfare, DOR Foundation, Heritage Foundation, Sahaj Society of Health Awareness, Samyak Foundation, GCF Delhi, Babul Films Society, Kriti Social Initiatives, Vocatio Career Education Council, Gunjan Foundation collaborated with USF Jaipur and provided monthly session to our girls, Shree Kalptaru Sansthan provides opportunities of social work to our girls in Environment field, IVS Foundation provided yoga session to our Shalinis, Kalpana Program of Vigyanshala, Sisters Living Work Foundation.

Sourcing: Angel Express, Anjuman I Islam, Amcha Ghar (Uttan), Aamchi Shaala, Bright Future India, B.K.M High School, Marwari Vidyalaya, Mukangan, Masoom, Nanhikali, Little Flower High School, Rajasthani Mahila Mandal, Our Lady of Dolours, Salaam Bombay, Sir J.J. School, Smile Foundation, Sosva, Vidya India, Humara Sapna (Dahisar).

Workshops: Kshrujan – Personality Development Workshops and Career Conclave, Yolo Foundation, Melange – K.J. Somaiya Institute of Management, Side Gigs – LEAP, Antarang Foundation - Career Readiness Program.

Social Work: Angel Express, Beach Please, HF Education, Christmas Celebration – Yolo Foundation, Akanksha Foundation Pune, Blind School-Bhosari, Door Step Schools, Eaton India Foundation, iTeach Schools, Salam Bombay Foundation, Etasha Society, Entelechy Wellness.

Others: BFS Fitness Centre provided self defense and fitness classes, Clay Lab - 11th & 12th Coaching at nominal cost, Hema Foundation - Value based certified courses, Lagani Foundation Vadodara – helping for Volunteering work of Shalinis, KVPC Trust – provided Resource persons and Mentors.

Corporate Engagement

We are grateful to Adidas, Anexion Transformation, Argus Partners, Brandwidth Events, Capgemini, Completer HEOR Solutions, Creative Thinker, Deloitte India, Eli Lilly and Company Pvt Ltd, Enliven Therapy Center, Equity Market, Ethos Limited, Evosys Global, EXL Services, EY LLP, GE Power India Ltd, Grant Thornton Restructuring Services LLP, Goodera, Novartis, Hitachi Solutions, IBM, IDFC Bank, Infoedge, Kotak Mahindra Bank Ltd, McKinsey & Company, MG Motor India Pvt. Ltd., Nand Imperial Consulting Pvt Ltd, Oracle, OYO Hotels and Homes, Reliance Brands Limited, Tata Consultancy Services, TATA Power, Tata ProEngage, TATA Sustainability Group, Threefish Consulting, TresVista Financial Services, Twinbit, U & I, WhiteHat Jr., Yum Group; Taco Bell India, Mortgage Operations India (CSR), Team Multiplier, ICG Medical India Pvt. Ltd., Cognizant, Ameriprise Financial, Pegasystems Worldwide India Pvt. Ltd., Xilinx India Technology Services, English Helper - English Bolo.

We are fortunate to have partners who are associated with us as mentors, resource persons, and volunteers to guide Shalinis and take their workshops.

Ernst & Young: Conducted Environment Sustainability Sessions throughout the year for Shalinis across chapters.

Deloitte India: On 26th November 2021, Deloitte Impact Day was celebrated wherein Deloitte engaged their volunteers in virtual sessions with Shalinis across India. A total of three sessions were conducted on: Financial Literacy, Formal Communication Etiquette, and Goal Setting. Mr. Atul Dhawan, Chairperson, Deloitte addressed the Shalinis on Goal Setting and said that it is not only important to set a goal, but also to know the steps about how to reach your goal and also have the desire to get to your goal. Approximately 950 Shalinis were part of these sessions across chapters.

Genpact India: They conduct workshops based on our Employability modules for Shalinis across chapters. They have also conducted Super Sunday series wherein every Sunday an employability workshop is conducted to enhance the professional skills of the Shalinis.



TATA: Volunteers from TATA conduct workshops based on our Employability modules for Shalinis across chapters.

ING Netherlands: Volunteers from ING Netherlands conduct workshops based on our Employability modules for Shalinis across chapters.

White Hat Jr.: Volunteers from White Hat Jr. conduct workshops based on our Employability modules for Shalinis across chapters.

We thank Cosmo Foundation, Endress + Hauser Flowtech India Ltd, Endress + Hauser Infoserve India Ltd, Endress+ Hauser (I) Automation Instrumentation Pvt. Ltd. Nirlep, F5 Networks, UK & Kolkata, The Oriental Aromatics Ltd. and The Gateway School of Mumbai, Yolo Foundation - Covid Vaccination White and Gray Studio - Pottery Items, ICICI - Rural Financial Literacy, Google - Digital Marketing Sessions, ConnectFor, Inox India Pvt Ltd providing us mentors.

CAPACITY BUILDING OF BENEFICIARIES, MEMBERS, AND EMPLOYEES

Volunteers and resource people from India and across the world enriched our children and staff by holding several capacity-building and professional workshops. Some of our Trustees as well as Advisory Board Members also contributed their expertise and skills towards making Udayan Care a professional organization.

Sessions for Employees

Advanced Excel Training, Developmental Sprint and Peer Coaching, Emotional Health and Well-being, ERP Training, Financial Literacy and Awareness, Handling Emotions, How to edit videos, How to Give Constructive Feedback, How to maintain social media handles, Inter-Departmental Conflict Management & Cooperation, Leadership Capability Development Training, Media Literacy Training, Mindfulness Workshop, PSEA, Session on Motivation, SMART Goal Setting.

Akansha Arora, Deepali Ruhela, Dillip Kumar Das, Dimple Mehta, Hasnain Waris, Jitendra Srivastava from ICICI Foundation, Mansi Sharma, NSIC, Rajnish Virmani, Ravinder Kaur, Sachin Kumar, Tanvi.

Udayan Ghars

Meera Sawhny took COVID refresher session. Dimple Mehta from Factshala took a session on Digital Media Literacy. Deepali, Ravinder Kaur Pasricha, Shafi took a session on Effective Caregiving. Laia Daniels took a session on Virtual Western Music Classes. Dr. Ritika and Dr. Ambika- Dental Hygiene and Nutrition. Pooja Jaswani (Counselling Psychologist) and Prerna Chaudhary (Coordinator, National Institute of Defense) - Virtual session on preventing Substance Drug Abuse. Vipin, Sanjana Kapoor, Neeta Upadhyay, Sunita, Madhur - Storytelling session. Dr. Shilpa Gupta & team- EmoAid Refresher Sessions. Chandrakala took maths classes. Helen Lenga - Training Sessions on Trauma, Loss and Grief, Understanding Vicarious Trauma, Trauma and its Impact, Adoption, Handling CSA Disclosures, and A mental health perspective to significant events. Vaishali Rana- Trauma- Informed Care. Jia Mittal- Sponsoring Dance classes and Art classes at various ghars. Concerned Program Coordinators at the Ghars - Sessions on POCSO and JJ Act guidelines.

Udayan Care IT Centres

Many capacity-building workshops were held at our IT Centers. These workshops aid our IT students in personality development and boost their confidence. They are able to face job interviews and excel at their workplaces because of the skills imparted through these workshops.

Resource Persons for Staff Capacity-Building

Chetan Chauhan (Volunteer), Ashish Chakravarty(Genpact), Malak Bhatt (Supreme Court Lawyer), Sunil Pehlajani, Shobhit Pareekh (Mindtree Consulting), Ishant Anchal (Rely More), Sidhanshu Dhall and Himanshu Dhall (Wee-print Digital & Offset Printing Solution), Modicare Foundation, TPTCL, Prof. Navneet (Kangri University).

Resource Persons for Capacity-Building of Beneficiaries

Mamatha Vikram, Meenakshi Ruhela, Fakruddin, Akash, Shalini Sharma, Joseph Olikkalkoonal, Manoviraj, Rabia and Azhar, Chandan Tiwari, Jitendra Sachdeva, Surya, Ashish Sehra, Avinash Yadav, Varsha & Priyanka, Jayant Singh, UNICEF Team.

Topics Covered

How to Improve your Communication Skills, International Day of Clean Air for Blue Skies, Youth Express: A Session on Entrepreneurship, Social Entrepreneurship, Youth Express: How To Prepare For Placement During Lockdown, Boost your Confidence & Interview Skills, IBM Skill Building Orientation, Life Skills, Anatomy and Reproduction, Peer Pressure and Bullying, Child And Substance Abuse, Gender and Sex, Digital Financial Literacy for Youth, Financial Literacy & Awareness, What is Artificial Intelligence, Financial Literacy Training, Emerging Technologies and New Areas of Career Planning, UNICEF Yuwaah Orientation Program, Best Practices for Interview Preparation, Self-Care through Art.

Udayan Shalini Fellowship Program

Our dedicated staff, enthusiastic mentors, passionate committee members, and the ever-increasing band of volunteers and resource people from the corporate and academic sectors enhance the capacities all around by conducting workshops on leadership and life skills for the Shalinis and staff. We are grateful to all of them.

Agra

Resource Persons

Ashish Chakarborty, John Pradeep Ulrick, Reet Khurana, Sonal Matto.

Topics

Giving Back, Planning and Goal Setting, POSH, Positive Language.

Ahmedabad

Resource Persons

Dr. Arti Venkatesh, Geeta Solanki, Mittal Rana, Rohan Shah, Stuti Shah.

Topics

Career Counselling, Know yourself, Communication, Menstrual Hygiene, Time Management & Last-minute Preparation, Verbal & Nonverbal Communication, Vision Building, and goal Setting.

Aurangabad

Resource Persons

Akhil Maheshwari, Anila Vijay, Anurag Agarwal, Aparajita, Aradhitta Goenka, Arpita Jain, Bhaskar Preenja, Dr. Arun Arvind, Dr. Garima Singh, Dr. Neeru Loya, Hemant, Kumkum Menon, Lokmat Bhawan, Madan, Rohit, Manisha Choudhari, Master Mufaddal, Monalisa, eerja Malik, Parul Goel, Pawan Agarwal, Priti Rathi Gupta, Purvi Gupta, Radhika Kajaria, Rajneesh Virmani, Ramakunj, Rashmi Borikar, Reena Mandhani, Ritika Data, Rohit Khatnawalia, Roma, Roma Jain, Rosy Katyul, Sangeeta Bhatia, Sanjana Naniwadekar, Satya V, Shailaja Sanganeria, Shivani Bollani, Smita Bhartiya, Soumya, Sourabh Upadhaya, Sriram Narayanan, Subbalaxmi, Sudha Suryadevra, Suman Marwah, Sunita Kale, Vrinda Pathak, Wasif

Topics

Assertiveness, Body Language, Calligraphy, Canva app Learning, Career Awareness and Guidance, Career Counseling, Confidence Building and Motivation, Decision Making, Diet & Nutrition, Digital Marketing, Dress-up, Eco-Friendly Ganesh Murti Making, Email Writing Skill, Emotional Intelligence, English Classes, FEAR, Goal Setting, Goal Setting (Impact Day), How to face challenges in the corporate world and reach your goal, Imitative & Enterprising, Immunity Boasting, Interview Skills, Leadership, Mask Making workshop, Menstrual Hygiene, Mentoring Training, Motivational Talk, Nonverbal Communication, Paper Bags Making, Pencil Sketching, Personal Finance Management, Positive Language, Problem Solving and Conflict Management, Public Speaking, Raise your Energy, Take Charge of Your Money, Teamwork, The Art of Listening, Time Management, Using the Internet for Jobs, Values, Verbal Communication, Why it is important to take Covid Vaccine, Women & Safety, Workplace Biasness, Yoga Day Celebration.

Baddi

Resource Persons

Anadimita, Anand, Ankita Pande, Anup Kumar Singh, Anurag Aggrawal, Anushka, Aparajita Bahadur, Arun, Ashish Chakraborty, Ashok Rupana, Bhasker Preenja, Bhujang Bobade, and Kanika Modal, Brian Dias, Darshana, Deepak Sharma, Garima Sethia, Kalpana Anil, Kamla, Sneha, Kritika Anjali, Kumkum Menon, Lakshita Arora, Leena Prasad,

Mayoori Kango, Meeta Singh, Monika Singh, Neerja Malik, Neil Gokhale, Niraj Aggrawal, Parul Goel, Pooja, Preeti, Priti Rathi Gupta, Priyanka, Rahul Dev, Rajnish Virmani, Rajpreet Singh Atwal, Ramanpreet Kaur, Renee, Sakshi, Satpal, Singh Panwar, Sebastian, Shirly Nagrani, Shraddha Agiwal, Sitara, Surendra Madan, Vikram Srivastava, Yasir, Zainab Jabri.

Topics

Adaptability and Learning, Assertiveness, Career Awareness & Guidance, Climatic Ideation, CV & GD Preparation, Cyber Security, Digital Marketing, Human Trafficking Day, Email Writing, Emotional Intelligence, Environment Day, Environment Sustainability, Formal Communication Etiquettes, Foundation Planning, Importance of English Language, Importance of Hindi language, Independence Day, Initiative and Enterprising, International Women's Day, International Yoga Day, Internet for Jobs, Interview Skills, Managing Work Place Bias, Money Management, Non-Verbal Communication, Personal Finance Management, Personal Productivity, Positive Language, Problem Solving & Conflict Management, Protection on Internet, Public Speaking, Raksha Bandhan Celebration, Speaking Activity, Team Work, The Future of Museum, Theatre, Values, Verbal Communication, Vision & Goal Setting, Well-being Adda, Worrier to Warrior.

Bengaluru

Resource Persons

Aditya Chawla, Akshaya Reet, Ankitha, Aparajitha, Aparna Roy, Atul Dhawan, Coopman, Deeksha Gupta, Deekshitha, Dr. Usha Mehtha, Jitendhar, Karin, Kumkum Menon, Kunal Parik, Kunal Parwal, Manvika, Neerja Malik, Nishchitha Ramesh, Otera, Patricia Narayan, Philip, Rajnish Virmani, Rakesh, Sharanya Rajashekhar, Shrivanti, Shriya, SinyRagunathan Shimoni, Surbhi Sukhija.

Topics

Basic German, Book Reading Session, Career Awareness & Guidance, Conflict Management, Emotional Intelligence, Etiquette, Financial Rural Literacy, Fun With French, Goal Setting, Google Digital Marketing, Leadership, Makeup & Self-Grooming, Menstrual Hygiene, Mental Health, Motivational Session, Personal Finance Management, Positive Language, Preparation For The Engineering Entrance Exam, Procrastination, Teamwork, Values, Verbal Communication, Workplace Readiness Problem-Solving, Yoga Sessions.

Chennai

Resource Persons

Annapoorani, Anuradha, David Bharat Kumar, Deepa Krishnan, Dhanesh, Dr. Kalarani, Gnanraj Sadacham, Hadarah, Harini, Karthik Selvaraj, Kasthuri, Kishorekumar, Krishnaveni Madhupreetha, Meenal, Muthukumar, Naveen Narayanan, Navin, Neha Jalan, Premanandh Chandrasekar, Priya, Nithya, Priyanka Sekar, Rajkumar, Ramya, Ranjana, Rekha Kumaran, Sangita, Santhosh, Sathya Narayanan, Shanbagavalli, Soundararajan Innamburan, Syed Hussain, Thejaswini, Uma Narayanan, Umasree, Vijayalakshmi, Vishnu, Vrinda.

Topics

12th subject coaching, Attitude is Everything, Basics in Yoga, Career Guidance, Climate Ideation Clinic, Cyber Safety, Digital Literacy, Financial Literacy, Gender Equality, Goal Setting, Health Fitness without Mental Ease, IAS coaching, Initiative & Enterprising, Interview skills, Leadership, Menstrual Hygiene, Mental Health & Understanding Students, NEET Orientation, Nutrition Health & Menstrual Hygiene, Public Speaking, Resume & CV Preparation, Self-Awareness, Spoken English, Stress Management, Verbal communication, Wellness and Safety of Girls, Women Empowerment.

Dehradun

Resource Persons

Anantha Kumar Somasundaram, Ananya Pandey, Ankita Pandey, Aparajita Bahadur, Arpita Gupta, Arun Manidas, Ashish Rastogi, Avani Thakur, Bhaskar Preenja, Bhujang Bobde, Chandni Hari Ramani, Charu Muttreja, Deepak Pravah, Dinesh Nautiyal, Ekta Bang, Geeta Sharma, Gokul Chaudhary, Himanshu Sharma, Jatin, Kala Peiris, Kanika Mondal, Kumkum Shastry Menon, Kunal Narayan Uniyal, Lakshita Arora, Lonashree Sanasam, Mahima, Manpreet Kaur, Mayoori Kango, Megha Selvamony, Minakshi, Monika, Mrudula, Nandini, Nandini Bhargava, Neelam, Nikita Ann Gaulbert, Pallavi Choprabars, Parul, Parul Goel, Parul Mukhtyar, Pooja Yadav, Preeti Rathi Gupta, Priyanka Biswas, Purnika Sharma, Radha Murlidhar, Rahul Dev, Rajnish Virmani, Rakesh Surekha, Ramanpreet Kaur, Rashmi Sehgal, Reet Khurana, Renu Khanna, Roma, Roopal Arora, Rosy Katyal, Ruchi Juyal, Sanaya Nariman, Sapna Arora, Satpal Singh Panwar, Sharnas Mutthu T.T, Sheethu Ann George, Shirly Nagrani, Shubham Goel, Sidra Pravah, Sitara Agarwal, Sindhu Neelakanthan, Subhalakshmi, Tavisha Sharma, Tina, Uma, Vedasri, Vijay Iyer, Yogacharya Surendra Madan, Zainab Jabri.

Topics

12th Board Preparation, Adaptability and Learning, Assertiveness, Career Awareness & Guidance, Career Counseling, Career in Museum, Career Options in Post Covid-19 World, Change Management, CIRCA Values & How to be Productive in Holidays, Climate Change, Climate Change, CV Preparation & GD Practice, Cyber Security, Digital Marketing, Do Gendered Evaluation Promote Human Rights, Email Writing Skills, Emotional Intelligence, Entrepreneurship for Females in a Post Covid-19 World, Environmental Sustainability Program, Formal Communication Etiquette, GD & Mock Interview Practice, Gender Equality, Harappa Placement Success Program, How to Stay Positive, Human Trafficking Awareness, Importance of Hindi Language, Initiative & Enterprising, International Yoga Day, Menstrual Hygiene, Missing Awareness and Safety School Program (MASSP), Money Management- Take Charge of Your Money, National Energy Conservation Day, Non Verbal Communication, Personal Finance Management, Planning, Positive Language, Problem Solving & Conflict Management, Professionalism & Strong work Ethics, Reading Habits, Republic Day Celebration, Samjho Toh, Teach the Trainer, Team Work, Theatre, Using Internet for Jobs, Values, Verbal Communication, Vision Creation & Goal Setting, WellBeing, Women & Rights.

East Delhi

Resource Persons

Reet Khurana, Satpal Pawar, Yasir Arafat.

Topics

Human Trafficking, Positive Language, Self Esteem.

Faridabad

Resource Persons

Reet Khurana, Satpal Pawar.

Topics

Goal Setting, Human Trafficking, Positive Language.

Gurugram

Resource Persons

Aditya Chawla, Akash Aggarwal, Ankita Aggarwal, Aruna Pawaskar, Ashish Chakraborty, Ashish Raj, Atul Bhatnagar, Bhaskar Preenja, Capt. SK Thakur, Deepak Bhatnagar, Divyang Desai, Dr. Avtar Singh, Faizie, Garima (Inspector, SHO, Haryana Police), Garima, Gopal Singh Bishen, Kumkum Shastry, Latta, Matt Crabtree, Meenakshi Pahuja, Mirjam, Muskan, Namrata, NC Hegde, Neelam Virmani, Neerja Malik, Pawan, Poonam (Inspector Haryana Police) Priya Dooggal, Rajgopalan, Rajnish Virmani, Rashmi, Reet Khurana, Rosy, Saumya Kaushik, Shubhalaxmi, Sneha Hariharan, Suresh Kaushik, Vijay Batra.

Topics

Adaptability & Learning, Assertiveness, Career Awareness & Guidance, Career Awareness- Skill Development and Courses Available, Career Awareness, Career Options in UN, CV Writing, Decision Making, Email Writing, Emotional Intelligence, Environment Conservation, Environment Day Awareness, Financial Literacy, International Women's Day Celebration, Interpersonal Skills, Interview Skills, Motivational sessions, Non-verbal Communication, Personal Finance Management, Positive language, Prevention of Sexual Harassment, Public Speaking, Staying Positive, Teamwork, Using the Internet for Jobs, Values, Workplace Readiness, Yoga Day celebration.

Greater NOIDA

Resource Persons

Aakash Aggarwal, Ajay Srivastav, Akhil Ruhela, Aruna Pawaskar, Ashish, Bhasker Preenja, Capt. Rajpreet Singh Atwal, Divya, Harendra Singh, Gandharv Mahajan, Josje Schltmans, Konia Khanna, Kumkum Shastry Menon, Mahendra Kumar, Manisha Kumari, NeenaKhanna, Neetu Sharma Khurana, Neha Grover, Neha Trikha, Pallavi Dhimarn, Poonam, Pratishtha Aggarwal, Priti Rathi Gupta, Riya Desai, Roma Kumar, Rosy Katyul, Sanjay Thadani, Saumya Kaushik, Saurabh Sachdev, Shalaka Desai, Shraddha Agrawal, Sonam, Subhalakshmi, Swetcha Perschad, Vetri Martin, Wojciech Michalek, Yasir Arafat.

Topics

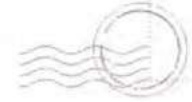
Accountability and Etiquette, Adaptability and Learning, Assertiveness, Best out of Waste, Career Awareness & Guidance, Career Counselling session, Career Guidance, Creative Thinking, CV Writing, Design Career Awareness Program, Digital Marketing, E-mail Writing, Emotional Intelligence, Enterprising & Initiative, Environmental Awareness, Environmental Sustainability, Financial Literacy, Gender Equity, Guidance for College Admissions, How to Prepare and Present, Interview Skills, Managing Workplace Bias, Mental Health, Mentorship Session, Non-verbal Communication, Personal Finance Management, Personal Productivity, Presentation skill, Problem Solving & Conflict Management, Public Speaking, Reading, Take Charge of Your Money, Transition from School to College, Using the Internet for Jobs, Values, Verbal Communication, Wellbeing Adda, Writing & Story-telling.

Haridwar

Resource Persons

Abha, Ankita, Aparajita, Aparajita Bahadur, Ashish Aggarwal, Atul Salhotra, Bhaskar Preenja, Chandani Arora, Deepa, Dilip, Dimple, Ekta Bang, Himanshu Sharma, Kumkum Menon, Kumkum Shastry Menon, Lakshita Arora, Mala, Manoj, Mayoore, Nandini, Nandini Bhargava, Parul, Pooja, Rahul Dev, Rajnish Virmani, Ratnesh Gautam, Reet Khurana,

Roma, Roopal Arora, Rosy Katyal, Sachin Sharma, Samrat, Sanjana Nayak, Satpal Singh Panwar, Sedassary, Sharda, Sindhu Neelakantan, Smitha Moganty, Subhalakshmi, Tina Thakur, Vani Khurana, Varuna Tamta



Topics

Adaptability & Learning, Analyzing Strengths & Weaknesses, Assertiveness, Awareness on Human Trafficking Day, Career Awareness & Guidance, Career Counselling, CIRCA Values, Communication Etiquette, Break the Bias, Craft Making, CV Preparation, Cyber Security, Design for Change - Work Readiness Skill Bootcamp, Digital Marketing sessions, Email Writing skills, Emotional Intelligence, Environment Awareness, Environment Sustainability – Effects of Climate Change, GD & Mock Interviews, Importance of Hindi Language, International Museum Day, Managing Interpersonal skills, Menstrual Awareness & Hygiene, Mental Health, Mentorship Training, Nonverbal Communication, Personal Saving, POSH Session, Positive Language, Positive Mindset, Problem solving & Conflict Management, Protecting Children on Net, Public Speaking, Staying Positive, Taking Charge of your Money, Teach the Trainer, Theatre, Using Internet for Jobs, Values, Verbal Communication, Well-Being-Pravah Toh Team, Yoga for Humanity, Young Warrior with UNICEF

Hyderabad

Resource Persons

Abidh Ali, Alok Mathur, Haindavi, Hima Bindu, Kavya Chittaranjan, Malavika, Meera, Meher Deepthi Narumanchi, Monica Nagpal, Tasneem, Neha Singh, Pallavi Kamat, Parul Goel, Pavneeta, Prajakta, Rajeshwari, Prashanth, Premlatha, Ramya Vaidya, Renuka Chekkala, Saritha Nittala, Shrinkhla Chandok, Sushma Venigalla, Vasantha Budugur, Vijaya Laxmi

Topics

Adjust, Adopt & Negotiate, Appreciate Oneself, Aptitude & Logical Reasoning, Building Self- esteem, Career Awareness & Guidance, Domestic Violence, Emotional Intelligence, English Speaking & Writing Skills, Exam Preparedness, Financial Independence, I am the best - why one should feel this, Importance of Internships, It's not that the parents are always wrong, Laws Pertaining to Women, Leadership for Young Adults, Mental Well-being, Mindfulness, Overcoming Fears, Parent and Child Relationship, Peer Pressure, Plan your Goals, Proud of Oneself, Public Speaking, Short Challenges, Sincerity, Unlearn Bad Habits, Vaccine and its Uses, What is Saving & Why Saving is Important, Yoga & Meditation

Jaipur

Resource Persons

Anita Meena, Anju Chaudhary, Anurag Agarwal, Asha Bhatnagar, Ashima Rohit Bohra, Bhaskar Preenja, Dr. Manisha Gupta, Dr. Garima Singh, Ekta Bang, Garima Sharma, Harsha Rohit, Kalyan Das, Kumkum Menon, Kunal Pareek, Manan Arora, Manasee Sharma, Manisha Dagar, Neha Gyamlani, Noel Pascal, Pawan Agarwal, Priti Rathi Gupta, Rajnish Virmani, Reet Khurana, Rohit Khatnawalia, Roma Jain, Rosy Katyal, Rukmani Haldea, Sanjeev Singh, Saurabh Upadhyay, Savita Verma, Shubhlakshmi, Subha Lakshmi, Tanu Bhushan, Umesh Dete.

Topics

Adaptability & Learning, Assertiveness, Being Decisive - How to Make Decision, Being Positive, Career and Values, Career Awareness, Career Counselling, Career Guidance, Change Management, CIRCA Values, Confidence Building, Covid-19 Precautions and Vaccination Awareness, Creation & Goal Setting, CV Preparation & GD Practice, Design for Change program, Dining Etiquette, Effective Body Language, E-Mail Writing, Emotional Intelligence, Foundation Value, Health & Wellbeing during Covid-19, How To Cope with College Environment, How To Face Outer World, How to Prepare for Board Exam, Importance of Meditation, Initiative and Enterprising, International Yoga Day Session, Internet for Job, Interview Skills, Job Readiness – How to Successfully Apply, Managing Workplace Bias, Mentor Training, Career in Banking, Non-Verbal Communication, Personal Finance Management, Personal Productivity, Perspective and Perception, Planning, Version, Positive Attitude, Positive Language, Power of First Impression, Problem Solving & Conflict Management, Protecting Children on Net, Public Speaking, Resume Writing, Stress Management, Taking Charge of Your Money, Team Work, Time Management, Understand Me Too Movement, Verbal Communication.

Kolkata

Training of Staff Members

Vaishali Ghosh, CPCAB Level 4 UK and The Chief of Mentors at Udayan Care Kolkata on the art of mentoring.

Resource Persons

Amitabha Ghosh, Anindita Basu, Ankita Agarwal, Anurag Garg, Aritri Siddharth Chandrana, Asha Kiran Agarwal, Ayushi Agarwal, Ayushi Astha, Baishali Mukherjee, Bhaskar Preenja, Bhavana, Preethi Agarwal, Brundha Ayyanar, Chandan Pan, Debapriya Biswas, Dipak Beniwal, Dr. Ananya Bhowmik, Dr. Suman Mitra, I.N. Chatterjee, Jyoshi Ayika, Kasturi Prakash, Kumkum Shastry Menon, Kunal Pareek, Mayank Trivedi, Neeloy Kanti Das, Nilanjana Sinha, Nimisha Jain, Nityananda Mishra, Papiya Gupta, Parimal Ch. Das, Payel Agarwal, Pinkey Biswas, Pinki Das, Pritam Mukherjee,

Priya Sharma, R Gayatri, Rachel Buala, Rachel Buala, Rajneeta Chandra, Rajnish Virmani, Rakesh Dave, Ravinder Manre, Ravitej Monga, Riti Mishra, Ritiman Thakur, Satyaki Bhattacharya, Sayanha Ghosh, Shalini Kumari, Shashi Kumar, Shayri Das, Shehzad Wadia, Snigdha Agarwal, Sourav Chakraborty, Sukriti Bhagat, Tavisha Sharma, Tarusarita Roy, Varnan Jalan.



Topics

Adaptability & Learning, Adult Franchise, Ambition & Its Importance in Life, Are good grades enough for success, Assumptions in Logical Reasoning, Attitude Towards Workplace, Awareness about Using Different Sites, Basic Skills Required for Daily Life, Benefits of Positive Thinking, Blood Relations, Body Language & Etiquette, Career Awareness & Guidance, Career Choices after Graduation, Career Goal, Case Studies on Public Private Partnership & Foreign Direct Investment, Changing the way you think, Coding – Decoding, Common Problems – what we should do & shouldn't do, Myths & Stigma, Communication, Communicative English, Confidence & Attitude, Confidence Creation, Conflict Management, Contribution & Significance of Frontline Medical Care Givers in Covid time, Contribution of Educated Unemployed Women in Indian Economy, Contribution of IT sector in Indian Economy, Coping with Change & Facing "Fear" and the "New Normal", Corporate Etiquette, Creating Profile on LinkedIn & Naukri, Cultural Diversity, Cyber Security, Dealing with Change, Deriving Conclusions from Passages, Digital Privacy, Direction Patterns, Effective Communication, Ego Problems in today's Youth, E-mail Writing, Emotional Management, Emotional Quotient, Empathy vs Sympathy, Environmental Awareness, Fulfilment of New Women is a Myth – Justify Critical Thinking, Gender Equity & Equality, General Knowledge & Current Affairs, Group Interview, Has social media improved human communication, Indra Nooyi, J.K.Rowling , Susmita Sen , Mary Kom, Mother Teresa, Padmashri Mrs. Sudha Murthy, How to cope with stress in Covid times, How to introduce yourself, Hearing vs. Listening, How to set goals more effectively and how to prioritize things in life, Human Development Index, Iceberg Concept, Impact of Covid-19 on Employment, Importance of a Good CV, Improving Speaking Skills, Indian Constitutions, Indian Freedom Struggle, Interview Preparation, Interview, Intra/Inter Personal Skills, Language Skills, Leading Motivation, Liberalization, Linear Seating Arrangement, Managing Workplace Bias, Menstrual Hygiene, Mental Well-being, Nature vs Nurture, Necessity of Inspiration in Life, Non- Verbal Communication, Open Web & Deep Web, Opportunities of IT Sector in 21 st Century, Organizational Behaviour, Overcoming Fears, Personal Finance Management, Personal Growth & Development, Personal hygiene, exercise, health, and healthy habits, Personal Safety, POSH, Positive Language, Power of Words, Privatization & Globalization, Problem Solving & Conflict Management, Public Speaking, Resume Making, Riddles, Role of Communication, Role of Inspiration in Life, Rules of Prepositions, Rural Financial Literacy, Self-Introduction, Skills of Email Writing, Some good English words replacing repetitive words, Staying Motivated Always, Importance of Positive Thoughts in Life, Stress Management, Symbolic Representation, Talent & Attitude, Team Management, Time Management, Type of Market Systems, Use of Internet for Jobs, Values, Verbal Communications, Vision of Success, Women's Safety & Dark Web, Work Culture.

Kurukshetra

Resource Persons

Akshika, Ashish Singh, Ashish Srivastava, Akhil Ruhela, Ajapa Gupta, Dr. Anuradha Sharma, Bhaskar Preenja, Devanshi, Deepak Chib, Mohd. Faheem Khan, Dr. Kamala Devi, Krishna Panchal, Mahima Sharma, Dr. Nirmala Chaudhary, Nancy Chauhan, Neerja Malik, Dr. Neha Sobti, Prof. Navneet Kumar, Neetika Mittal, Dr. Neha Dua, Preeti Rathi, Parul Goyal, Parul Mukhtiyar, Dr. Ram Niwas, Dr. Rajshree Pradhan, Ramanpreet Kaur, Raj Phule, Rosy Katyal, Prof. Sushama Sharma, Dr. Savita, Shraddha, Satpal Singh Panwar, Dr. Sunita Siroha, Swetcha Prasad, Subhalakshmi, Dr. Saurabh Kaushal, Dipti, Shelender Khambra, Surender Sharma, Dr. Sant Lal Varma, Dr. Tripti Mohanta, Dr. Upasana, Varuna Tamta, Vetri Martin, Vrinda Mehta, Virender, Yogeshwar Joshi, Yasir.

Topics

Assertiveness, Coding, CV preparation, Career Awareness & Guidance, Career in Medical Science, Child Labour Day, CV & GD skills, Children's Day and Legal Literacy Week, Dr. B.R Ambedkar Jayanti and Vaisakhi, Email Writing, Emotional Intelligence, Elimination of Violence against Women, Goal Setting, Initiative & Enterprising, Human Trafficking Awareness, International Nurses Day, Yoga for Humanity International Yoga Day, Interview Skills, Motivational Session, Mother's Day, Managing Workplace Biasness, Mental Health, Planning & Vision Creation, Problem Solving & Conflict Management, National Voters Day, Personal Finance Management, Stress Management, Team Work, Teacher & Day, Values, Verbal & Non-verbal communication, Vigilance Awareness Week, Environment Awareness Day, World Population Day, World Sight Day, World Standard Day, World Disability Day, Young Warrior Movement.



Mumbai

Resource Persons

Alapinee Deshmukh, Arif Hemdani, Aromi Salot, Ashrafi Matcheswala, Daljeet Singh, Darshana Joshi, Dimple Jogani, Dipali Shah, Dipti Shah, Divya Boi, Dr. Sejal Dedhia, Dr. Kalpana Shah, Dr. Shilpa Popat, Esha Meattle, Gita Bhansali, Gopa Jhaveri, Harshini Kotecha, Jasmine Rawal Kshitija, Jinal Shah, Kamlesh Trivedi, Kartik Jhaveri, Kishori Lad, Kriti Dutta, Madhu Parki, Maithali, Mana Shah, Manisha Maheshwari, Mansi Mishra, Mayura Mohta, Milan Ganatara, Miti Shah, Nandivadekar, Neerja Malik, Neha Bhansali, Neha Singhal, Nisha Pandey, Piyush, Pranali Yelve, Pratibha Jayram, Pratima Shrivastav, Priti Rathi, Priya Gurtu, Rajnish Virmani, Rayna Mehta, Rita Balachandran, Ritika Patni, Seema Nahata, Shafaq Ansari, Shivani Sanghavi, Simran Chabria, Smriti Dalvi, Sonali Verma, Tanushka Vaid, Vandana Dalal, Vartika Sangtani, Vinod Datul.

Topics

Assertiveness, Career Awareness and Guidance, Career Conclave – Commerce Stream, Career Conclave – Science Stream, Covid 19 & Vaccination Awareness, CV Preparation, Digital Marketing, Values, Goal Setting, I am Remarkable session, Independence Day Session and Celebration, Initiative and Enterprising, Inspirational Session—Surviving Tough Times, Interview Skills, Introducing a New Chapter in Mentoring, LEAP for Science and Technology, Managing Fear, Managing Wellness Aspects of Mentee, Managing Workplace Bias – Women's Rights, Menstrual Health & Hygiene, Mentor-Mentee Advantages for You, Mentor Orientation Session, Monthly Yoga Session, Non-Verbal Communication, Personal Finance Management, Positive Language, Problem Solving & Conflict Management, Rural Financial Literacy, Safe Space for Sharing, Seed of Well-being, Side Gig – Rakhi Making, Side Gig -Explore Different Career Opportunities, Take Charge of Your Money, Team Work, The Girlfriend Hour – 5 Sessions, Using the Internet for Jobs, Verbal Communication, Virtual Corporate Tour - Twice, Vision and Goal Setting, Vision Session, Wide World of Internet Livelihood.

Nashik

Resource Persons

Bhaskar Preenja, Komal Ahuja, Rajat Bahl, Reet Khurana, Swati Gorwadker, Yasir Arafat.

Topics

Career Awareness & Guidance, Cyber Crime & Safety, Positive Language, Rights & Responsibilities of Women, Self Esteem.

NOIDA

Resource Persons

Ashish Singh, Ashok Chakravarty, Bhaskar Preenja, Jitender Sachdev, Kumkum Menon, Mohd. Faheem Khan, Neha Gora, Nisha Silwal, Rahul Dev, Reet Khurana, Roma, Rosy Katyal, Sahana.

Topics

Career Awareness & Guidance, Career Counseling session, Environment Concerns, and Sustainability, Giving Back, Goal setting, Importance of Hindi Language, Positive Language, Rural Financial Literacy, Values, Assertiveness, Verbal Communication, Will Power/Self-Control.

North Delhi

Resource Persons

Ananya Mukharjee, Ananya Pandey, Ankita Pande, Anurag Aggarwal, Aprajita Bahadur, Arunachalam Natrajan, Ashish Chakraborty, Atul Dhawan, Bhaskar Preenja, Chhavi Rana, Deepanshi Bansal, Geetali Gupta, Harshita Devnani, Jitender Sachdeva, Josje Schiltmans, Kedarnath, Konia, Khanna, Kumkum Shastri Menon, Kunal Pareek, Manpreet Kaur, Manvika Sharma, Mayoore Kango, Nanda Kumar Das, Nandini Bhargaw, Neena Khanna, Neerja Malik, Neha Sethi, Nikhila, Niranjana Raman, Parul Goel, Pavan Aggarwal, Praveen Shahni, Preeti Rathi Gupta, Priyanka Sahai, Rahul Dev, Rajit Kumar, Rajnish Virmani, Reet Khurana, Rosy Katyal, Samita Parulkar, Sanchi Mulki, Sandeep Kumar, Sanjeev Gupta, Saulat Hasan, Saumya Kaushik, Saumya Sarkar, Saurabh Upadhyay, Sebastian, Sharda, Shilpa Deshpande, Subhalaxmi, Surendra Madan, Swetcha Prashad, Ulhas Vairagkar, Vikram Srivastava, Wojciench Michalek.

Topics

Adaptability & Learning, Assertiveness, Career Counselling, Career Guidance and awareness, Career in Law, Coding Bootcamp, Communication and Interpersonal skills, CV Writing & GD, Cyber Security (Deloitte), Cyber Security (E & Y), Decision Making (Deloitte), Deloitte Impact Day, Design For Change Session, Digital Marketing Session, Email Writing, Emotional Intelligence, English Speaking, Environment Awareness, Environment Sustainability, Financial Literacy ICICI, Financial Planning, Genpact International Women's Day, Goal Setting, How not to Procrastinate & Stay Motivated, Importance of Hindi, Initiative and Enterprising, International Women & Day, Interview Skills, Mental Wellbeing & Suicide Prevention, Mock Interview, Motivational Session, Non Verbal Communication, Personal Finance Management, Personal Productivity (Deloitte),

Positive Language, Problem Solving & Conflict Management, Public Speaking (Deloitte), Reproductive Health and Hygiene, Session on POSH, Session on UPSC Preparation, Stress Management, Take Charge of your Money, Team Work, Understanding Change, Using Internet for Jobs, Values, Verbal Communication, Warrior to Warrior, Work Place Biasness, Yoga Session (Genpact).

Panchkula

Resource Persons

Ananya Pandey, Ankita Pande, Anuj Aggarwal, Anurag Aggarwal, Aprajita Bahadur, Ashish Chakraborty, Baldev Singh, Bhaskar Preenja, Capt Rajpreet Singh, Dimple Mehta, Dr. Bhujbal, Dr. Kanika, Garima, Kumkum, Mayoore Kango, Neerja Malik, Niraj, Pooja, Preeti Rathi, Preeti Sharma, Rahul Dev, Rajnish Virmani, Sakhi, Shirly Nagrani, Sidharth, Sonal, Surrender, Yasir Arafat.

Topics

Adaptability and Learning, Assertiveness, Career Awareness, CIRCA Values, CV Writing, Cyber Security, Digital Marketing, Digital Media, Email Writing, Emotional Intelligence, Environment Day, Formal Communication Etiquettes, Goal Setting, Importance of Hindi Language and Career Prospectus, Initiative and Enterprising, International Yoga Day, Internet for Jobs, Interview Skills, Managing Work Place Bias, Mental Health, Mentoring Session, Missing School Program, Personal Finance Management, Positive Language, Problem Solving & Conflict Management, Take Charge of Your Money, Team Work, The Future Museum, Verbal Communication, Yuwah Young Warrior Movement.

Phagwara

Resource Persons

Ashish Chakraborty, Bhaskar Preenja, Harshita, Hema Vedula, Khushboo Kumari, Parul Goel, Priyanka Sahai, Rajnish Virmani, Ramanpreet Kaur, Ravinder Kaur, Reema Bains, Reet Khurana.

Topics

Adaptability & Learning, Assertiveness, Break the Bias – International Women's Day, Do & sand Don & ts in an Interview, Emotional Intelligence, Finance Management, Global Warming, Initiative & Enterprising, Internet for jobs, Interview Skills, Non- Verbal Communication, Personality Development, Planning, Positive Language, Problem Solving and Conflict Management, Self Esteem, Team Work, Values, Vision and Values, Women's Rights, Writing Skills.

Pune

Resource Persons

Anadmeye Sohani, Anil, Ankita Pande, Anuradha Sharma, Aprajita Bahadur, Archana Aggarwal, Bhaskar Preenja, Divya Bhatiya, Divya Gill, Gargi Biswas, Guramrita Oberoi, Harshad Tathed, Kapil Malhotra, Kshama Jain, Kumkum Menon, Kunal Pareek, Mathangi, Mayoore Kango, Narayan S., Nayana Prabhu, Pallavi Moghe, Priti Rathi Gupta, Rachna Das, Rajesh Kamat, Rajnish Virmani, Reet Khurana, Siddhi Bhandari, Subhash Khare, Yogesh Agiwal.

Topics

Assertiveness, Being Decisive- How to Take Decisions, Career Awareness & Guidance, Childhood Memories, Creating and Nurturing Strong Relationships, Emotional Intelligence, Goal Setting, Google Digital Marketing Session, How to Leverage Social Media & Cyber Security Rule, How to Prepare for Competitive Exams, How to Stop Procrastinating and Stay Motivated, How to take notes /maintaining a journal, Importance of Meditation, Interview Skills, Introduction to Coding, Career Guidance: Arts and Science, Learning Agility, Learning How to Say NO, Leadership Skills, Managing Change and Adapting, Managing Work Place Bias (Women's Right), Multiplier Mindset, Non-Verbal Communication, Paper Solving, Personal Finance Management, Personal Productivity, Personal Protection Precautions and Care Against Violence, Planning for Internships after Graduation, Planning, Vision Creation & Goal Setting, Positive Body Language for Success, Positive Language, Power of First Impression, Problem Solving & Conflict Management, Read Aloud, Study Techniques: Pre-Test, Take Charge of your Money, Taking Ownership and Responsibility, Team Work, Theatre Module-1 and 2, Using Internet for jobs, Values /CIRCA, Waste Segregation Training, Yoga Session.

South Delhi

Resource Persons

Ananya Mukherjee, Bhaskar Preenja, Deepa Bisht, Deepak Ahlawat, Kunal Pareek, Neena Khanna, Pavan, Puneeta Puri, Rajnish Virmani, Reet Khurana, Riya Choudhary, Roma Kumar, Sanjeev Gupta, Vijay Bharti.

Topics

Adaptability & Learning, Assertiveness, Break the Bias (International Women's Day) Career Awareness & Guidance, Career Counselling, Cyber Security, E-Mail Writing, Emotional Intelligence, Holistic Well-being, Hum-Tum, I am Remarkable, Initiative & Enterprising, Interview Skill, Managing Workplace Bias, Mann ki Baat, Non- Verbal Communication, Personal Finance Management, Planning Vision Creation & Goal Setting, POSH, Positive Language, Problem-solving & Conflict Management, Relationship with Self and Others, Team Work, Using the Internet for Jobs, Values, Verbal Communication.

West Mumbai (Thane)

Resource Persons

Aditya Chawla, Anita Amarnath, Anubha Daga, Arusha Nangalia, Dipak Sanghavi, Dipti Shah, Dr. Chinu Agarwal, Dr. Suvesh Sharma, Jasmine Rawal, Karin Cooperman, Mahika Goel, Manisha Maheshwari, Nandini Sood, Neerja Malik, Nishu Jain, Priti Rathi Gupta, Priyanka Darji, Rajnish Virmani, Reet Khurana, Sangita Datta, Seema Nahata, Shubhalaxmi Murrugappa, Sindhu Neelakanthan, Siny Raghunathan, Trupti Gilada-Baheti.

Topics

Art Session, Assertiveness, Break the Bias (International Women's Day), Career Awareness & Guidance, Career Conclave, Career Guidance, Communication Etiquette, Conflict Management, Cooking Competition, Coping with Grief & Loss, CV, GD & Mock Interview, Design for Change, DFC – Series 2 (5 workshops) Emotional Intelligence, Environment Awareness, Finance Management, Garba Hour, Goal Setting and Planning, Google Digital Marketing Session, Harappa Program, HEM Virtues Course – Achievers, Hema Values Course Orientation, Meet with the Batches, Mentor Orientation, Motivational Session, Non-Verbal Communication, Origami Paper Craft, Positive Language, Problem Solving, Self Defense Workshop, Self-Esteem, Take Charge of Your Money, The Girlfriend Hour with South Mumbai, UNICEF YUWAAH Orientation, Using the Internet for Jobs, Vaccine or Virus: Making the wise choice, Values, Verbal Communication, Women's Right, Workplace Readiness, Yoga Session.

Vadodara

Resource Persons

Khyati Patel, Mita Shah, Nilakshi Chattopadhyay, Nimesha Parekh, Pawan Dwivedi, Rameshwari Gajjar, Shivani Bose, Snehal Parvatiya, Vijay DSouza.

Topics

Assertiveness, Communication, Effective Study Habits, Emotional Intelligence, Etiquette & Grooming, E-Vidhya, Exam Phobia, Financial Literacy, Future Careerism, Goal Setting, Health and Hygiene, Meditation, Self-Awareness, Self-Development, Stress Management.

CARE LEAVERS NETWORK AND ASSOCIATION (CLAN) AND OTHER PROGRAMS LIKE AOP

We thank NIPPCD for giving CLAN members an opportunity to present their work to a larger audience, the UNICEF India office for engaging with CLAN members to conceptualize the national care leavers network in India, Manoj Kumar, Director, MWCD, for meeting CLAN members and listening to their demands.

GRATITUDE FOR AIDING US IN OUR ADVOCACY EFFORTS

We are thankful to all our partners, ranging from the Government, INGOs, NGOs, and individuals for supporting us in our advocacy, research, and training work throughout the year.

Resource Persons

Manoj Dash, Vivek Nischal, Sonal Chaturvedi, Sudeshna Roy, Richa Gupta, Indu Saraswat, Pradeep Narayan, Deeksha Punia, Shabina Ahmed, Vivek Singh, Radhika Alkazi, Merry Barua.

Technical Support

Hope and Homes for Children UK, India Alternative Care Network, FICE International, Eurochild, EPIC, UK, Wataneya Society, Yuwaah, Kinderperspectife, University of Hildesheim, Germany, Prof. Zubair Meenai.

All Peer Reviewers for the ICB journal, Better Care Network, UNICEF ROSA, INTRAC.

All mentors for AOP youth.

PARTNERING WITH ACADEMIC INSTITUTIONS



We are immensely grateful to the schools, colleges, and coaching institutes, who share our vision and become our 'Partners for Change' in bringing about a transformation in our children and youth through quality education. Our children and youth are live examples of what good education can do to shape one's future!

Udayan Ghar Children and Youth

Ahlcon Public School	Amarpali Public School, Ghaziabad
Aryadeep Public School	Balvantray Mehta Vidya Bhawan- GK- 1 and Lajpat Bhawan
Blue Bells International School, East of Kailash	Cambridge School Greater Noida
CSKM, Satbari (Col Satsangi Kiran Memorial School)	Deep Memorial Public School, Ghaziabad
Delhi Paramedical & Management Institute (DPMI)	Department of Pharmacy, Kurukshetra University
DPS Greater Noida	Dharam Singh Memorial Public School, Sector 73, Sarfabad
Four Steps Vocation School, G.K- I	GD Goenka Global School
GD Goenka University, Gurugram	Genesis Global School, Noida
Gita Girls Sr. Sec. School, Kurukshetra	Global Indian International School, Noida
Global Institute of Management, Greater Noida	Greenfield Public School, Kurukshetra
Gurunanak Public Sr. Sec. School, Kurukshetra	India International School, Jaipur
Janhit Group of Institutions, Greater Noida	Katha Lab School
Kendriya Vidyalaya, Noida	Khusboo Welfare Society
Lovely Professional University	Maharaja Agarsen College, DU
Maharishi Vidya Mandir, Noida	Mata Bhagwanti Chadha Niketan, Noida
MCD School, Sant Nagar	Merry Angel School, Greater Noida
Modern School, Vasant Vihar	Paramhans School, Faridabad
Pragyan School, Greater Noida	Pravah Skill Development Center
Rabindranath World School	Rajkiya Balika Intercollage, Noida Sector 51
Rose Land Public School	Sagar School, Alwar, Rajasthan
Seedling Modern High School, Jaipur	Shirdi Sai Baba School, Faridabad
SKV- 1 & 2, East of Kailash	St. Mary's School, Safdarjung Enclave
ST. PBN Public School	Tagore International School, East of Kailash
Tagore International School, Vasant Vihar	The Sagar School, Alwar
Umang School, Jaipur	Universal Public School
Vishwas Vidyalaya, Gurugram	

Udayan Shalini Fellows

Harappa Program: Harappa is a learner-centered institution of the future and its unique curriculum addresses the massive talent needs and employability challenges India faces. Harappa collaborated with Udayan Shalini Fellowship program to help Shalinis enhance their skills to be more equipped for the professional world. The program aimed to help students achieve better placement/job interview outcomes through targeted interventions at every stage of the recruitment process—resume writing, group discussions, and interview preparation.

Baddi: The top-notch WCD for providing English Spoken and personality development courses in a minimal fee structure.

Chennai: Bodhi Charitable Trust, Sri Ramanuja Charitable Trust, Bharathi Academy, Don Bosco Primary School.

Dehradun: Fly High Institute of Commerce (FHIC), GRD Girls Degree College, IGNC, IMBA, Prabhawati College and WhiteHat Jr., GRD Girls Degree College.

Gurugram: GD Goenka University - We are extremely delighted and thankful to GD Goenka University, Gurugram for giving our children an opportunity to pursue graduation in their prestigious college and realize their dreams. This association/tie-up was established two years back by our very own Dr. Avtar Singh, Convenor, Gurugram who initiated the entire process and made this a reality.



Greater Noida: Global Institute of Information Technology, GN Group of Institutions, Janhit Institute of Education and Information.

Haridwar: Fly High Institute of Commerce, Howard Institute for Spoken English and Personality Development.

Kurukshetra: Panipat Institute of Engineering and Technology, Samalkha, Panipat.

Mumbai: Somaiya University – Granted 100% to 70% Scholarship to the Shalinis, Chetana Learning Center – Coaching for Class XI and XII Commerce & Arts Students, Claylab - Coaching for Class XI and XII, Yasham Foundation – Coaching for Entrance Exams like NEET, JEE, CA, Law, UPSC (IAS, IPS, IFS, IRS), Banking, Army, Navy, Merchant Navy, Nursing, GATE, Om Computers - Computer Classes.

Noida: Duke University

Panchkula: Vivek Career Academy - for providing UPSC coaching to 20 Shalinis in their Coaching Academy.

Pune: Adarsh Shikshan Sanstha Barse Vidya Mandir Bhosari, Akanksha Foundation Pune, Bhairavnath High School and Junior College Bhosari, Bhartiya Jain Sanghatana College Pimpri, I Teach Schools organization Pune, Kanya Shala Pimpri Waghere, Minatai Thakrey PCMC High School Dapodi, Salam Bombay Organization Pune, Siddhivinayak College Karve, Sundarabai Rathi Girls High School, and Junior College Pune, Teach For India Pune, Vanaj Pariwar High School.

West Mumbai (Thane): Adarsh Vidya Mandir Rai, Bajaj Marathi Secondary School, Bhayandar Secondary School, Blossoms High School and Junior College, Charkop Gav B M C School, Holy Cross Convent High School, J.H.Poddar High School, MLB Hedavakar Vidyaniketan, Nirmala Niketan High School, Our Lady of Nazareth High School, RC Patel High School, Royal English High School, Sheth V.K Natha High School, St Aloysius English High School, St. Xavier & High School, St.Jerome Convent High School, Swami Vivekanand School, The Don Bosco High School, Unicorn Training Academy-Bhayander.

Vadodara: Parul University – Providing Freeship & 75% Waiver of College Fees; U will Classes – Tuitions; Yashashvi Classes – Tuitions; P D Gurukul – coaching for UPSC/GPSC preparation; Exam Shala – Coaching for Banking and Class 2 exams.

STALLS FOR OUR PRODUCTS

Our gratitude to the corporates, colleges, and embassies, who encouraged us to set up stalls on their premises for showcasing Udayan Care Products.

Aurangabad: Lokmat Bhavan- Dress up, Bazaz House -Flea Market.

CONTRIBUTION OF SPACE AND INFRASTRUCTURE

We are truly grateful to the individuals and institutions, who partnered with us and gave their spaces and infrastructure pro-bono to us for running our programs, functions, and workshops, which becomes a huge cost saver for us.

For Udayan Ghars (UG)

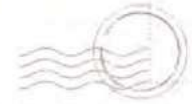
Adidas supported the renovation of the home, Ankur Society, Mr. Seeraj Katoch, and Mr. Singhal provided free accommodation for children and staff of home 3 for more than 6 months while the home was being renovated, Quota International, Sat Krishna Charitable Trust.

For Udayan Care Information Technology Centers (UCIT)

We are grateful to Sat Krishna Charitable Trust for providing space for the center at Narsinghpur Gurgaon and to Kishwana Charitable trust for providing space at the Badarpur center.

For Udayan Shalini Fellowships (USF)

Agra: Prelude Public School, Agra - We are thankful to Dr. Sushil Gupta (Director, Prelude Public School) for helping us advocate for girls' education and giving us the premises for the selection process, Induction ceremony, and workshops.



Aurangabad: Dhoot Motors, Rajkutir, Ramakunj, Paithan Road, Aurangabad – for office premises, Bajaj Bhavan (CMIA Hall), Bazaz House.

Baddi: NSDC (Prabhat Centre Baddi) - Provided space for conducting the selection process (written exams, interviews).

Bengaluru: Government PU College Basavangudi

Chennai: Genlite Engineering Ltd (Office Space), Sky Mahal (Celebrations), Don Bosco Primary School Shastri Nagar (Workshop).

Dehradun: GGIC Rajpur Road

East Delhi: Rajkiya Pratibha Vikas Vidyalaya B-Block, Yamuna Vihar (Orientation Ceremony), Sarvodaya Kanya Vidyalaya No-1, C-Block, Yamuna Vihar (Workshops).

Faridabad: Government Girls Senior Secondary School, NIT 1, NIT 2 and NIT 3, Government Senior Secondary School Mujesar, Government Model Sanskriti Senior Secondary School, and Government Girls Senior Secondary School Sec 22 for providing space for conducting written exam and interviews.

Gurugram: Sat Krishna Charitable Trust, Narsinghpur, Gurugram

Greater NOIDA: Bhartiya Adarsh Vedik Balika Inter College

Haridwar: Bal Mandir School (BHEL), Fly High Institute of Commerce, Government Girls Inter College Dheerwali, Howard Institute for Spoken English and Personality Development, Swami Darshanand Institute of Management and Technology.

Hyderabad: Meridian School – Madhapur (for conducting workshops), Vivekananda High School – Panjagutta (for conducting workshops).

Jaipur: Sr. Sec. Girls School Malviya Nagar provided space to conduct entrance exams, quarterly workshops, alumnae meet, and International Women's Day celebrations; Late Abhay Pareek Govt. Sr. Sec School, provided space to conduct the entrance exam; SOS Children's Village Jaipur provided space for conducting interviews and the Induction ceremony for the new batch.

Kurukshetra: Greenfield Public School, Guru Nanak Senior Secondary, Govt Girls Sen Sec School (Thanesar), S.D Girls Sen Sec School.

Mumbai: Office Space – Disti India Advisors, Small Group Events- The First Steps School.

Nashik: Nutan School - Written Exam, Golden Horizon School – Workshops, Manav Sadhana – Interviews.

Noida: Rajkiya Balika Inter College – for conducting written Exam, Cambridge School – for Workshops.

North Delhi: Mahavir Senior Model School- The partnership with Mahavir Senior Model School, its Board members, Chairperson, and staff is really strengthening, as all our USF- related activities take place in their extremely well-managed facility throughout the 19 years.

Panchkula: Saarthak Government Integrated Model Senior Secondary School, Sector 12A, (Premises for USF written exam), Govt. Senior Secondary School, Sector 19, (Premises for Conducting Interviews) Panchkula Eco City (Space for Office and Induction ceremony).

Panchkula: Saarthak Government Integrated Model Senior Secondary School, Sector 12A, (Premises for USF written exam), Govt. Senior Secondary School, Sector 19, (Premises for Conducting Interviews) Panchkula Eco City (Space for Office and Induction ceremony).

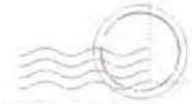
Phagwara: Arya Model Senior Secondary School, Kanya Mahavidyalaya Girls Senior Secondary School, Govt. Girls Senior Secondary School Phagwara, Ramgarhia Girls School, S. D. Putri Pathshala Girls Senior Secondary School Hadiabad, Phagwara provided space for written exams and interviews.

Pune: Priyadarshani High School, Dighi Road Bhosari, Tatva Wellness Point, and Tech Sense Engineering Services, Pimpri – Office premises & workshops.

Vadodara: M.S University – Space for workshops, C and B Highschool- place for workshops, R and B School - place for conducting exams, Inox India Pvt Ltd – transport for an exposure visit.

MEDICAL SUPPORT

Our huge gratitude to all the doctors and hospitals, who care for our children and youth to ensure they remain in the pink of health! Dr. Kiran Mishra for being part of the health committee at Udayan Care.



Udayan Ghar Program

UG 1 & 13

Dr. Dang, Hauz Khas (for Blood Test), Dr. Mahajan (for X-Rays), ENT Jasola Hospital (For ENT), Dr. Deepak Gupta, (Child Psychiatrist), Dr. Sajiv (Adlakha Speech and Hearing Consultant), Dr. Rashi Bhargava assigned by DCPU South East for telephonic consultations, Major Gen. B. N. Bhandari Charitable Medical Clinic, Servants of The People Society, Lajpat Bhawan Hospital, Dr. Manisha Pandey (Gynecologist), Arya Samaj Mandir, Dr. Seema Gupta (Gynecologist), Mohalla Clinic at Amar Colony, Lajpat Nagar IV, New Delhi.

UG 2 & 8

Dr. D.K. Sharma (MBBS, Dermatologist), Dr. Sanjeev Tripathi (M.D. D' Ortho), Dr. Ashe Sahai (MBBS, MS), Dr. Sandeep Kashyap (MBBS Medical Officer), Sree Krishna Medical & Research Centre, CGHS Dispensary No. 77, Mayur Vihar.

UG 3 & 12

Dr. S. K. Kacker & Dr. Arvind Kacker (ENT), Dr. Harsh Mahajan - Mahajan Imaging Lab, Dr. Navin Dang & Dr. Manju Dang, Dr. Karan Bhalla (Dentist), Dr. Deepak Gupta, Centre for Child and Adolescent Wellbeing, Dr. Rajendra Prasad Eye Hospital, Dr. Veera, Manav Sewa Sansthan, ILBS.

UG 4

Dr. Anjali Vaish, Dr. Gunjan Sharma, Dr. Manish Kansal and Shanti Home, Sharda Hospital, Dr. Shivani Singh, Dr. Sunita Sharma.

UG 5

Sat Krishna Charitable Hospital, Ahuja Eye & Dental Institute, Dr. Poonam Dental Clinic, Medanta Hospital Gurgaon, Dr. Dang Lab Pvt. Ltd. Delhi.

UG 6 & 7

Dr. Rajat Jain, Dr. Bhim Rao Ambedkar Hospital, Dr. Vikas Tyagi.

UG 9

Taneja Diagnostic Centre Kurukshetra, Sunder Hospital Kurukshetra, Kurukshetra Nursing Home.

UG 10

Dr. Rajpreet Soni of Mahatma Gandhi Hospital, and Medical Research Centre, Dr. Mayank Kaurani (Dentist), Dr. Vaibhav Tripathi (Eye Check-up), Royal Eye Care and Research Centre, Dr. Deepak K Mathur (Dermatologist).

UG 11

Dr. Rani Rusi's Clinic

UG 14 & 16

Govt Hospital at Kheri Kalan Faridabad, Dr. Chintu Chaudary.

UG 17

Dr. Abhimanyu, Satkrishna Charitable Trust, Dr. Manisha Arora, Head of Unit and Principal Consultant at Max Hospital Gurgaon, Dr. Parwinder Kaur (Gynaecologist), Navya Hospital, Shashtri Optical, Dr. Reenu Bhatia (Pediatrician), Dr. Monika, Dentotal Dental Clinic.

Udayan Shalini Fellowship Program

Aurangabad Krupamayi Hospital for Vaccination, Endress+Houser Automation for Vaccination Drive, Endress+Houser Enfo

Kurukshetra: Kurukshetra Nursing Home, LNJP Kurukshetra

USF Mumbai: Mr. Percy Ghasiwala, K.B. Haji Bachooali Charitable Ophthalmic & ENT Hospital – Helped with the Cataract surgery of one of our Shalini's Father; Free Medical Check-up for Shalinis and their Family members – Under Ayush Ministry Regional Research Institute of Unani Medicine at Sir J.J. Hospital

West Mumbai (Thane): Anita Bajaj- Disha Polytechnic – RTPCR test

PRINTING AND DESIGNING SUPPORT

We are grateful to the individuals and businesses that have provided us with printing and designing support at various locations. They have been responsible for the smooth functioning of our activities and events.

Aurangabad: Pooja Bajoria, Seema Surana.

Kurukshetra: Choice Photo Studio

Mumbai: Mr. Mehernosh Mistry- Ampersand Printers for printing banners, standees, certificates, and visiting cards; Mr. Sudhanshu Kejriwal - Disti India Advisors for printing USF documents as and when required; Shalini Jasmine Rawal, Shalini Prasangi Rapaka, Shalini Krishna Gowda.

West Mumbai (Thane): K.D Practices Consulting Pvt Ltd - Printing Support during Induction.

Vadodara: Sharad Mohan – editing Shalinii buzz newsletter.



SPORTS FACILITIES / PROGRAMS

We thank all the individuals and organizations who have contributed to keeping our children and youth fit by providing them with different sports facilities or training them in various sports.

Mumbai: Champion Gurukul – Online Fitness Program for the Shalinis.

Thane (West Mumbai): BFS Fitness Centre

Jaipur: Sawai Maan Singh Stadium for providing free coaching of Table tennis, Volleyball & Lawn tennis to our girls.

LEGAL AFFAIRS

Our sincere thanks to the individuals and organizations who take care of our legal affairs. Their guidance and support are extremely valuable to our organization.

HAQ, Centre for Child Rights, Advocate Malak Bhatt, Advocate Arvind Gupta, Advocate Deepika Khanna, Advocates for International Development (A4ID, UK), Remfry & Sagar, Thomson Reuters Foundation, I pro-bono

ACCOUNTS AND AUDITORS

We thank the Auditors who help us in maintaining the transparency of our organization.

Aurangabad: MR Hundiwala & Co.

Jaipur: P.S.D and Associates

DONATION IN KIND

We appreciate the kind donations given by individuals, corporates, and foundations in kind, which not only fulfilled the multifarious needs of our children and youth but also saved the organization from big expenses. These donations varied from donations of mobile and computers to furniture, from television and washing machines to coolers, from designer clothes to linen and sheets, from groceries and fruits to spices and pickles, from books to stationery to everyday usage items.

Corporates and Foundations

Art Karat, Banneton India Pvt Ltd, Belden India, Cognizant, Genpact India Pvt Ltd, JCP Head Quarter, Make My Trip India Pvt Ltd, Microsoft India (R & D) Pvt Ltd, Neuronimbus Software Services Pvt Ltd, Psv Biotech Pvt Ltd, Public Clothing Pvt Ltd, Punjab Housing Finance Ltd, Rassik Woodworth Ltd., Tia Productions C/O Aditi, Tresvista Analytics LLP, Youth Reach.

NGOs, Clubs & Institutions

Aditya Wardhan Trust, Bindu Singal Foundation, Center For Catalyzing Change, Chanana Welfare Foundation, Gulshan Kumar Charitable Trust, M.C.K.S Hungry Foundation, Kailash Satyarthi Children's Foundation, Katha Khazana, Mission Uditi, Ramaswami Sitalakshmi Charitable Trust, Shaurya Foundation, The Shriram Millennium School Noida.

Individuals

Ajay Nagar, Aman Chopra, Ambuj Kumar, Anjali Virk Ranger, Anjana Jain, Anupam Sharma, Arti Mittal, Arti Suri, Arun Talwar, Avinash K. Pandey, Babita And Anita, Brinda Sayali, Charu, Col. J.S. Sandhu, Davendra Singh Chawla, Deepa Sharma, Deepak, Dr. Manisha Pandey, Dr. Neena Verma, Dr. Shalini Thapar Laroia, Dr. Shilpa Gupta, Eshan Rakesh, Karan Khanna, Kartar Chand, Matheues Ennawal, Namita Sharma, Neeta Bhargav, Pallavi Shina, Pinaki Ranjan, Pradeep Jain, Puneet Sharma, Pushpa Sharma, Rachna Jain, Rachna Jindal, Raj Laxmi Singh, Ravinder Kumar, Sanu Solomani, Shamsher Singh, Shashi Modi, Shivani Goyal, Suman Modi, Sumedha Upadhyay, Sunil Puri, Surjeet Kaur, Vinod Mahajan, Vivek Singh

Udayan Shalini Fellowship Donation in Kind

Corporates and Foundations

A digital device has become the most important commodity in this virtual world, USF has constantly tried to bridge this divide by conducting surveys and assessing the need of Shalinis for a smartphone. We are extremely thankful to our donors and partners for helping us fill the gap as their support is immeasurable. A total of 876 smartphones were distributed by the following partners to support Shalinis in their education:

9Dot9 Group Pvt Ltd., Anand Motor Products Pvt Ltd., ASOS, GE Power, INOX India Pvt Ltd., LT Foods, Navneet Foundation, NDTV Convergence Ltd., Pegasystems Worldwide India Pvt Ltd., Puma Energy.

Aurangabad: ENDRESS + HAUSER INFO SERVE INDIA LTD - Desktop & Laptop, CARPE, Eco-satva.

Bengaluru: Walmart, ZS - smartphone

Chennai: Chennai Ford (6 Laptops) ref Rotary Club of Chennai Silk City.

Gurugram: Collective Good Foundation – Smartphones & Laptops.

Kolkata: Voluntary donation of Homeopathic Medical Kits to our Shalinis by CA Rajneesh Agarwal – one of the directors of & Kewal Samarpan Foundation, Kolkata”

Mumbai: Microsoft, Rotary Club of Bombay Peninsula – Mobile Phones and Ration Kits for the Shalinis.

Pune: Eaton India Foundation, Yoga Vidya Pranik Healing Foundation Maharashtra, and Tatva Wellness Point, Pimpri.

Thane (West Mumbai): Puma Energy and Rotary Club - Mobile phones, Jagtiani Foundation – Grocery.

Vadodara: White willow – 50 pillows to Shalinis.

Hyderabad: Kiran Anjali Project (KAP) - laptops.

Individuals

Aurangabad: Sushma Shah- Stitching Machine, Snehal Muley- Books, Vijay Sharma-

Desktop, Ration Kits - Aanchal Machhar, Anita Kamra, Anuradha Dhoot, Ballon Basket Prop: Aditi Jatia, Dr. Meena Sinha, Dr. Ajit Bhagwat, Madhavi Thirani, Manju Agarwal, Neeru Loya, Pramod Mutha, Rashmi Kedia, Sangeeta Bhatia, Shailja Sanganeria, Sheetal Jhunjhunwala, Sujata Kango, Suman Marwah, Sushma Shah, Vrinda Pathak.

Chennai: Murali (Office & Activity area Furniture), Subhashree (1laptop) ref Annapoorni CC

Member, Dr. Saikumari, Kumaran & Ms.Rekha Kumaran, Maya Ramachandran, Soundarajan Innamburan (Late), Ms.Annapoorani (Library Books).

Mumbai: Rajni Barasia – Organizing free Canva Workshops for 200 Shalinis, Tablets,

Laptop and iPad, Sweta Kapadia, Manisha Sangani, Pooja Mehra, Vaishali Patel, Nita Bajaj for clothes.

Panchkula: Ashok Singla – providing rations kits to 40 Shalinis.

Pune: Upma Chopra refreshments

West Mumbai (Thane): Arun – Grocery, Dr. Jyoti Dabholkar- Grocery

Vadodara: Swati Trivedi – Laptop, Purvi Modi – 2 laptops

FINANCIAL GRANTS & DONATIONS

We are grateful to each and every donor for their support. It is because of you that we are able to transform lives and reach out to many in need. Due to space constraints, we are mentioning individuals whose donations were above Rs. 1 lakh.

Individuals

Alok Aggarwal, Anurit Bhati, Arjun Khullar, Ashok Gupta, Asim Ghosh, Atul Salhotra, Ayush Kumar Lohia, Bharat Tandon, Chandrasekaran Manivannan, Chetan Shah, Deepak Sharma, Gerlinde Buechinger Schmid, Hardesh Chojher, Harshada Bhupatrai Mehta, Jacqueline Fernandez, Manu Pandey, Martine Tobe, Mrinalini Mehra, Parikshet Singh Tomar, Pushpa Sharma, Rajeev Chaba, Rajesh Jain, Rekha Bhavin Upadhyay, Sameer Mehta, Sukanto Aich, Sunil Singh, Sunita Sharma, Vani Kola, Wolfgang Schröer

Corporates

9dot9 Group Pvt. Ltd.

Amar Tea Pvt. Ltd.

Aura Jewels

Ciena Communications India Pvt. Ltd.

A.P.T Portfolio Pvt. Ltd.

Anand Motor Products Pvt. Ltd.

Caryaire Equipments India Pvt. Ltd.

CSG Systems International (India) Pvt. Ltd.



Deloitte India Advisory Services Pvt. Ltd.
Edelweiss Gallagher Insurance Brokers Ltd.
EYGBS (India) LLP
GE Power Systems India Pvt. Ltd.
Gennx 360 India Advisors Pvt. Ltd.
Genpact UK Ltd.
Hackett Group (India) Ltd.
Headstrong Services India Pvt. Ltd.
Inventia Healthcare Ltd.
Kajaria Ceramics Ltd.
L.T. Foods
Luminous Power Technologies Pvt. Ltd.
Manoj Jewellers
Microsoft Corporation India Pvt. Ltd.
Milliman India Pvt. Ltd.
Monotype Solutions India Pvt. Ltd.
NDTV Convergence Ltd.
Nicotra India Pvt. Ltd.
Parksons Packaging Ltd.
Puma Energy Processing Services LLP
RAPAPORT India Pvt. Ltd.
Romil Jewelry
Sanctum Wealth Pvt. Ltd.
Sheetal Jewellery House LLP
Swatch Group (India) Pvt. Ltd.
TATA Power Trading Co. Ltd.
UJVN Limited
WS Atkins India Pvt. Ltd.

DSM Shared Services India Pvt. Ltd.
Excel Entertainment and Films LLP
F5 Networks Innovation Pvt. Ltd.
GE T and D India Ltd.
Genpact India Pvt. Ltd.
Greenlam Industries Ltd.
HDFC Bank Ltd.
Inox India Pvt. Ltd.
Jitendra Kirtilal Bhansali Trust (PRISM ENTERPRISES Pvt. Ltd.)
Kalaari Capital Advisors Pvt. Ltd.
Loginworks Softwares Pvt. Ltd.
Maersk Tankers India Pvt. Ltd.
MG Motor India Pvt. Ltd.
Microsoft India (R&D) Pvt. Ltd.
Monarch International
NCR Corporation India Pvt. Ltd.
NGA HR (India) Pvt. Ltd.
NTPC Limited
Perfectpac Limited
Rahul ION-Tech Ltd.
RBS Services India Pvt. Ltd.
Rotary Club of Bombay
Sanskriti Jewels
Silabs India Pvt. Ltd.
Syniverse Technologies (India) Pvt. Ltd.
The Jewellers Association Regd.
Visit Health Pvt. Ltd.

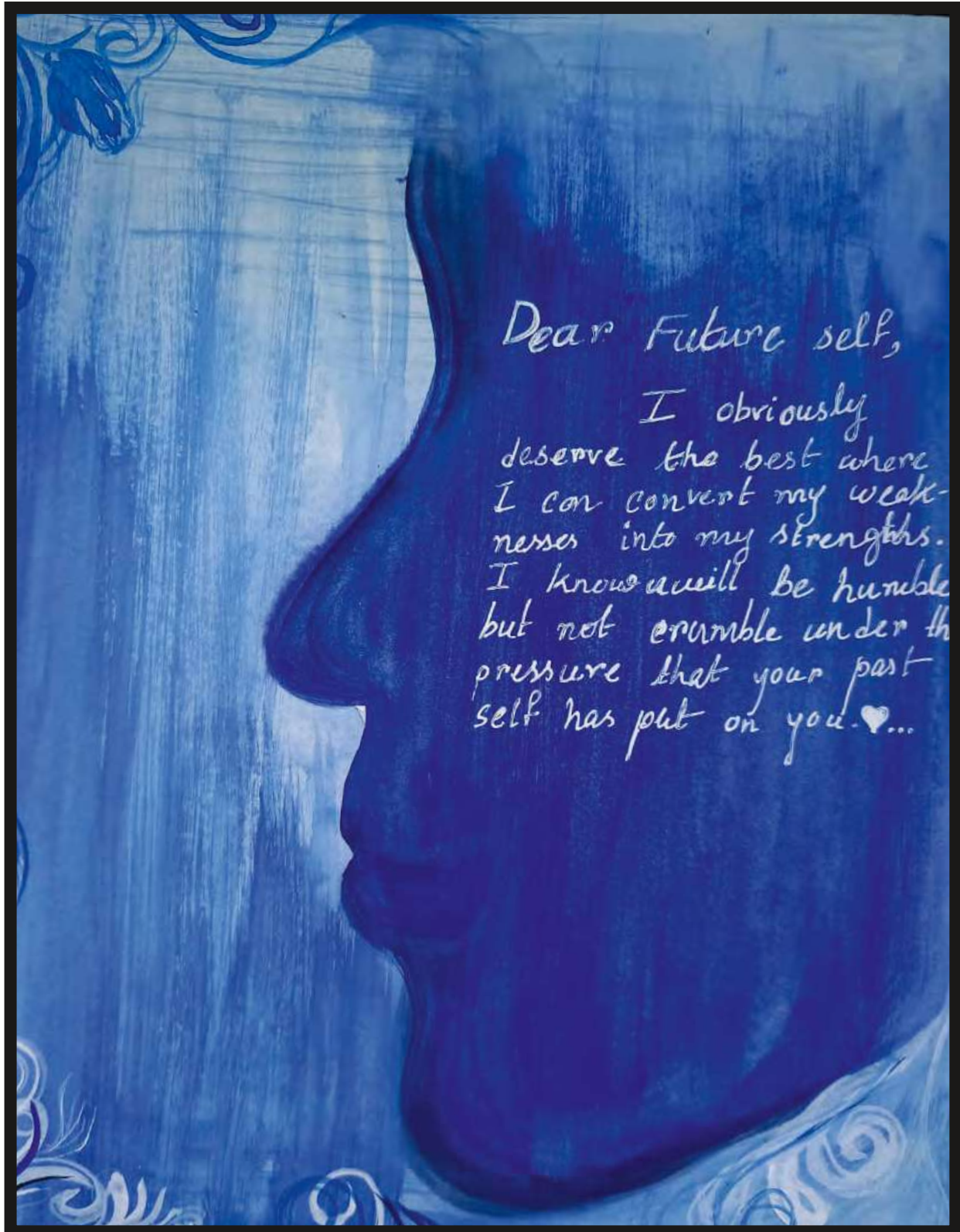
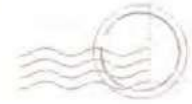
Funding Agencies, Foundations & Others

A Future for Every Child
Anita Jaipuria Charitable Trust
Apax Foundation
BC Jindal Foundation
CAF America
Canassist Society
Eaton India Foundation
Give India
Home of Hope INC.
SevaChild International
Jeevika Saarthi Foundation
Lala Arjundas Seth Charitable Trust
Nargis-Wa-Fatima
Navneet Foundation
Orbit Foundation
Puma Energy Foundation

ABB India Foundation
Ankur
ASOS Foundation
Benevity Cause
CAF India
Collective Good Foundation
Give Foundation
HCL Foundation
International Association For Child Aid Organizations DBA
iPartner India-UK
Kiran Anjali Project
Martin James Foundation
Nasscom Foundation
Online Giving Foundation
Pathak Brindavan Vedic Ashram
Rhodes Scholar Dr. Mridula Shastri Memorial Trust

Sat Krishna Public Charitable Trust
Shikshadaan Foundation
Shri Keyur Vyas Public Charitable Trust
SOS Kinderdorf International
SVP Philanthropy Foundation
The Lotus Charitable Foundation
Udayan Care Deutschland e.V.
UNICEF India

Sewa Canada International Aid Inc.
Shooting Stars Foundation
Shri Ratanlal Foundation
Stichting Vriendenkring Nederland
The Foundation for Advancement of Excellence in Education Ltd.
Udayan Care Australia (Incorporated)
Udayan Care USA



Dear Future self,
I obviously
deserve the best where
I can convert my weak-
nesses into my strengths.
I know I will be humble
but not crumble under the
pressure that your past
self has put on you. ♥...

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You can help us by ensuring

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